

**Session- 2019-20**  
**Co-Scholastic Syllabus**  
**Class VII**

Month	Computers	Physical Education	PA- Speech and Drama	PA- Theatre
April	<p>MS PowerPoint</p> <ul style="list-style-type: none"> <li>• Introduce the interface</li> <li>• Insert Hyperlinks</li> <li>• Action settings</li> </ul>	<p>RULES AND RUGULATIONS OF THE GAME</p> <p>Fundamental skills of the game</p> <p>#BALL HANDLING</p> <p># PASSING,</p> <p>#DRIBBLING,</p> <p>#TYPES OF DRIBBLING</p> <p>#TYPES OF SHOOTING</p> <p>#DEFFENSE</p> <p>Fundamental skills of the game</p> <p>#BALL HANDLING</p> <p># PASSING,</p> <p>#DRIBBLING,</p> <p>#TYPES OF DRIBBLING</p> <p>#TYPES SHOOTING</p> <p>#DEFFENSE</p>	<p><b>Oral communication:</b></p> <p>A)The Icebreaker Game: Self introduction</p> <p>B) <b>Elocution:</b> Cultural heritage of India</p> <p><b>Role play on Earth Day</b></p> <p><b>Game: I will communicate</b></p> <p>It is designed to get the students thinking about what it must be like for someone who is suddenly thrust into a world in which he or she doesn't speak the language or understand the culture.</p> <p><b>Reading aloud:</b></p> <p>Will introduce and read about any one world heritage site</p>	<p>– स्व परिचय / रंगमंच परिचय</p> <p>एक ऐसी प्रक्रिया, जिसमें छात्र पूर्ण आत्मविश्वास के साथ कक्षा के समक्ष स्व परिचय देंगे। रंगमंच विधा का परिचय। छात्रों को रंगमंच का इतिहास व महत्त्व संक्षेप में बताना।</p> <p><b>मूक / त्वरित अभिनय</b></p> <p>विभिन्न भावों से सम्बन्धित मूक प्रस्तुति। एक ऐसी अभ्यास प्रक्रिया, जो छात्रों की रचनात्मकता को उभारने में सहायक है।</p> <p><b>विज्ञापन</b> – सामाजिक – जागरुकताधारित। जैसे– स्वच्छता,साक्षरता,जल व वृक्ष संरक्षण आदि विषयों पर आधारित।</p>
July	<p>Ms. PowerPoint</p> <ul style="list-style-type: none"> <li>• Coding Games in PowerPoint</li> </ul>	<p>Fundamental skills of the game:-</p> <p>##RULES &amp; REGULATIONS OF THE GAME</p> <p>*STANCE</p> <p>*UNDERHAND PASS</p> <p>*OVERHEAD PASS (OVER THE NET)</p> <p>*UNDER ARM SERVICE</p>	<p><b>Book review</b></p> <p>-Name of the book</p> <p>-Short synopsis</p> <p>-Most liked character and why</p> <p>-Rating/ recommending the book</p> <p><b>Verse speaking (Poem Recitation)</b></p> <p>-Rhyme &amp; Rhythm</p> <p>-Stress</p> <p>-Pronunciation</p> <p>-Voice Modulation</p> <p>-Expression</p> <p>Sight reading: Read aloud a poem provided by the teacher</p> <p><b>Ad Act</b></p> <p><b>Making Announcements</b></p> <p>-Introduction, importance/ purpose/ use,</p>	<p><b>हास्य नाटिका</b>बम च</p> <p>सामाजिक–जागरुकताधारित। जैसे– स्वस्थ–व्यंग्य, उपहासात्मक–व्यंग्य हास्य भी लोगों को जागरुक करने का एक सरल व सशक्त माध्यम है।</p>

			etiquette to be followed like taking permission from the teacher, being polite, thanking the teacher. -Appropriate body language.	
<b>August</b>	HTML & CSS Internet and Parts of Webpage Types of web pages Organizing information in web page Introduction to HTML & CSS HTML Editors HTML & CSS Basics HTML Elements & CSS syntax, example HTML Entities, Attributes & CSS Selectors Types and Inserting style sheet, how to insert Background Text	#.RULES AND REGULATIONS OF THE GAME Fundamental skills of the game:- #. KICKING # PASSING #.DRIBBLE #.FREE KICK #.THROW IN	<b>Dialogue</b> <b>A)Interviewing a celebrity/ visitor in school</b> -opening question -making a questionnaire and writing its answers as well -enacting the specified role well <b>B)Martian and Earthling: Role Play</b> In pairs, one is the Martian and the other the Earthling. The Martian chooses an everyday object and imagines they have found it, but don't know what it is used for. They describe its shape, texture, colour, weight etc to the Earthling, who can ask any questions (apart from its name!), and must guess what it is. <b>Radio Show</b> *Essentials of a radio show *Being an RJ *element of interest *Featuring interviews, jokes, news etc	<b>नुक्कड़ / नाटक</b> सामाजिक—जागरुकताधारित। जैसे—बाल—श्रम,अधिकार व कर्तव्य,साक्षरता आदि विषयों पर आधारित। समाज में व्याप्त कुरीतियों को दर्शाकर लोगों को जागरुक करना तथा उनको दूर करने के उपाय बताना।
<b>September &amp; October</b>	HTML & CSS HTML Images CSS box model CSS border property CSS outline property HTML & CSS tables using <div> tag CSS Image gallery	Fundamental skills of the game:- #. KICKING # PASSING #.DRIBBLE #.FREE KICK #.THROW IN RULES AND RUGULATIONS OF THE GAME Fundamental skills of the game  # SERVICE # THROWING AND CATCHING #ROTATION	<b>Movie review</b> -Favourite movie -Main star cast -Favourite actor -Storyline in brief -Positive & negative points of the movie. -What I learnt from the movie <b>Conducting a Quiz</b> -how to conduct a quiz smoothly -style and language -body language -qualities of a good quiz master <b>Speech</b> -Introduction -Content -Expressions	<b>नुक्कड़/ नाटक</b> <b>मैत्री रंग,पर्व संग</b> पाश्चात्य व भारतीय उत्सव उत्सवों व भाईचारे की भावना पर आधारित नाटक।

<b>November</b>	HTML Lists CSS lists HTML Links Image map CSS links HTML Forms, form elements HTML media Project: Website using HTML & CSS	#RULES AND RUGULATIONS OF THE GAME Fundamental skills of the game:- #SERVICE #TOSS #GRIP OF RACKET # STROKES	<b>Debate</b> -language (phrases like in my opinion, my worthy opponent just said that--- etc.) -style -for the motion -against the motion -role of an interjector  <b>Group Play Writing Project</b> A)Play on Moral Values	<b>नुक्कड / नाटक</b> <b>नीति नाट्य( रिश्तों की मिठास)</b> •मानवीय रिश्तों पर आधारित नाटक । •नैतिक मूल्यों पर आधारित नाटक । (बड़े बुर्जगों का आदर, पारिवारिक प्रेम, संवेदनशीलता)
<b>December</b>	Adobe Photoshop – Introduce the screen and Toolbox Using Layers Using colours Transforming objects by resizing, rotating, skewing, flip and distort Selection tools and feather Filters Image adjustment	RULES AND RUGULATIONS OF THE GAME AND SPORTS Fundamental skills and techniques of Athletics #TRACK AND FIELD EVENTS: #TRACK- 100MT,200,400 #RELAY 100X4 #FIELD – LONG JUMP	B)Play on Importance of Reading Books C)Play with a social message	<b>नुक्कड / नाटक</b> <b>रिश्तों की मिठास</b> मानवीय रिश्तों पर आधारित नाटक ।
<b>January &amp; February</b>	Adobe Photoshop contd. Clone stamp Layer styles Defining a brush preset Text tool	RULES AND RUGULATIONS OF THE GAME Fundamental skills of the game #GRIP #STANCE #FOOTWORK # FOREHAND RETURN BACKHAND RETURN # SERVICE #STROKE ( FOREHAND, BACKHAND) # DROP SHOT #RULES AND RUGULATIONS OF THE GAME Fundamental skills of the game:- #BATTING #BOWLING #FIELDING #WICKET-KEEPING	<b>Dramatic Monologue</b>	<b>नुक्कड नाटक</b> <b>इतिहास के पन्नों से कौशल–</b> ऐतिहासिक घटनाओं पर आधारित

Month	PA- Instrumental Music	PA- Vocal Music	PA- Painting	PA- Dance
<b>April &amp; May</b>	<ul style="list-style-type: none"> <li>• Knowledge of different rhythm &amp; showing of taals &amp; pakads by beat of hands.</li> <li>• Learning Sam &amp; Khali</li> <li>• Learning percussion instruments like maracas, tambourine etc.</li> <li>• Beats of Indian National Anthem, Vande Matram, We shall overcome/Hum Honge Kamyab, Sare Jahan Se Achcha etc.</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Brief discussion about Musical &amp; Non Musical Sound, Musical Notes, Classification of Swaras.</li> <li>&gt; Alankars.</li> <li>&gt; Song for May Day.</li> <li>&gt; Rabindrasangeet: Tum Kaise Aisa Geet Gate Chalte.</li> <li>&gt; Taal: Kaharwa.</li> </ul>	WESTERN ARTIST- STUDY N REPRODUCTION WORK OF CLAUDE MONET SUB TOPIC-LANDSCAPES	<ul style="list-style-type: none"> <li>• 'Tatkar' with some new footwork of kathak ('takite', 'taka takite').</li> <li>• New 'tihai' &amp; 'tukda' of kathak.</li> <li>• One dance with the song of Tagore (mor bhabona re...).</li> <li>• Discussion about danroject.</li> </ul>
<b>July</b>	<ul style="list-style-type: none"> <li>• Accurate pitch correction &amp; blending</li> <li>• Learning and playing Western Orchestral Composition with Indian Fusion of rhythm.</li> <li>• Learning theme music of "Pirates of the Caribbean"</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Brief discussion about Indian Music.</li> <li>&gt; Patriotic Song:Milkar Chalo Sathi.</li> <li>&gt; Bhajan: Ma Saraswati sharadey.</li> <li>&gt; Taal.</li> </ul>	INDIAN ARTIST – STUDY AND REPRODUCTION WORK OF B. PRABHA ART WORK	<ul style="list-style-type: none"> <li>• Practice of all earlier lesson.</li> <li>• New 'toda' of kathak.</li> <li>• One patriotic dance (vande mataram-fast).</li> <li>• Theory part: name of movements of Kathak.</li> <li>• Introduction of one famous 'Mohiniattam' dancer/artist.</li> </ul>
<b>August</b>	<ul style="list-style-type: none"> <li>• Scale formation like major diatonic scale &amp; minor diatonic scale</li> <li>• Interval, inversion &amp; harmony</li> <li>• Chords used in music</li> <li>• Chord formation, combination &amp; formula</li> <li>• Prelude, interlude, sign &amp; cross</li> <li>• Playing "Bharat humko jaan se pyara hai" with chords</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Classification of Swaras.</li> <li>&gt; Raag Yaman: Aroha, Avaroha, Alaap..</li> <li>&gt; English Prayer.</li> <li>&gt; Taal:Teentaal.</li> </ul>	CONTINUED WITH B.PRABHA'S ART WORK	<ul style="list-style-type: none"> <li>• Revision of previous lesson.</li> <li>• New footwork of kathak i.e. 'ladi' (1 2 3 4 5 12345)</li> <li>• Last part of patriotic dance.</li> <li>• Classical composition of kathak on a 'Krishna bandana'.</li> </ul>
<b>September &amp; October</b>	<ul style="list-style-type: none"> <li>• Basic theory of keyboard</li> <li>• Structures &amp; parts of different instruments</li> <li>• Different types of keyboards, piano, electric pianos etc., guitar- electric, acoustic &amp; bass etc.</li> <li>• Reading music notations in Indian scriptures</li> <li>• Playing different Chords &amp; rhythm patterns</li> <li>• Learning Rabindra sangeet "Phule Phule Dhole Dhole" &amp; "Anandaloke Mongolaloke"</li> <li>• Keyboard playing practices with alternate notes C E  D F  E G  F A  G B  A C  </li> <li>• S G  R M  G P  M D  P N  D S   &amp; reverse</li> <li>• Traditional music depicting festivals of different races.</li> <li>• Knowledge of Indian music personalities like</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Alankar.</li> <li>&gt; Raag Yaman: Chhota Khayal, Taan.</li> <li>&gt; Practice with Taal.</li> <li>&gt; Alankars.</li> <li>&gt; Shabad.</li> <li>&gt; Practice for Annual Day.</li> <li>&gt; Accompanying Taal.</li> </ul>	TESSELLATION SUB TOPIC:NATURE	<p>September:</p> <ul style="list-style-type: none"> <li>• Revision of previous class.</li> <li>• New 'chakradar toda' of kathak.</li> <li>• Last part of Classical dance.</li> <li>• A folk dance of Arunachal Pradesh (nati dance).</li> </ul> <p>October:</p> <ul style="list-style-type: none"> <li>• Revision of earlier lesson.</li> <li>• Last part of the folk dance.</li> <li>• Dances for annual presentation.</li> </ul>

	Tansen & Guru Hari Das. Instrumentalist includes Pt. Ravi Shankar & Ustad Amjad Ali Khan • Learning theme music of "Godfather"			
<b>November</b>	<ul style="list-style-type: none"> <li>• Playing all patriotic songs</li> <li>• Playing all English theme music</li> <li>• Playing all Indian fusion orchestral compositions</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Introduction to Vocal Personalities.</li> <li>&gt; Song for Eid.</li> <li>&gt; Practice for Annual Dey.</li> </ul> > Accompanying Taal.	PERUVIAN FOLK ART	<ul style="list-style-type: none"> <li>• Dances for annual presentation.</li> </ul>
<b>December</b>	<ul style="list-style-type: none"> <li>• Definition of Nadh, Shruti, Swar, Saptak, Raag, That, Taal etc.</li> <li>• Learning Indian &amp; Western Notes</li> <li>• Handling procedures of various instruments</li> <li>• Various aspects of scale</li> <li>• Learning theme music of "Harry potter"</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Christmas Carols.</li> <li>&gt; Accompanying Taal.</li> </ul>	CONTD. PERUVIAN FOLK ART	<ul style="list-style-type: none"> <li>• Revision of earlier lesson.</li> <li>• One contemporary dance.</li> <li>• Theory part of rhythm.</li> </ul>
<b>January &amp; February</b>	<ul style="list-style-type: none"> <li>• Creating – movements, sound pictures / rhythmic patterns / melodic patterns</li> <li>• Music depicting movements / descriptive movement</li> <li>• Learning and playing Western Orchestral Composition with Indian Fusion of rhythm.</li> <li>• Performing skills – expressively through appropriate dynamics &amp; feet.</li> <li>• Appropriate interpretation</li> <li>• Playing "Sare Jahan se Achcha" &amp; School Anthem "Ahem Yogya Asmi"</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Song for Republic Day: Aya hay hum dur dur say.</li> </ul> > Accompanying Taal. > Revision of songs.	PENCIL VS. CAMERA TECHNIQUE	January: <ul style="list-style-type: none"> <li>• Revision of earlier lesson.</li> <li>• Last part of contemporary dance.</li> <li>• One 'kabitya' of kathak.</li> </ul> February: <ul style="list-style-type: none"> <li>• Revision of earlier lesson.</li> <li>• Practice of 'chakkars'.</li> <li>• Some activity to increase their own creativity.</li> </ul>