

Co- Scholastic Syllabus for Class I Session 2019-20

Month	Public Speaking	Theatre	Performing Art Dance / Vocal Music / Instrumental Music	Clay Modelling	Art	GK/ Computers	Physical Education
April and May	<p>Introduction Introducing the club/ purpose of forming the club</p> <p>Lights camera speak (Ice breaker activity)</p> <p>Moves and grooves Familiarizing students with gestures while speaking</p> <p>Tasty delights (My favourite food)</p> <p>(<u>Speaking and</u></p>	<p>Introduction Introducing the club/ purpose of forming the club</p> <p>Hot seat</p> <p>Introduction and applause (Ice breaker activity)</p> <p>The taste of India Interview</p>	<p>Dance:</p> <ul style="list-style-type: none"> ● Will start with 'Pranam'. ● 'Tatkar' of tin taal. ● Basic movements of kathak.- <p>a) 'Urdhakonsuchi', b) 'Madhya kon suchi', c) 'Talakonsuchi', d) 'Samatal'</p> <ul style="list-style-type: none"> ● One dance of Tagore song (jhoom jhoom..) <p>Vocal Music:</p> <p>>Introduction of Seven Musical Notes: S R G M P D N S/S N D P M G R S. Alankar: SS RR GG MM PP DD NN SS/SS NN DD PP MM GG RR SS. >Gayetri Mantra. >Hindi Prayer: Shanti Do Hay Prabhu. >Taal: Dadra with Hand beat.</p>	<p>Know your shapes- Birds by using geometrical shapes (in relief)</p>	<p>Introduction of primary colours through the paintings of Piet Mondrian</p>	<p>G.K</p> <ol style="list-style-type: none"> 1. Who are you? 2. Stories 3. Rhymes 4. Current affairs <p>Computers</p> <ol style="list-style-type: none"> 1 Basics of computer 2. Handling mouse 3. Introduction to Tux Typing 4. Tux Paint – Text Tool 	<p>Building of foundation (Boundary , different commands, line formation & instruction about tempos, levels & pathways , knowledge about personal space (with spot marker & without spot marker,) Musical asaps (freeze dance, wiggle waggle & chicken dance) Different ways of making partners.</p>

	observation skills)	session by students(in troduce themselves and talk about their likes/dislikes about their favourite Indian dish)	Instrumental: <ul style="list-style-type: none"> • Introduction of Musical Instruments along with Percussion instruments. • Familiarization of musical instruments • Learning & playing Sargams • Learning western notes 			5. Magic – fill tool in Tux paint	
July	My Perfect Holidays! (Summer Vacation) Let's Talk Familiarizing students with how to modulate their voice in different ways and help them to overcome stage fright. Practice of voice inflection	IntroSpice of life Discussion about Movies based on spice, food types around the world. Videos of	Dance: <ul style="list-style-type: none"> • Revision of previous lesson. • New movements of kathak – “Pushpak”. • Name of fingers in Hindi & English with some exercise. • One semi classical patriotic dance (Ek chidiya..) Vocal Music: <ul style="list-style-type: none"> - >School Song. - >English Prayer. >Taal: Kaharwa with hand beat. 	Let's explore different textures-small medallions for dangles	Shape up-when a line bends a shape begins Composition using geometric shapes	G.K 1.Parts of the body 2. The five senses 3. How many? 4.Current affairs <u>Computers</u> TuxPaint 1. Paintbrush tool 2. Inserting Pictures using Stamps-changing size of stamps	Scarf & bean bag balancing on different body parts at different levels.

	<p>Icy spicy (spices used in various food items) <u>(speaking and observation skills)</u></p>	<p>theatre. Theatre form- movie on DIVERSE FOOD.</p>	<p><u>Instrumental:</u></p> <ul style="list-style-type: none"> · Learning beats & taals in multiples of 2 • Change of tempo or laya • Learning Rhythm through tapping of feet & clapping of hands • Learning nursery rhymes “Twinkle Twinkle & London Bridge” 				
<p>August</p>	<p>I love my India (Festivals of India)</p> <p>Utterly butterly delicious (milk products)</p>	<p>Utterly Butterly Delicious Ad act</p> <p>Directors cut Exercises for voice modulation.</p>	<p><u>Dance:</u></p> <ul style="list-style-type: none"> • Revision of previous lesson. • Knowledge about ‘Asamyukta Hasta mudras’ (any 5). • New movements of kathak-“tat tat thei”. • Last part of semi classical patriotic dance. <p><u>Vocal Music:</u></p> <ul style="list-style-type: none"> >Patriotic Song- Hind DeshKeNivasi. > National Anthem. >Gayetri Mantra. >Hindi Prayer: Shanti Do Hay Prabhu. >Taal: Dadra with Hand beat. 	<p>Our national bird peacock in relief</p>	<p>Continued with the composition</p>	<p>G.K</p> <ol style="list-style-type: none"> 1. School 2. National symbols 3. My India 4. Current affairs <p><u>Computers</u></p> <p>TuxPaint Making Pictures Colourful Magic –</p> <ol style="list-style-type: none"> 1. Grass, plants tools 2. Ripples & waves tools 	<p>Introducing ball handling with different types of balls and exercises at different tempos. (Slow medium & fast)</p>

			<p><u>Instrumental:</u></p> <ul style="list-style-type: none"> • Keyboard playing practices <p>CCEC CECE CEFC CEEC SRGM RGMP GMPD MPD N PDNS etc.</p> <p>Learning English song “Doe a Deer a Female Deer”</p>			3. Smudge Tool	
September	<p><u>(speaking and observation skills)</u></p> <p>I speak Familiarizing students about speak fluently, without stammering and repetition of words.</p> <p>I am loving it! (Enactment of their favourite ads!)</p> <p><u>(speaking and observation skills)</u></p>	<p>Bits a Festivity Students will enact out different festivals ”Diwali”, special food prepared during festival.</p>	<p><u>Dance:</u></p> <ul style="list-style-type: none"> • Revision of previous lesson. • 4 new ‘Asamyukta Hasta Mudras’ with their use. • Introduction of one famous ‘Kathak’ artist/guru. • One classical dance (Durge durge..). <p><u>Vocal Music:</u> <u>Bhajan-</u> RaghupatiRaghav. Ø Festival Song- Aayi Diwali. # Singing together. Gayetri Mantra. Ø Hindi Prayer: Shanti Do Hay Prabhu.</p> <p>>Taal: Dadra with Hand beat. # Coordination.</p>	<p>Candles and decorative diys in relief</p>	<p>ConCave Painting – Inspired by the first paintings done by Mankind</p>	<p>G.K 1. Lovely flowers 2. Leaves and plants 3. Animal planet 4. Unique animals 5. Current affairs</p> <p><u>Computers</u> TuxPaint 1. Magic – a) Rainbow b) Rails c) Snowball d) Snowflakes e) Shift f) Flip 2. Shapes</p>	<p>Introducing recreational ball handling games (Twist, turn bend & stretch, four cones, crazy cones)</p>

			<p><u>Instrumental:</u></p> <ul style="list-style-type: none"> • • Learning Rhythm Single Beat, Double Beat. 1234 1234 1234 1234 1 2 1234 1 2 1234 • Learning English song “We shall overcome” 				
October	<p>Festivity (traditional food)</p> <p>Expression practice</p> <p>voice inflection practice (<u>speaking and observation skills</u>)</p> <p>Practice for the class presentation</p>		<p><u>Dance:</u></p> <ul style="list-style-type: none"> • Revision of previous lesson. • Last part of classical dance. • Folk dance- Tea garden dance (tipai tipai..) <p><u>Vocal Music:</u></p> <p>>Introduction to Vocal Personalities. >Unity Song- Ham Honge Kamyab.</p> <p><u>Instrumental:</u></p> <ul style="list-style-type: none"> • • Learning beats in the style of 4/4. • Learning English theme “baby elephant walk” • Learning all percussion 	Continued with candle and decorative diya	<p>Cave Painting – Inspired by the first paintings done by Mankind</p>	<p>G.K</p> <ol style="list-style-type: none"> 1. Things we use 2. Hand in hand 3. Famous personalities 4. Current affairs <p><u>Computers</u> TuxPaint</p> <ol style="list-style-type: none"> 1. Magic – <ol style="list-style-type: none"> a) Rainbow b) Rails c) Snowball d) Snowflakes e) Shift f) Flip 2. Shapes 	<p>Parachute & track running exercises, responding to commands</p>

			instruments namely maracus, tambourine etc.				
November	<p>Happy children's Day (discussion on the importance of this day)</p> <p>Bits and bites (online availability of food) (<u>Speaking and observation skills</u>) Practice for the class presentation</p>	<p>Bits and Bites copy cats-enact what you see. <u>Practice for annual presentation</u></p>	<p><u>Dance:</u></p> <ul style="list-style-type: none"> • Revision of previous lesson. • Last part of the folk dance. • Dances for annual presentation. <p><u>Vocal Music:</u> >Practice for Samanjasya.</p> <p><u>Instrumental:</u></p> <ul style="list-style-type: none"> • Finger positions on Keyboard. • Beats of Indian National Anthem, Vande Matram, we shall overcome/Hum Honge Kamyab & school song • Learning Christmas carol where all the kings 	Water animals in round-Fish, snail, tortoise, frog, duck	illustration block ng	<p>G.K 1.Safe and sound 2. Reading signs 3. Houses of prayer 4. Current Affairs</p> <p><u>Computers</u> Initiating MS Paint Toolbox Color Palette Text tool Changing Font Size Rectangle Ellipse</p>	Track running , exercises, responding commands
December	Poem Recitation (Our food-healthy food)	Cheers for the year: Annual	<p><u>Dance:</u></p> <ul style="list-style-type: none"> • Dances for annual presentation. 	Snowman in winter landscape	Continued with the story	G.K 1. Famous monuments	Houdini hoops & Hearty hoopla

	<p>Practice for the class presentation</p> <p><u>(Speaking and observation skills)</u></p>	<p>presentation Coordinate the scenes along with dialogues for the annual presentation</p>	<p><u>Vocal Music:</u> Practice for Samanjasya.</p> <p><u>Instrumental:</u></p> <ul style="list-style-type: none"> • Preparation for Class Presentation related to play 		<p>illustration</p>	<p>2. Games</p> <p><u>Computers</u> MS Paint Brush – different sizes Selection Copy and Paste Cut and Paste</p>	
<p>January</p>	<p>Just a minute (speak on the given object)</p> <p>Quick bites (instant food)</p>	<p><u>Chat pat jhat pat</u> Act Enact Look at the act done by your friend and describe the situation quickly.</p>	<p><u>Dance:</u></p> <ul style="list-style-type: none"> • Revision of previous lesson. • Semi classical composition- “story of a peaceful day”. • Name of all Indian classical dances. <p><u>Vocal Music:</u> >Community Song- SaareJahan Se Accha.</p> <p><u>Instrumental:</u></p> <ul style="list-style-type: none"> • Learning beats in the style of $\frac{3}{4}$ i.e. triple beats • Learning English song “Holi Holiday of Boney M” 	<p>Healthy greens- Winter vegetables</p>	<p>Fun with alphabets/numbers Number illustration</p>	<p>G.K 1. Festivals 2. Current Affairs</p> <p><u>Computers</u> MS Paint Flip Horizontal and vertical Rotate command Skew command</p>	<p>Throwing, catching and target practicing.</p>

			<ul style="list-style-type: none"> Introducing an eminent musical instrumental personality 				
February	<p><u>(Speaking and observation skills)</u></p> <p>News hour</p> <p>Show and tell (healthy choices)</p> <p><u>(Speaking and observation skills)</u></p>	<p>Chat pat jhat pat Act Enact Look at the act done by your friend and describe the situation quickly.</p>	<p>Dance:</p> <ul style="list-style-type: none"> Revision of previous lesson taught. Last part of semi classical dance. Some creative games related to dance steps & rhythm. <p>Vocal Music: >Revision of song.</p> <p>Instrumental:</p> <ul style="list-style-type: none"> •Handling of drumsticks in proper way • Playing English song “Make me a Channel of your Peace” 	Healthy greens- Winter vegetables	<p>Fun with alphabets/numbers Number illustration</p>	<p>G.K 1. Famous places 2. Current Affairs</p> <p>Computers Initiating Kudu 1. Navigating Kodu world tools a) Object Tool b) Move and Turn Move Camera</p>	Flip flops and dragon tail.

