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**TAGORE
INTERNATIONAL
SCHOOL
EAST OF KAILASH**



Chronicles 2019-20



BE THE CHANGE YOU WANT
TO SEE IN THE WORLD
THE FUTURE DEPENDS ON YOU
DO IT TODAY



“What is really needed to make democracy function is not knowledge of facts, but right education.”

-Mohandas Karamchand Gandhi

Our Founders



Late Dr. (Mrs.) H. Sen Founder Principal



Late Mr. J.K. Sen Founder Manager

THE GUIDING LIGHT, OUR FOUNDERS

“The best way to find yourself is to lose yourself in the service of others.”-

Mohandas Karamchand Gandhi

Educational visionaries with missionary zeal, rare dedication and progressive ideas, Late, Dr. (Mrs) Hari Sen and Mr. J.K Sen, the architects of Tagore Education Society, nurtured Tagore International School, East of Kailash and lived up to the Gandhian motto of losing oneself in the service of others, through their enormous educational endeavours and efforts.

Late, Dr.(Mrs.) Hari Sen, the Founder and moving spirit behind Tagore Education Society was an educationist par excellence. A doctorate from the Berkeley Campus, University of California, Mrs. H. Sen aimed to revolutionise the education system in the country. She was admired for her determination and leadership brilliance. She founded Tagore International School, East of Kailash, her dream project and developed the institution with love, dedication and sacrifice. An educationist par excellence, Mrs. Hari Sen emerged as an ideal teacher and embodiment of love and affection for children. She was admired for her ability to work with zest and zeal. She laid immense stress on academics and was always ready to experiment with new ideas for promoting the cause of education.

Late Mr. Jitender Kumar Sen, Founder member of Tagore Education Society was a person of indomitable spirit. An IPS officer, Mr. J.K. Sen, was a man of discipline and values. His dash and dynamism were instrumental for the growth of the school. Throughout his life, he played his role as a pioneer for the promotion of quality education, particularly among women and other weaker sections of the society.

The tiny seed sown way back in 1964 stands firm today owing to the strong foundation laid by these two stalwarts. The school motto, 'Aham Yoga Asmi', imbibes the spirit of righteousness, self- confidence and discipline, as propounded by the founders.

The Tagoreans continue to feel indebted to these two great souls who inspire them and guide them in their vision and mission ahead.

Celebrating Gandhi

THE EDITORIAL TEAM



This edition of the Chronicles navigates through the values and principles be-quested by the great-souled man, Gandhiji, as an everlasting contribution for people to assimilate to the fullest. This is a humble attempt by the Tagoreans to spotlight his sublime life and legacy written in the annals of history with golden letters and is far beyond the possibilities of expunging. School life is beset with activities, therefore this magazine serves as a means to give life to the treasure trove of literary and artistic skills of the students and further delves into the unravelled world of the most unforgettable moments of the school during the year 2019-2020 holding aloft the message bequeathed by the Father of the Nation. This launch pad that allows creativity to take off is a learning haven for the students to perceive, observe and explore into the horizon of possibilities and innovative ideas. I sincerely place on record my heartfelt gratitude towards each and every member of the TIS family who contributed his/her time and ideas for this assemblage of the offspring of creativity and imagination during this unprecedented time.

Ghazala Roy

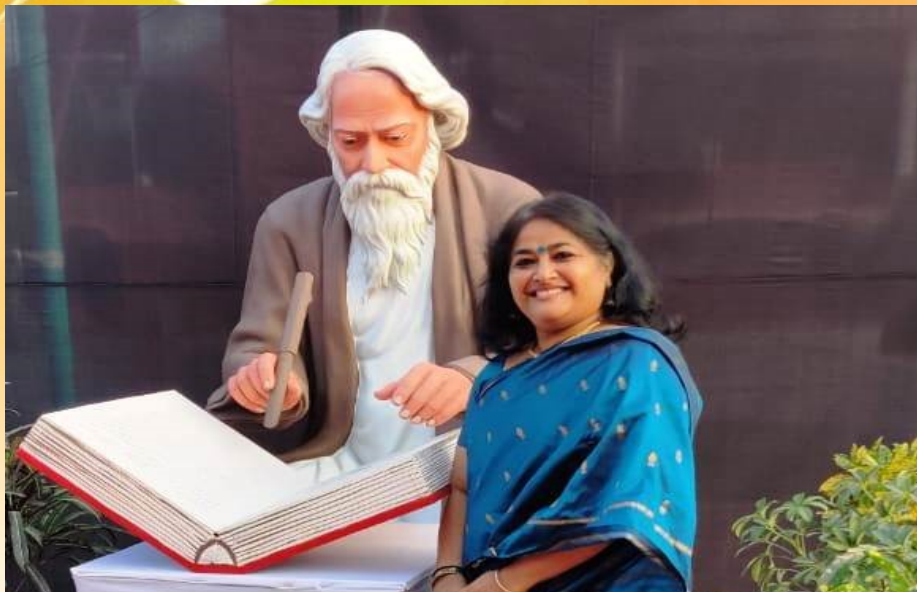
ART & DESIGN TEAM

STUDENT EDITORS



Celebrating Gandhi

From the Principal's Desk



“Persistent questioning and healthy inquisitiveness are the first requisite for acquiring any kind of learning”

Mahatma Gandhi

Working on this principle of the Mahatma, the school strives in bringing out the best in each student for it believes that within each child lies a treasure of untold qualities and talents. We encourage our students to ask questions instead of accepting the things the way they are. The school provides an environment where students can learn from their experiences and ensures that learning is not confined to the four walls of the classroom. As our motto says, ‘I Am Worthy’, every opportunity is provided to the students to make them feel worthwhile and instil in them a deep sense of conviction which is achieved through encouragement, right exposure, constant appreciation, patience and our undivided attention towards them.

The yearlong celebration of the Mahatma's birth anniversary through various activities has instilled in the students a spirit of belongingness, of self reliance and above all, of believing in oneself. We take pride in our students' achievements. The growth of each individual student is a focus, we recognise that as we 'work together and learn together', students will be able to achieve their true potential. The co-operative effort of students, parents and teachers is at the heart of the learning pathways followed by our students and the outcomes they achieve.

I am proud to present this edition of the Chronicles, which will give you a glimpse of the activities and achievements of the school. I congratulate the editorial board for their tireless work to weave the diverse activities together in such a beautiful way. I hope you will also enjoy reading it as much as we relished putting it together.

Mallika Preman
Principal

Celebrating Gandhi

International Footprints

Music and Dance by Tajikistan Cultural Group

The school, in association with the Indian Council for Cultural Relations hosted artists from Tajikistan who enthralled everyone with their song and dance performances. In yet another mission of promoting cultural exchanges between the two countries, this musical troupe of seven artists was invited. They kept the audience riveted with their emotional rendition of a song in their native language. They also mesmerized the crowd with the popular Bollywood numbers spanning the Raj Kapoor era. The students soaked themselves in the cultural extravaganza and enjoyed the performances thoroughly.



Duemila30 - High School & University Short Film Festival

A team of four students- Chirag Garg, Baneet Pukhrambam, Harsh Khanna of Class X and, Khushpreet Singh of Class XII accompanied by Ms. Deepali Sahi, Head Mistress Junior School visited Milan, Italy, in September 2019 to participate in Duemila30. Duemila30 is an international film festival organized by a group of young students. It is meant to encourage the artistic and expressive form of the short film, giving visibility to young aspiring sdirectors. The aim of the festival is to keep the events intimate to allow the chance for various filmmakers and other industry personnel to be able to easily meet, network and discuss the screened films.

Our team of students attended several workshops and lectures covering various topics such as virtual reality, along with the screening of select short films. The two movies produced and directed by our students were among the top seventy shortlisted entries. Following the festival, the group went to Zurich, Switzerland.



Celebrating Gandhi

International Footprints

Ocean Heroes Boot Camp

Lakshika Khurana, a possessor of brilliant oratory skills, participated in the Ocean Heroes Boot Camp, 2019 held at the University of British Columbia, Vancouver, Canada to discuss and debate about solutions for environmental degradation, with the student community across the globe.

The students held meaningful discussions to thrash out solutions to the ever growing problems related to the environment. Lakshika has carried back with her some interesting ideas to tackle issues that one faces at the grass root level.



The NASA Trip

An educational trip to National Aeronautics and Space Administration (NASA), United States of America was organised by the school during the summer vacations between 21 May 2019 to 30 May 2019. The team comprised of ten students and their teachers escort, Ms. Kavita Bhatia and Ms. Vaishali Wadhawan.



The tour aimed at attending a three day camp at the National Aeronautics and Space Administration (NASA). Various activities conducted at the Astronaut Training Experience centre trained students necessary skills that an astronaut should have. The team also visited the Kennedy Space Centre Visitors Complex where they were briefed about the team work and close coordination between the ground-based and space -based personnel to ensure the success of a mission undertaken.

A tour around the city of New York to see the Empire State Building, the Statue of Liberty, the Twin Towers, the Central Park and the Time Square was enthralling. A visit to the Rockefeller Centre, Brooklyn Bridge and other famous landmarks of New York kept the team mesmerised. An experience of having a 360 degree aerial view of the New York City from the 102nd floor of One World Observatory was an

experience of its kind. The visit to the Cocoa Beach and Walmart was loaded with fun. The visiting team also had a wonderful experience of the spectacular fireworks behind the Cinderella Castle, the enchantment of being at the Wizardly World of Harry Potter. A fun filled and an adventurous day spent at Disney Land was indeed magical. The Maid of Mist cruise experience at the Niagara Fall was a breath taking experience. A visit to the Universal Studio also kept the students enthralled. The trip was indeed a learning experience that would be cherished throughout.

CELEBRATING GANDHI



"In a gentle way, you can shake the world."

These words, uttered by Mohandas Karamchand Gandhi, a gentle soul himself, prove to be true, when one dives deep into the plain but influential life of his. 2 October 2019 marked the 150th birth anniversary of the Father of the Nation, Mahatma Gandhi. In order to celebrate his principles and reinforce the same in the students, the school initiated a yearlong celebration with a special assembly on 14 October 2019.

Thereafter, a host of events was organised in the school, through which, the students got well acquainted with Gandhiji and his ideology. They participated in activities such as Enactment, Symbolic Representation of Gandhiji, Poster Designing, Charkha Making, Swachhata Abhiyan, Slogan Writing, Collage Making, and Reading books written by Mahatma Gandhi.

A Quiz Competitions and Panel Discussion, based on the 1982 film, *Gandhi* by Sir Richard Attenborough were also organized for the students.

The school also arranged field trips to the Rajghat and Gandhi Museum to familiarize the students with the eventful life of the Father of the Nation. Besides, for imparting Gandhian values to the students in a light-hearted yet impactful manner, the screening of movies such as *Swadesh* and *Lage Raho Munna Bhai* was arranged in the school. The students observed Martyrs Day on 30 January 2020 by taking part in a Peace March, hailing high the virtue of 'ahimsa.'

Celebrations and Festivities

Earth Day-
*don't be a litter bug ,
save the planet earth !*

Rabindra Jayanti-
*celebrating the
Bard of Bengal!*

French Day-
Vive le 14 Juillet!

Independence Day-
let freedom reign!

Republic Day -
*one nation, one vision,
one identity!*

Celebrating Gandhi

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Rabindra Jayanti-
celebrating the
Bard of Bengal!



Republic Day -
*one nation, one vision,
one identity!*

Celebrations and Festivities



EID-
love, treat, care, repeat!



Gandhi Jayanti-
*celebrating the ideals
of our idol!*



Dusshera-
*victory of good
over evil!*



Diwali-
*let us illuminate our
souls to celebrate life!*



Gurupurab-
*celebrating equality,
fraternal love, goodness and virtue*



Christmas-
*Lord Jesus is the reason
for the season!*



Brilliance in Academia



There are no secrets to success. It is the result of preparation, hard work, and learning from failure.
– Colin Powell

2019-2020 (Class XII)



HUMANITIES

ISHA KAUSHIK

TOTAL: 484

96.8%

BEST OF 4: 97.25%



COMMERCE

BARNALI DAS

TOTAL: 480

96%

BEST OF 4: 96.75%



SCIENCE

JAHNVI SINGHAL

TOTAL: 480

96%

BEST OF 4: 96.25%

Top Achievers of 2019-20 Class XII CBSE Examination

SUBJECT	NAME OF THE STUDENT	MARKS
PSYCHOLOGY	REVA SARIN	100
POLITICAL SCIENCE	PRIYANSHI CHAWRASIYA	100
PAINTING	DEEKSHA CHAWLA	100
	DIBRUJISSION P HAZARIKA	100
	ISHA KAUSHIK	100
	BARNALI DAS	100
MATHEMATICS	DIPANSHU ARORA	99
GEOGRAPHY	MADIHA REYAZ	98
ENGLISH CORE	MADIHA REYAZ	98
	ROHIT KUMAR	98
BUSINESS STUDIES	BARNALI DAS	97
	DIPANSHU ARORA	97
COMPUTER SCIENCE	NISHANT SHARMA	97
ACCOUNTANCY	DIPANSHU ARORA	97
BIOLOGY	JANHVI SINGHAL	96
HISTORY	PRIYANSHI CHAWRASIYA	96

SUBJECT	NAME OF THE STUDENT	MARKS
ECONOMICS	PRIYANSHI CHAWRASIYA	95
	YASH KHATTAR	95
CHEMISTRY	MRIGANK GUPTA	96
	SHRADDHA SETHI	96
PHYSICS	ARYAN BHARADWAJ	95
	DEVAK UPADHYAYA	95
	ESHAN MARWAH	95
	JANHVI SINGHAL	95
	MOHD ATIF QUAMAR	95
	MRIGANK GUPTA	95
	NISHANT SHARMA	95
	SEJAL GUPTA	95
	SHRADDHA SETHI	95
	ARYAN SOORMA	93
PHYSICAL EDUCATION	MEHUL PANWAR	93
	KANAV KAPOOR	93

Celebrating Gandhi









Brilliance in Academia

2019-2020 (Class X)



Congratulations!

TOP 03 POSITIONS

			
DISHIKA SINGHAL- 99%	SHINAM IQUBAL- 97.2%	SHRADHA SABHARWAL- 97.2%	BANEET PUKHRAMBAM- 96.8%

SUBJECT TOPPERS

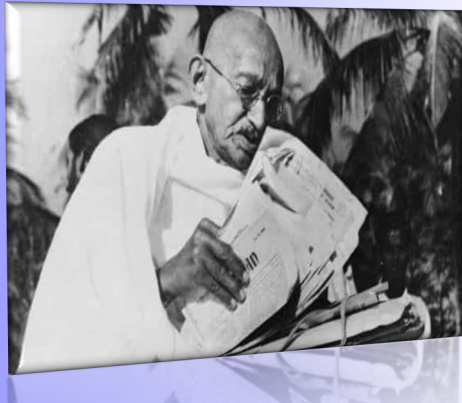
SUBJECT	NAME OF THE STUDENT	MARKS
FRENCH	BANEET PUKHRAMBAM	100
	DISHIKA SINGHAL	100
	VIDIT OM	100
PAINTING	IFFAT ALI	92
MATH STANDARD	AASTHA SHARMA	100
	PRADYUMN RAWAT	100
	ANSH ARORA	100
	CHIRAG GARG	100
	DISHIKA SINGHAL	100
	SHINAM IQUBAL	100
	SHRADHA SABHARWAL	100
	SUHANU SINGH	100
	SWAPNIL PANIGRAHI	100
SCIENCE	VIDIT OM	100
	SHRADHA SABHARWAL	100

SUBJECT	NAME OF THE STUDENT	MARKS
SOCIAL SCIENCE	HARSHITA VOHRA	100
	KHUSHAL MADAN	100
COMM. SANSKRIT	LAKSHIKA KHURANA	98
	RIKTIKA	98
ENGLISH LANGUAGE & LITERATURE	ARSHA BAGDWAL	98
	BANEET PUKHRAMBAM	98
	DISHIKA SINGHAL	98
HINDI COURSE-B	SHAGUN GUPTA	97
MATH BASIC	AYESHA ASLAM	95
COMPUTER APPLICATION	KUSHAL GOTHWAL	95

Celebrating Gandhi



HOOKED WITH BOOKS



*"Your beliefs become your thoughts,
Your thoughts become your words,
Your words become your actions,
Your actions become your habits,
Your habits become your values,
Your values become your destiny."*

~ M.K. Gandhi



Celebrating Gandhi

HOOKED WITH BOOKS



Reading gives incomparable pleasure to the readers. While there is no doubt about the fact that reading is a priceless activity, it has been observed that the habit of reading has declined of late. In an endeavour to kindle the love for reading in the students' hearts, the school celebrated the Book Week between 5 May and 11 May 2019, in the school premises.

The Tagoreans attended interactive sessions with renowned authors and story-tellers. The students participated in fun class activities such as writing book reviews, making head-gears, collage, comic strips and cue-cards etc. Activities such as poem recitation and enactment of some of the famous stories written by highly celebrated writers such as Premchand, Charles Dickens and Rabindranath Tagore gave students a chance to hone their language and creativity. A puppet show was also arranged for the young students to develop their interest in language and literature. The costumed character, Clifford, The Big Red Dog, entertained the students throughout the week.

Tiny tots of the school enjoyed listening to the stories, narrated by Ms. Neelam Narang during the story telling workshop. The young Tagoreans also interacted with the author, Ms. Deepa Agrawal and enriched their understanding of stories and characters.

The book fair organized by Scholastic India Pvt. Ltd. added fervour to the festivity and offered an array of catchy books to the students and visitors. The book stall, put up by the school librarians, invited the students to take story books from the library's collection in exchange for their old story books, which turned out to be a great hit among the students. This initiative not only gave the young readers a chance to enjoy reading different types of books, but also ignited the feeling of sharing among them.

The fair witnessed an overwhelming response from the young readers and visitors, which strengthened the belief that reading can never become a forgotten activity.

AU REVOIR! TILL WE MEET

"There are no goodbyes for us. Wherever you are, you will always be in my heart." - Mahatma Gandhi



Graduation signifies the culmination of many years of hard work in the relentless pursuit of knowledge: Knowledge, that enables one to embrace opportunities and take on challenges with a vision and purpose. It signifies the conclusion of an educational journey and the commencement of another part of one's quest for a better life and future.

The outgoing batch of 2020 was bade farewell with a formal graduation ceremony and farewell party on 25 January, 2020 in the school premises. Mr. Vijay K. Thadani, Vice Chairman and Managing Director of NIIT University graced the graduation ceremony as the Chief Guest and encouraged the students with his motivational

speech. In the presence of the members of the school management, teachers and parent fraternity, the valedictorians shared their anecdotes related to their school life and extended gratitude towards the school and parents. Angela Arora of Class XII was conferred with the prestigious Rabindra Ratna Award, an award accorded to a Tagorean, who emerges as an all-rounder by performing exceptionally well in academics and co-curricular activities, taking initiatives, shouldering responsibilities and proving himself/herself to be a true leader- to sum up, lives up to the school motto, '**Aham Yoga Asmi**'.

Celebrating Gandhi

AmAantryà-2020



The evening was a fiesta, organized by Class XI students for their seniors. The farewell aptly titled, **AmAantryà** was an ensemble of dance, music and laughter as the hosts impressed the audience by showcasing their vast repository of skills. The star studded night turned all the more illuminating with class XII students walking the ramp. Angela Arora and Apurv Dev Kaushik were given the titles- Miss TIS and Mr. TIS 2020, respectively.



COMMUNITY OUTREACH PROGRAMMES

"The best way to find yourself is to lose yourself in the service of others."
~ Mahatma Gandhi

BIG BUDDY

Become a big buddy and make a big impact!

Students of **Class IX B** had engaged in a program called Big Buddy. Under this program each student was paired with a student from the junior school for providing help and guidance. Every week 'Big Buddy' sessions were held within the school working hours wherein the big buddies helped their little buddies with conversation skills, reading, spellings and basic mathematics. The big buddies also prepared special worksheets to help improve their little buddies.



CRY



As a part of SEWA (Social Empowerment Work in Action), the students of **Class X D** collaborated with CRY (Child Rights and You) in doing their bit for child rights and providing for the underprivileged children.

The students engaged themselves in a series of bake sales, garage sales and raised funds through the online crowd funding page. A sum of four thousand seven hundred and twenty rupees was collected through the bake sales and nineteen thousand five hundred and ninety one rupees was raised through crowd funding. The garage sale also saw a collection of two thousand and seventy five rupees through the sale of old books handmade bookmarks, folders and magic balls.



The students presented music and dance performances for the under-privileged children and promised to further strengthen the bond between the school and CRY. It was an experience of a lifetime wherein students not just grew as individuals, but more as a family.



Celebrating Gandhi

SIGNS OF HOPE

The students of **Class X A**, collaborated with an NGO called Deepalaya to teach the economically and socially deprived children as their NSS activity. Following the footsteps of the Father of the Nation, Mahatma Gandhi, the students actively participated in guiding the students of the NGO throughout the session which also transformed them into sensitized and empathetic individuals.



3Cs

SHOWING CARE, CONCERN AND COMMITMENT FOR THE ELDERLY PEOPLE



The 3Cs stand for Care, Concern and Commitment for the elderly. As a part of SEWA (Social Empowerment Work in Action), the students of **Class X B**, in association with Helpage India, worked for the disadvantaged elderly and set out to become their representative voice.

Under this endeavour, students participated in various activities and competitions and put up street plays to spread awareness about the degrading importance of the elderly in the family. The students were also sensitized through video clips that highlighted the problems that elderly face. Furthermore, some students even taught their grandparents how to use the technological gadgets such as smart phones, laptop etc. Some students visited old age homes and rendered help in their chores. Some of the students also got the opportunity to work as interns with the NGO, Helpage India, at the All India Institute of Medical Sciences.

Students in association with Helpage India, also organized a health camp in the school premises where free of cost healthcare services were provided to the elderly. Students also donated medicines to the needy.

POISON ON MY PLATE



Students of **Class IX C** worked on creating awareness regarding food safety as a part of their SEWA (Social Empowerment Work in Action). The students conducted surveys on Food Adulteration in different supermarkets and malls and asked consumers questions on their awareness on food safety. Keeping in mind the result and loopholes in the system, the students organised various food safety awareness campaigns in the school and motivated their juniors to be aware of food adulteration and not to compromise on food safety.

They also organised competitions such as Collage Making, Book-Mark and Poster Designing to make the campaign effective. DART (Detect Adulteration with Rapid Test) activity was organized in the school complex to involve the parent community in the same and discuss ways to detect adulterants in food.

GOING NATURAL: DEVELOPMENT OF HERBAL GARDEN

Students of **Class X C** joined hands with an NGO named Deeksha, to work on the project of developing a herbal garden in the school as a part of their SEWA (Social Empowerment Work in Action). The students were introduced to several species of herbal plants such as lemon grass, mint, stevia, brahmi, tulsi etc. which can be grown easily in the surroundings. They were also explained the use and the medicinal value of the plants. The students planted herbal plants and took great care of the saplings to ensure their healthy growth.



GENERATION GLOBAL



Generation Global is a unique National Service Scheme taken up by the students of **Class IX D** wherein the students engage in dialogue around issues of culture, identity, beliefs, values and attitudes. Besides video conferences, students blogged on current issues and discussed the solutions thereof. Volunteers were exposed to new mental stimuli and consequently they explored and articulated their own views. The students developed divergent thinking and gathered the skills and experience needed to navigate differences in a peaceful way.

SADAK SURAKSHA: ALERT TODAY, ALIVE TOMORROW!



The growing number of fatal road accidents due to traffic negligence compelled the students of **Class IX A** to take up Road Safety as a part of their SEWA. With an aim to spread awareness and check frequent malpractices, the students trained their peers first, thereby intending to create a ripple effect in the larger community. The young enthusiasts took to streets with plays, songs, slogans and jingles attracting the public's attention and instigating action to subvert deviants.

With the motto, 'Alert Today, Alive Tomorrow', members of the Safety Club held workshops and training sessions to familiarize the bus drivers with road etiquette. They discussed parking vehicles techniques, turning practices and some tips for safe driving. The parents of the school children were roped in too as they signed a pledge to follow safety standards and rules. A new practice was put in place to reduce traffic congestion during dispersal of students from the school.

The hard work of students and the campaign amalgamated into a seminar conducted by the Road Safety Club in partnership with Delhi Traffic Police Department. Mr. Abhishek Dutt (Municipal Counsellor South District), Ms. Shilpa Giri (ACP, Delhi Traffic South East District) and Mr. Govind Sharma (ACP, Kalkaji) interacted with the students, answered questions and gave insight into street side conventions and misconceptions.



PROJECT 'RE'

Rejuvenating the Environment

With a mission to make the school, a one-time plastic-free zone, a team of students from classes IX-XI clubbed their minds together for a concerted effort towards maximum reduction of plastic waste and optimum utilization of the existing waste which stands as a monster against sustainability.

The young enthusiasts worked tirelessly towards creating public awareness on waste segregation, recycling, working on problems related to single use plastic and ways to reduce them. Since recycling is done by most institutions, the team innovated ways to upscale plastic and promote its limited usage in order to work on Goal 11 of UNDP – 'Sustainable cities and communities'. The team maintained waste segregation bins and encouraged students and teachers to bring their own utensils and cutlery. Parents and visitors are now given eco-friendly cutlery to use in the school premises. The members of the project also partnered with various NGOs to make a bigger impact.



PROJECT 'RE' – Rejuvenating the Environment

The team collaborated with NGO Green Globecare for paper recycling in which around 650 kgs of newspaper was given for recycling and they provided the school with 200 notepads made from the recycled newspapers. Students also recycled paper in school and made sheets, which were used for creating folders, cards, gift wrapping etc. The NGO, Garbage Free India, contributed to the cause by donating a bin, which was used in the collection of plastic, and aluminium-foil etc. during the Collection Drive. Regular workshops for parents from economically weaker section were organized, in collaboration with NGO Chintan, to produce upcycled products, bringing forth the additional income sources. Upcycled and recycled products were used for sale to generate revenue for donation to partner NGOs. These products were also used as tokens of appreciation given to guests, who visit the school on various occasions.

As advocates of the green planet, the team saved the environment from 30,000 plastic glasses, 63,000 plastic disposables, provided employment ideas to the weaker section, supported 15 underprivileged society members by helping them to sell their products and earn financial independence.

The efforts of the young environmentalists got them selected as the National Finalists at the Youth Leader competition organised by the Global Education and Leadership Foundation held in December 2019. Another group of young leaders from the school was at its best in the field of innovation and came up with the idea of a low cost water filter and air purifier. Their efforts got recognition, when their project 'HYDROBEAT' got selected for the National Finals. The teams continue to work towards the cause and have become an inspiration to many.

Prize Distribution, Junior



The Annual Prize Distribution Junior School was organized with and gaiety on 26 February 2020, to celebrate the achievement of the students through the session.

Students were felicitated for their commendable performance in various intra - class competitions for performing as well as creative art. Some of them were also awarded for their impressive qualities and excellent performance in academics and co-scholastic activities.

Special category of awards such as the Leader in the Making Award for exhibiting excellence in academic pursuit and in extra - curricular activities, and the Perfect Attendance Award for never missing a day in school for the last five consecutive years were awarded to students. The Sunshine Award was given to students who rendered a helping hand to their buddies.

Ms. Samira Gulati, Dean Academics, gave away the awards to the students and lauded their efforts. She motivated them to keep striving for success.



Celebrating Sindhi

Prize Distribution, Junior



Celebrating Sindhi

Prize Distribution, Senior



The school organised its Annual Prize Distribution Ceremony for the senior wing on 7 February 2020, to appreciate the talent and achievement of the students through the session.

The Chief Guest for the event was Dr. Sanjay Chaturvedi, Deputy Director of Education, South East District, Government of NCT, Delhi. Certificates and trophies were awarded to the students for their excellent performance in the field of academics, inter-house competitions and various national and zonal tournaments. Students, who inspired their peers by setting examples while working for various clubs and for attending school without missing a single day, were awarded. The event also saw the felicitation of students with coveted titles and awards. The members of the faculty were also honoured for their relentless service to the institution.

The members of the Student Council formally handed over the responsibilities to their successors after having successfully completed a year in office. The deputed Student Council members were initiated to don the mantle of leadership and discharge the responsibilities entrusted upon them by the school. They took a pledge to abide by the rules of the school and swore to preserve the decorum of the institution and perform their responsibilities, impartially.

In his address, the Chief Guest lauded the efforts of the prize winners and urged the students to continue to strive forward and not be limited by the challenges they face in the path of success. He motivated them to be passionate about the three Ps, viz. Planning, Preparation and Presentation, in order to achieve their goals and ambition in life.



Celebrating Sindh

Prize Distribution, Senior




Celebrating Sindhi

Learning Through Travel

An Educational Trip to Dudhwa National Park


Educational tours are about imparting learning to provide a good base of actual hands-on experience. Students of classes IV and V participated in the National Environment Science Camp from 27 November to 30 November 2019 at Dudhwa National Park to enliven and enrich the study of EVS and arouse concern and care for the environment, wildlife and their habitat. The activities and games blended knowledge with fun and entertainment. Nature walks, safari and cultural performances made the camp an event to be cherished for a lifetime. The camp intensified the team spirit, camaraderie and the students' will to win.





‘Scientific knowledge requires constant probing into the why and wherefore of every little process that you perform’.

~ M.K.Gandhi



With an intention of encouraging the learners to adopt a logical approach, the school organized Math and Science Weeks in the month of July. Students from various classes participated in a number of activities and workshops that enumerated the role of math and science in their everyday life.

During the Math Week, students participated in challenging yet interesting activities such as, Shape-O-Mania, Adder Ladder, Shapescape, Comic strip Math, Terrific Tangram, Tessellation Designing, Code Cracker, and the Sudoku Championship.



POETRY OF LOGICAL IDEAS



Celebrating Gandhi



Science Week

The theme of the Science Week was 'Panchatatva – the five elements'. The element focused in this edition was 'SPACE'. Science was made interesting and accessible through activities such as, Think Differently -Paper Moon Phases, Sky's the Limit- Rocket Designing, Millennium Falcon – Spaceship Design, to name a few. The students of the Science Stream also visited the National Centre for Seismology to get an insight into the study of seismology.



The collaborative work and the zest of learners made the celebration of Math and Science an enriching experience.



Relationships are based on four principles- respect, understanding, acceptance and appreciation.

M.K.Gandhi

A society, where its members share mutual respect and accept and appreciate individual differences, is the foundation of a strong nation. With the objective of acquainting the students with the diverse social fabric of the proud country, India and promoting a sense of brotherhood among the students, the school celebrated its maiden 'Social Science Week' from 29 July to 2 August, 2019. The students of classes I to XII enthusiastically participated in the celebration of diversity through classroom activities, competitions, quiz events and field trips.

While observing the Social Science Week with great fun and frolic, the students treated their peers with mouthwatering delicacies of different states in the form of Food Festival and flaunted the vibrant traditional outfits during the Costume Parade. They showcased their inclination towards dance, music and art by participating in the Talent Hunt Show and Pamphlet and Poster Making activities. The students also visited Lodhi Garden, Humayun's Tomb and the National Museum as a part of 'Learn on Site.' Moreover, classroom activities were organized side-by-side to acquaint the students with the geographical and political set up of the country.

Celebrating Gandhi





TAGMUN

The fourth edition of Tagore Model United Nations was organized on August 2 and 3, 2019 with the aim of empowering students to become compassionate leaders and confident diplomats of tomorrow. The students participated as delegates of Joint Cabinet Crisis (JCC), All India Political Parties Meet (AIPPM) and UN Human Rights Council (UNHRC) and also as journalists, cartoonists and photographers; guided by their respective committee heads and the International Press (IP) team. The Executive Board of TAGMUN comprised the distinguished alumni, who are experienced in the field of MUN.

The session commenced with the formal speech given by the Director-General and Guest of Honour, Ms. Mallika Preman, the Principal of the school. Thereafter, the vigorous young leaders enthusiastically deliberated over issues such as Fascism, Central American Refugee Crisis and The Roles and Responsibilities of Diplomats Towards Strengthening Countries' Foreign Affairs over a course of four sessions during the two-day event.

After the courtly sessions of discussion and discourse, the closing ceremony saw moments of delight and celebration when the students, identified as outstanding delegates, journalists, cartoonists and photographers were felicitated for their extraordinary performances.





YOUTH PARLIAMENT

"I suppose leadership at one time meant muscles; but today it means getting along with people."~ M.K.Gandhi

The school organized the event, Mimansa 2019 (Model Youth Parliament) on 31 October, for the students to opine on the nationwide implementation of the National Register of Citizens. The students presented their best possible ingenious methods to justify their proposition for the agenda or opposition against it. The members of the International Press, including the journalists, cartoonists and photographers also played a vital part in the event by visualizing and penning down their opinions. The event imparted more knowledge of current affairs to the participants, who tried to justify their ideas through rigorous research. The event led to the manifestation of the true creativity and knowledge of the participants and saw a successful conclusion.



Celebrating Gandhi

Full effort is full victory ~ M.K. Gandhi

BIENNIAL PRODUCTION

The school organized its Biennial Production with great exuberance on 29 and 30 November 2019. The event was graced by Dr. Sanyam Bhardwaj, Controller of Examination, CBSE, Ms. Madhulika Sen, the School Director, parent body and other dignitaries.

The Senior School Headmistress, Ms. Shefalee Gupta welcomed the august gathering and the Presidents of the school student council, Angela Arora, Apurva Dev Kaushik, Ishita Namjoshi and Sanya Malkotia presented the biennial report, highlighting the achievements of the school, students and teachers during sessions 2017-2018 and 2018-2019. The Principal, Ms. Mallika Preman, in her address, emphasized on the importance of students' engagement in co-curricular activities for a holistic development. The Chief Guest, Dr. Sanyam Bhardwaj expressed his contentedness with the school and its students' high quality performance. The school orchestra enthralled the audience with the soulful rendition of 'Katyusha Polka', a Russian folk song. More than 200 students, clad in colourful attires, staged a musical play, 'The Inspector General' a comedy based on Nikolai Gogol's play, 'The Government Inspector'.





The audience showed immense enthusiasm and applauded every scene of the play and dance performances presented by the students. The tireless efforts of the Programme Director, Mr. Stephan Marazzi and his team, the participants, teachers and student-volunteers were acknowledged by the Principal, Ms. Mallika Preman.

The event was a great success and the message, 'greed and corruption lead to utter chaos and loss' was well received by everyone.

NOTHING PROSPERS WITHOUT THEM

In the words of Mahatma Gandhi, *"If everybody lives by the sweat of his brow, the earth will become a paradise."* To inculcate in the students, the value of labour and respect for the ancillary staff, the school conducted interesting classroom activities and exhilarating sports events, involving the students and the school support staff on 1 May 2019.

The lady support staff narrated didactic stories to the enthusiastic students of classes I and II and the gentlemen discussed the significance of cleanliness with the students of classes VI to VIII. The novelty of the exercise was evident from the excitement and keenness that the students displayed during the sessions. As a reciprocal gesture, the students gave thank you cards to their 'didis' and 'bhaiyas'.

The main attractions of the day were the friendly cricket and volleyball matches organised by the students of the senior school. Altogether, the fun-filled day provided a great opportunity to the support staff and the students to bond well and strengthen the mutual love and respect.



Celebrating Gandhi



VALEDICTORIANS SPEAK

My life is my message..

-M. K. Gandhi

I still cannot believe school is now officially over.

The journey I started as a young girl of eight exactly a decade ago, comes to a glorious end, when now I'm a young adult of eighteen, ready to spread my wings and fly with my feet firmly grounded- the ethos that the school tradition has deeply instilled in me.

How I joined TIS EOK in the summer of 2009 is a very intriguing story. I was actually 'tricked' by my mom into switching schools. While I was studying in another school located in Greater Kailash, I used to take dance lessons every alternate evening here. So, my attachment with this school building and the stage outside runs long and deep. My mum woke me up one random morning and told me that my 'dance school' was holding an exam for 'intelligent' students. If I performed well, my name would feature in the newspaper! Unlike the kids of 2020, the eight-year-olds, back then, in 2009 were naive enough to fall prey to such traps. I still remember my dad putting me in the car- half asleep. That day I wished Kanchan Ma'am from a distance of two feet because I hadn't even brushed my teeth! Needless to say, I cleared that test and today I'm overwhelmed with emotions as I stand here as your valedictorian, delivering this speech. This episode in my life further reinforced this ancient saying- 'Parents know the best for their children'. I feel so fortunate to be schooled in an institution which is more like a very close knit community, where there exists abundance of creative freedom and space to grow, to nurture ones talents and chart a unique path for oneself.



Angela Anora





Madiha Reyaz

Here we go, this is it!

So in this already very sentimental atmosphere, I am going to try to make you all cry until you run out of tears in your body or the water in your bottles that you might be using to imitate the tears.

TIS gave all of us so many fun memories, to list a few- we had the Unit test I, Unit test II, Mid- Term, Revision Test, Pre-Boards and the Boards that are impending upon us. TIS also gave me my best friend Ritika!

Few years down the line, when I will look back at my school journey, I'll be reminded of my marvellous teachers and friends who stood by my side through my irksome phases. To them, I am forever indebted. It's almost surreal how there's going to be a vacuum created, a void that's going to be left. The classroom, which was dedicated to XII A will remain there, but the forty five of us, who made it what it really became, won't be there.

It's funny how the human brain works. We only realise how significant a moment is only when it becomes a memory. Today, standing here on this stage, I know that this is the last time I am standing in front of the podium, speaking in front of my teachers and friends. This moment is going to be ingrained on my mind forever. I hope the next time you hear me, it's when I am on the television.

14 years ago, we all entered the school with big dreams, high hopes and huge aspirations. All of us had different backgrounds when we entered this school building but today we've one thing in common- we are leaving as proud students of same school with a common wish to be successful.

All through these years, this red building has seen us grow and now we realise its importance while bidding farewell to it. Tagore International School is not a mere building made up of bricks and stones. It's a home built with memories, successes and failures and has been a part of everyone's childhood. Every brick, every pillar and every corner here has everyone's part of story engraved. How lucky we are to have something that makes saying goodbye so hard. Memories of TIS and its people will be cherished forever. Adiós amigos.



Tanvi Mohanty





Arnau Sharma

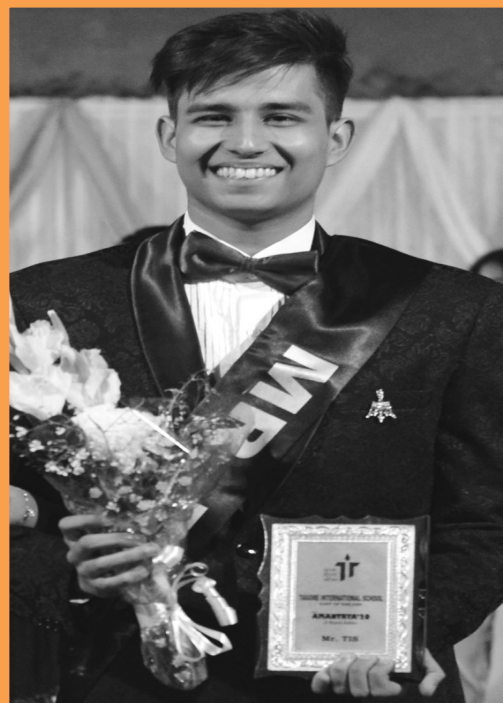
Hello, everyone! Today is an exciting day: I'm going to deliver a speech!

Friends, we've spent great time here, right? I want to give a big congratulations to everyone, including myself, for being here today. The world we live in is plagued with dangers: Ebola, ISIS, global warming, facial acne. And, despite all the odds, we still managed to graduate, so let's give ourselves a big round of applause.

It's easy to feel hopeful on a beautiful day like today, but there will be dark days ahead of us too. There will be days when you might feel you're alone and that's when hope is needed the most. No matter how deep it gets buried or how lost you feel, you must promise me that you will hold on to hope; you'll keep it alive. We have to be greater than what we suffer. My wish for you is to become hope, for yourselves and for others

I remember my first day at school. I entered this building in the month of November, after travelling from a galaxy far, far away-New York, quaking in my pink high-tops, fearing Pre-Boards, which were to take place in a month and Board exams in four. I walked into the Principal's office, pulled a chair for myself and sat. I had wished Ma'am and answered all her questions thoughtfully. I felt I had knocked the ball out of the park, and for all I cared, I had given her my best impression. Ma'am looked at me and I waited with baited breath to be knighted and she said- "Did you ask for my permission before sitting?" "No ma'am, I didn't", I replied. "Did I ask you to sit?" "Is this what you learnt in America?", were the questions that followed. The chair was pulled from beneath me, quite literally and I kept standing for the rest of the interaction. That in its simplest form explains my everyday thereafter.

Today, when I say this, I say this on behalf of all my classmates-if it weren't for our teachers, our support staff- all the bhaiyas and didis- the unsung heroes of this story and the people sitting on our right and left, we wouldn't be the people we are now. This is where we learnt what works, learnt what does not; achieved success and faced failure. To this tree of people, who we have grown into leaves of as autumn befall us, I thank you.



*Apuru Dev
Kaushik*



RABINDRA RATNA

The future depends on what you do today.
~ Mahatma Gandhi

Brimming with confidence and pride, Angela Arora, a young leader, received the highest honour given by the school - The Rabindra Ratna Award for her outstanding contribution and achievement in curricular and co-curricular activities throughout her schooling years. The school takes pride in her utmost dedication and sincerity that made every important school event under her leadership, a great success. She is known to be a dynamic student, who always balanced her academics and co-curricular activities dexterously. This quality of hers also won her the other coveted school awards such as the 'Dr. H. Sen Memorial Award, Shanti Devi Sharda Award and the Leader in the Making Award.

Angela made her mark in the MUNs and Youth Parliament hosted by the school as an emphatic speaker and also bagged Certificate of Excellence for high commendation in both the events. She showed her mettle not just in the in-house events and competitions but set out to conquer the world beyond the red walls too. She was adjudged the 'Best Speaker' in the prestigious Rahul Joshi Memorial Inter School Declamation Contest. She also brought home accolades in many other technology, theatre, art and poetry competitions, held at the inter-school level.

Angela was awarded the Times NIE, Star Student Correspondent and 'Student of the year for her brilliant performance in the field of academics and co-curricular activities. She also got the golden opportunity to attend a ten-day program in Bannockburn School Camp, Otago, New Zealand under the aegis of Waterwise Otago Kindness Program. She was an active member of the group that interacted with the former Prime Minister of the United Kingdom, Mr. Tony Blair, when he visited the school in January 2019 to discuss about Generation Global initiatives. As part of the Youth Entrepreneurship Club, Angela went to Alwar, Rajasthan to work with the underprivileged children as a part of a community outreach initiative of the school. She also volunteered to be a scribe for a senior special needs student for the CBSE Board Examination.

Angela's participation in an array of competitions is a testimony to her multifaceted talent. Even at the Farewell, her grace and charisma won her the coveted title of Miss. TIS. She is a girl with the best intentions and the school is proud of this promising young leader.

ALUMNI MEET



On Saturday, 28 December 2019, the school auditorium was filled with euphony and nostalgia as the alumni and veteran teachers gathered to cherish the reminiscence of their school life and share their feat stories with the fellow Tagoreans. The presence of students and Madam Tripta K. Raj, a teacher from the very first batch, i.e., Batch of 1980 was the catch of the day. The hosts- Ms. Anusuya Rana, Ms. Kavita Bhatia, Ms. Nirmala Mulchandaney and Ms. Neelam Chibber extended a warm welcome to the alumni, retired teachers and the highly revered Ex-Vice Principal of the school, Ms. Shabnam Pardal. The hosts also shared their memories with the gathering through their touching speeches. The alumni too recollected the joyful past days that made everyone emotional.

The meet also witnessed the formation of the Alumni Union of the school. Through collective consent, Ms. Praneeta Goel was chosen the President of the Union.

The eventful gathering came to a close with a hearty feast.

Adventure is Out There!



Did you say, "It's not a child's play"? Well, challenge accepted!



Celebrating Gandhi



Adventure is Out There!



Celebrating Gandhi

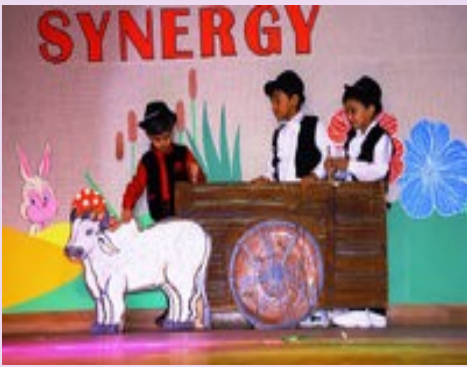


Watch Me Perform

Synergy—flight to ecstasy!

“Love is the strongest force the world possesses.”

Remembering the essence of Gandhiji’s vision of love, peace and harmony, the students of Nursery and Kindergarten presented their Annual Show, Synergy, on 15 February 2020. The programme was a riot of colours, as the little ones performed on the stage with gay abandon.



Celebrating Gandhi

Watch Me Perform

Synergy—flight to ecstasy!

The function commenced with the foot-tapping Welcome Dance. This was followed by a cultural extravaganza, where the toddlers showcased their talent in dance, music and theatre. The children looked resplendent and endearing in their bright costumes. The special attraction of the show was the musical odyssey titled, The Art of Happiness, followed by yet another enthralling presentation, A Loyal Friend. The mesmerizing show was a culturally stimulating experience that left the audience spellbound.



Celebrating Gandhi

Explore and Exhibit

Samanjasya– turning mirrors to windows!

“Our ability to reach unity in diversity will be the beauty and the test of our civilization”.

Inspired by these insightful words of Mahatma Gandhi, the school hosted its Annual Day, Samanjasya, for the Junior Wing on 20 and 21 December 2019 with great pomp and splendour. The students of classes I to V, having learnt the art of embracing one another's differences, came together to depict the theme, Diversity. Ms. Deepali Sahi, the Headmistress, Junior School, highlighted the achievements and accolades won by the young Tagoreans during the year, in her address to mark the commencement of the programme. The enactment presented by the students of Class I, titled Rainbow of Colours, reflected the significance of diversity in the lives of humankind through harmonious blends of music, rhythm and dance.



Celebrating Gandhi

Explore and Exhibit

Samanjasya— turning mirrors to windows!

**“Our ability to reach unity in diversity will be the beauty
and the test of our civilization”.**

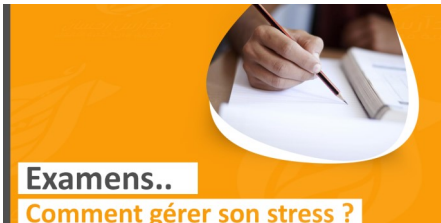


The melodious performance by the students of Class II, titled Pandora's Box, enthralled the audience and set the day rolling. Gandhiji's ideologies of truthfulness and cleanliness were beautifully showcased by the students of Class III. The famous Hornbill festival's gaiety, presented by the students of Class IV was the prime focus of the day. The scholars of Class V staged the play, Between the Lines, wherein various characters from different fairy tales spoke about their displeasure on being labelled. The students' heart touching performances captivated and mesmerized the gathering. An exhibition, displaying students' work, done in the fields of clay modelling, science, social science, library and mathematics was also put up. The event rose to a final crescendo with the finale and foot-tapping enthusiastic numbers, conveying the significance of togetherness in life.



Celebrating Gandhi

La réflexion française



Examens..

Comment gérer son stress ?

Comment gérer le stress lié aux examens

‘ La vie ne se limite pas à la réussite aux examens, et les qualifications sur papier ne peuvent vous mener que si loin. ‘

Avec les examens vient le stress. Les élèves s'inquiètent tellement de marquer de bonnes notes qu'ils se mettent souvent sous pression. Ils ont peur de l'avenir et cet avenir dépend des performances aux examens. Voici quelques conseils pour faire face au stress lié aux examens.

En étudiant, il faut se concentrer complètement. Prendre de courtes pauses pour pratiquer certains exercices de respiration aide à calmer l'esprit et améliore la compréhension. On faut bien manger et dormir pendant 8 à 9 heures et ne pas rester debout toute la nuit. Plus important encore, croyez toujours en vous. Ne doutez jamais de vos capacités.

Meilleurs vœux à tous les étudiants qui se présentent aux examens.

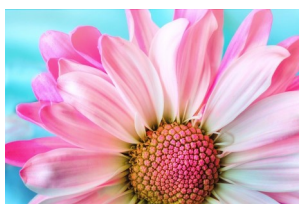
Abhigna K, XC



Travail des enfants : En Haute Problème du monde

Le travail des enfants désigne l'exploitation des enfants par le biais de toute forme de travail qui les prive de leur enfance, entrave leur capacité à fréquenter l'école ordinaire et leur nuit sur les plans mental, physique, social ou moral. L'Organisation internationale du Travail (OIT) suggère que la pauvreté est la principale cause du travail des enfants. Pour les ménages pauvres, le revenu du travail d'un enfant est généralement crucial pour sa propre survie ou celle du ménage. Il n'y a qu'une seule mesure qui puisse endiguer ce mal social, et cette mesure est la rigueur. Si le gouvernement ne s'attaque pas aux délinquants avec sévérité, ce problème va gâcher la vie de millions d'enfants. Meilleurs vœux à tous les étudiants qui se présentent aux examens.

Zoya X C



La Fleur

*Il y a des fleurs partout ,
Pleine de couleurs,
Leurs ordes effacent la douleur,
Voici des fleurs ,dans mon vase mexique.
Ces fleurs éclatent l'air et `reduire le gaz toxique.
On doit planter les arbres et les fleurs.
Pour la beauté de la terre.
Venez mes amis vite !
Pour planter les fleurs dans chaque site.*

Pranamya Karanth VIA



LA NUIT

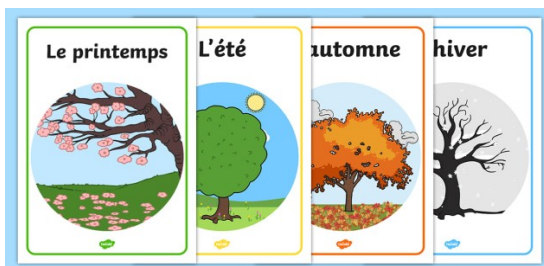
La nuit est belle.
Elle est immortelle.
Elle est sombre.
Je vois une lune.
Elle est blanche.
Je vois des étoiles.
Elle sont lumineuses
Je vois la planète Venus.
Elle est jaunâtre.
Je vois une comète.
Elle est excellente.
Je vois un naugé.
Il est noir.



Ailina Khan IX C



La réflexion française



Les Saisons

' En France, il y a quatre saisons dans un an: le printemps, l'été, l'automne et l'hiver.
Au printemps, il fait beau et frais. Le ciel est bleu. Les feuilles sur les arbres sont vertes. Il y a des fleurs partout et les oiseaux chantent. C'est aussi la fête de Pâques en France.

Pendant l'hiver, il fait froid. Parfois, il neige et la terre est blanche. Les enfants font le bonhomme de neige. Il n'y a pas de feuilles sur les arbres. Les deux grandes fêtes sont le Noël et le jour de l'An.

En été, le temps est souvent beau et le ciel est clair. Il fait chaud. Le soleil brille. Les gens vont à la plage et se reposent. Les élèves ont des vacances d'été.
En automne, il fait du vent et le ciel est souvent gris. Les feuilles des arbres tombent. Il pleut fréquemment. C'est la fête de la Toussaint en France.

Dishika Singhal , XC



Le Soldat

Dans la nuit et le jour
Nous avons attendu son retour
Nous avons pensé que se passe-t-il si il ne vient pas
Nous ne pouvions même pas manger notre repas

Nous nous sommes demandé où il est allé
Si il a lu les cartes postales que nous avons envoyé
Il est un soldat et très courageux
Ma mère a dit qu'il est allé protéger les grands châteaux

Quand il est enfin venu maison
Nous avons mangé un gros morceau de venaison
Il était allé en Angleterre
Il a dit qu'il venait de sortir d'une guerre

Baneet Pukhrambam , X-C



Changement climatique

Le changement climatique mondial a déjà eu des effets observables sur l'environnement. Les glaciers ont rétréci, la glace sur les rivières et les lacs se brise plus tôt, les aires de répartition des plantes et des animaux ont changé et les arbres fleurissent plus tôt.

Les effets que les scientifiques avaient prédit dans le passé résulteraient du changement climatique mondial se produisent maintenant: perte de glace de mer, élévation accélérée du niveau de la mer et vagues de chaleur plus longues et plus intenses.

Il est temps de nous réveiller et de nous rendre compte que le changement climatique n'est pas un canular et de faire tout notre possible pour sauver notre planète.

Pensez à effectuer certains ou tous ces petits changements. Ensemble, ils peuvent vraiment s'additionner.

Changement d'ampoules éco énergétiques

Débranchez les ordinateurs, téléviseurs et autres appareils électroniques lorsque vous ne les utilisez pas

Lavez vos vêtements à l'eau froide ou tiède.

Recherchez l'étiquette Énergie Star lors de l'achat de nouveaux appareils électroménagers

Hivérisez votre maison pour empêcher la chaleur de s'échapper et essayez de la garder fraîche en été sans climatiseur

Ne gaspillez pas de nourriture

Prendre les transports en commun, faire du vélo, faire du covoiturage ou même passer à un véhicule électrique ou hybride

Dans un monde de plus de sept milliards de personnes, chacun de nous n'est qu'une goutte d'eau. Mais avec suffisamment de gouttes, nous pouvons remplir n'importe quel seau.

Rohit Shukla X C



The Harder the Battle, the Sweeter the Victory



Vedant Chaudhary of Class XI

- ♦ Participated in the World Roller Games, Barcelona.
- ♦ Winner of a gold medal in 500m and silver medal in 1000m in the National Roller Skating Federation of India held at Vishakhapatnam.
- ♦ Winner of a gold medal in 500m, 1000m and 400-600 m (Road one Lap) each in the National School Games Federation of India held at Belgaum, Karnataka.



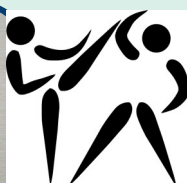
Udit Kumar of Class VI
is a winner of a Gold medal in the National Sub-Junior Baseball Championship held at Guwahati.



Yash Jaggi of Class XI
has bagged a Gold medal each in 10m Air Pistol Junior and 10m Air Pistol Youth category in the 2nd National Sikh Games.



Aahana Jawa of Class IV
has won one Gold and two Bronze medals at the 31st Delhi State Taekwondo.



Winners at the 12th South District Taekwondo Championship held at Tughlakabad.

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The Harder the Battle, the Sweeter the Victory



Kanak Gusain of Class XII participated in the 65th National School Games held at Guntur, Andhra Pradesh.



Our team of Sub Junior boys won the third place in the Zonal Football Tournament held at Chirag Enclave.



Our team of Sub Junior Girls were the runners-up at the Zonal Table Tennis Tournament held at Blue Bells School.



Navya Ambast, Sanya Malkotia, Tanishka Pawar from Class XI, runners-up at the Zonal Badminton Tournament held at Mata Gujri School.



Our team of Junior and Sub Junior Girls, winners at the Zonal Football Tournament held at Chirag Enclave.



Our School Athletic Team made us proud again by winning 9 Trophies and 70 Medals in the Zonal DOE.



Celebrating Gandhi

Learning Through Experience

HERITAGE WALKS



Students of Class IV went for an *itihaas* walk on 6 February 2020 to the Cathedral Church of Redemption and Rakab Ganj Gurudwara at Connaught Place. The resource person from *ITIHAAS* guided the students about the history of the church and the Gurudwara, before they visited the two religious places. The students were also introduced to the Father of the church.

Students of Class V went for an *itihaas* walk, on 10 February 2020, to the Old Fort or Purana Quila standing stoically amidst wild greenery. The students learnt various facts about the Purana Quila, popularly known as Pandavon-ka Kila. They were apprised of the history of its foundation and its relevance in Mahabharata. The group was briefed about the ruins of the fort and the *baoli*. The students were also engaged in various activities such as tracing figures and timeline.



Visit to the SRM Institute of Science and Technology

A visit to the SRM Institute of Science and Technology, Sonepat, Haryana, was organized for the students who had opted for science stream in classes XI and XII. The institute offers a wide range of multi-disciplinary undergraduate, postgraduate and doctoral programs in Engineering, Management, Medicine and Health Sciences, and Science and Humanities. This visit was intended to facilitate an interactive and introspective process, which would enable the students to make better career choices.

Learning Through Experience

Visit to the National War Memorial



Students of Class VIII visited the National War Memorial on 31 July 2019. The group was guided by the officers on duty who shared information about casualties in post-independence era wars. The students were also briefed about the structure of the memorial and the process involved in its creation. The visit filled the students with enthusiasm to serve the country and become a responsible citizen to honour the sacrifices laid down by the Indian Armed Forces.



Visit to the National Gallery of Modern Art: An Experience Inspiring Creativity



Students of Class XI, who have opted for Fine Arts, visited the National Gallery of Modern Art on 19 July 2019. The group explored various art forms and sculptures originating from pre-historic times, mapping the Paleolithic, Mesolithic and Neolithic ages. During the guided tour of the gallery, the students also beheld sculptures of the times of the Indus Valley Civilization as well as the Harrapan Valley Civilization which included day to day tools used by the ancient beings, carved stones, storage pots and jars and weighing tools etc.



Learning Through Experience

Space Adventures (Trip to ISRO Facility)

Sixteen students from classes XI and XII visited Satish Dhawan Space Centre in Sriharikota, as part of the World Space Week. The group, accompanied by Ms. Samira Gulati, Dean Academics and Ms. Lipi Goswami, HoD, Science, visited the facility on 4 October 2019. They beheld models of numerous SLVs, dioramas and timelines of the Indian space programme. They also had the once-in-a-lifetime-opportunity of sitting in the Mission Control Centre to observe the procedure that is followed before a satellite is launched. The highlight, however, was counting down for the launch of a weather-monitoring satellite near the Gas Cylinder Testing Facility. The group also enjoyed a sojourn in Pondicherry, Mahabalipuram and Chennai. They witnessed a surreal sunrise at Rocky Beach, followed by an educative walk on the streets of Pondicherry, visiting the Aurobindo Ashram and marvelling at French architecture. The trip proved fruitful in making the curious young minds seek more knowledge.



Marvellous Mukteshwar!

An educational trip to Mukteshwar and Nainital was organized for the students of classes IX and X from 24 May to 27 May 2019, to sensitize the young generation about environmental issues. The trip, organized by TERI (The Energy and Resources Institute), offered a wide range of learning activities for the students. The group trekked to Chauthi Jali, the 'sunset point' of Mukteshwar. The students were thrilled to participate in adventure activities such as zip lining, rock climbing and rappelling. The stay was organized at the eco-friendly tents, lit using solar energy at Teri's Himalayan Centre. As a part of the module, students interacted with the local community and helped in sowing radish seeds, fetching water from a natural resource and cooking a meal. The group also visited Nainital and enjoyed the scenic beauty of the place. The trip was a pleasant change from the polluted environment of the city which the children relished.

Celebrating Gandhi



Learning Through Experience

Wild Woods Mashobra



Students of classes XI and XII attended the Rockspport Residential Programme at the Wild Woods, Mashobra from 25 May to 29 May 2019. Students experienced the vast forests, trekked through the undulating terrain, learnt survival skills, cycled through the hills and were mesmerized by the beauty and calmness of the camp site. The students enjoyed the camp games and activities like rappelling, zip line and many more. Reflection at the bonfire and journal writing proved to be quite relaxing and refreshing. The group learnt to work as a team and the camp culminated with music, dance and prize distribution.



Learning Through Experience

Camping at Chail



Students of classes VI-VIII visited Rocksport Camp in Chail, Himachal Pradesh in May 2019. Various adventure activities such as zip line, rappelling and commando bridge walk were a part of the camp. Students learnt about the flora and fauna of the place and were apprised of a few survival tips, if one ever gets lost in a forest. The camp helped build confidence and inner strength and enhanced the group's teamwork skills as well.



Where There is Knowledge For All

Enrichment Programmes for Students



April 8, 2019
Traditional Medicine
in India

May 2, 2019
Odissi recital by
Madhavi Mudgal,
organized by
SPIC MACAY

May 14, 2019
Road Safety and Self
Defense by Delhi Police

July 11, 2019
Sex Education by
Ms. Jaya Aiyappa

July 24, 2019
Space Explorers by SPACE

July 31, 2019
Art of Quizzing

August, 7, 2019
Waste Management

August 13, 2019
Playnomics

August 20, 2019
Stress Management

September 3, 2019
Bullying in Schools

September 4, 2019
Breaking Barriers- sensitize
students towards the LGBTQ
Community by students of
TIS,VV

November 6, 2019
Bio-diversity

November 6, 2019
Oral Health

November 7, 2019
Workshop on Maglev

November 8, 2019
Generation Global, by
Ms Sandhya Gupta and
Ms. Ghanapriya Elangbam

January 21, 2020
Personal Hygiene for Girls

January 21, 2020
Microsoft Office Specialist
World Championship

January 24, 2020
Piano workshop by
Ms. Gloria,
an Italian pianist

February 4-6, 2020
Micro:Bit by
the British Council



Celebrating Gandhi

Where There is Knowledge For All

Interaction with Parents



May 4, 2019
Orientation for Class IX

July 20, 2019
Sex Education by Ms. Jaya Aiyappa

July 20, 2019
Orientation for Class XI

August 3, 2019
Understanding Adolescence by Mr. Prithish Bhavani

October 12, 2019
Workshop on 'Positive Parenting' by Dr. Roma Kumar, Clinical Psychologist, Sir Ganga Ram Hospital & Max Hospital.

October 22, 2019
Choices of Streams and Careers



Celebrating Gandhi

Where There is Knowledge For All

Enrichment Programmes for Teachers



March 18, 2019
Handling the Differently
Abled Students

March 26, 2019
Mission and Vision of
The School by
the Principal

April 1, 2019
Emotional, Behavioral
and Learning Disability in
Children by Dr. Jitender
Nagpal and Dr. Ruchi

April 6, 2019
Sexual Harassment &
POCSO by Ms. Rupinder
Kaur

April 15, 2019
Diversity in Teaching by
Ms. Neera Chopra

April 15 to 18, 2019
UNESCO MGIEP
Launch

April 16, 2019
Pronunciation and
language Skills by
Ms. Madhulika Sen

June 22, 2019
Training programme for
Khelo India National
Fitness

July 8, 2019
Positive Classroom by
Ms. Sonia &
Mr. Rohit Kumar

August 3, 2019
Competence Building in
Life Skills by Dr. R.D. Mohan
and Ms. Neeta Arora

September 21, 2019
Story Telling by
Mr. Bhatt

January 9, 2020
Teaching Grammar through
Activities by Ms. Neelam

January 10, 2020
Designing Special Question
Paper for Students with
Learning Disability by
Ms. Preeti Chadha

January 11, 2020
Happy Classroom by
Ms. Tulika Benjamin

March 2, 2020
Personal Branding &
Grooming by
Ms. Ritu Jain

March 7, 2020
POCSO by
Ms. Charu Makkar



Celebrating Gandhi

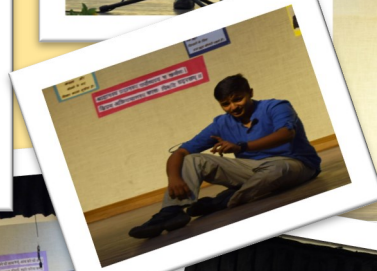
संस्कृत-हिंदी दिवस

विद्यालय के छात्रों ने 23 अगस्त 2019 को विद्यालय के सभागार में संस्कृत-हिंदी दिवस मनाया गया। इस अवसर पर मुख्य अतिथि दिल्ली विश्वविद्यालय में हिंदी विभाग में प्रोफेसर प्रो.पूरनचंद टंडन उपस्थित थे। उन के द्वारा विभिन्न विषयों पर लिखित 44 से अधिक पुस्तकें, 78 पाठ्य पुस्तकें एवं 5 शब्दकोश प्रकाशित किए गए हैं, जिनमें रचनात्मक लेखन से लेकर आलोचनात्मक लेखन, शोध-पत्र, पुस्तक समीक्षाएँ शामिल हैं। गायत्री मंत्र के गायन और दीप प्रज्ज्वलन के साथ कार्यक्रम का शुभारंभ हुआ। संस्कृत विषयक जानकारी और श्लोक गायन ने सभी को मंत्रमुग्ध कर दिया। 'माँ' पर एक हृदयस्पर्शी तथा मन को झकझोर देने वाली प्रस्तुती तथा वर्तमान में हिंदी की व्यथा को प्रकट करती कविता ने सबको भाव-विभोर कर दिया। प्राथमिक कक्षाओं के छात्रों द्वारा नटखट अंदाज में प्रस्तुत हास्य कविताओं ने दर्शकों को सम्मोहित कर दिया।



Celebrating Gandhi

संस्कृत-हिंदी दिवस



छात्रों का उत्साहवर्धन करते हुए माननीय अतिथि ने उनके प्रयासों के लिए बधाई दी और उनके सराहनीय प्रदर्शन के लिए छात्रों की प्रशंसा की। अपने संबोधन में मुख्य अतिथि ने कहा कि भाषा संस्कृति की वाहिका है और वह भारत की ऐतिहासिक धरोहर का प्रतिनिधित्व करती है। विश्व में अपनी भाषा की पहचान बनाना हम सब की सामूहिक जिम्मेदारी है। अंत में विद्यालय की वरिष्ठ संचालिका सुश्री शेफाली महोदया के द्वारा पूर्ण सहृदयता से माननीय अतिथि का, विद्यालय परिवार के सभी शिक्षकों, व विद्यार्थियों का आभार व्यक्त किया गया, जिन्होंने इस कार्यक्रम को रोचक, सरस, सफल बनाने में योगदान दिया ।



अभिव्यक्ति

मोर है आया

जब बादल पानी बरसाता
अपने रूप पर यह इतराता
सुंदर सुंदर पंख लहराता
पास जाओ तो यह सकुचाता।
देखो देखो मोर है आया
तुमक तुमक कर मोर है आया।
वन उपवन छाई हरियाली
कला दिखाता अपनी निराली
नृत्य इसका बहुत मनोहारी
राष्ट्रीय पक्षी पर सब बलिहारी
देखो देखो मोर है आया
तुमक—तुमक कर मोर है आया

काव्या शर्मा
छठी 'ब'



आज का यह पल

आज का यह पल बनाए हमारा कल,
बाद में ना निकलेगा कोई हल।
पढ़ लिखकर कुछ बनना है,
सपना पूरा करना है।
मेहनत करना अभी तो सताएगा,
पर बड़े होकर यही काम आएगा।
आज मेहनत करने का फल हम पाएंगे,
अपनी मंजिल की ओर निरंतर बढ़ते जाएंगे।
आलस तुम भूल जाओ, मेहनत की राह अपनाओ,
मेहनत की कुंजी से बंद किस्मत तुम चमकाओ।

जेना खान
छठी 'स'



ओ वीर जवान

वह वीर जवान जिन्होंने हम से बिना कुछ मांगे,
कर दी अपनी जान कुर्बान,
खून बहे, चोटें लगीं, पर ना रुके वो वीर जवान।
उन जवानों का कोई धर्म नहीं था,
सर्फ एक धर्म था, भारतीय धर्म..... भारतीय धर्म
उनका कोई परिवार नहीं,
सिर्फ है तो एक भारत परिवार,
उस भारत की रक्षा करने के लिए,
खुद मर मिटने को तैयार।
उनकी सिर्फ एक माता, भारत माता..... भारत माता
छोड़ देते हैं अपने माता-पिता, बहन-भाई, बच्चे,
और चले जाते हैं, जंग लड़ने,
हर रोज चोटें खाएँ, सब कष्ट सहे,
पर ना रुके वह वीर जवान,
उनकी कुर्बानी याद रखें सदा
सूर्य चंद्र भूगोल और खगोल ।।

अनन्या श्रीवास्तव
छठी 'स'



Celebrating Gandhi

अभिव्यक्ति



हास्य कविता टी.वी.

आदया सूरी
छठी 'स'

मैं हूँ सोनी टी.वी. जो आपका मनोरंजन करता है,
आपकी जिंदगी में तरह-तरह के नए रंग भरता है,
कभी-कभी मैं सास बहू की कहानी बन जाता हूँ,
तो कभी मैं हँसी होकर आपके मन को गुदगुदाता हूँ।
कभी-कभी मैं सुंदर गीतों का चित्रहार बन जाता हूँ
तो कभी डिस्कवरी के जरिए
आपको नए नए प्रयोग सिखाता हूँ।
कभी-कभी मैं भूतनाथ बन जाता हूँ,
तो कभी जादू बंकर, धूप का खेल सिखाता हूँ।
मैं आपकी जिंदगी का एक महत्वपूर्ण हिस्सा बन गया हूँ,
और नई टेक्नोलॉजी से अब मैं भी बहुत स्मार्ट बन गया हूँ।
पर ज्यादा देखोगे तो हो जाएगा नुकसान,
आंखें हो जाएंगी कमजोर और पढ़ाई पर ना रहेगा ध्यान।
मैं हूँ सोनी टी.वी. जो आपका मनोरंजन करता है,
आपकी जिंदगी में तरह-तरह के रंग भरता है।।



नारी

स्वस्ति गुलाटी
कक्षा-आठवीं अ

क्यों दुबक दुबक कर इन्हें चलना पड़ता है,
क्यों लड़को को देखकर हृदय को डरना पड़ता है ?
सहने पड़ते हैं इन्हें अत्याचार रोज-रोज
क्यों समझता है इन्हें समाज पुरुषों पर बोझ ?
पर सुनी है क्या कभी किसी ने इनके मन की बात ,
यह कहती हैं 'न देवी न दुर्बल नारी हूँ मैं '
अपमान मत करो नारी का, इन्हीं के दम पर जब चलता है
पुरुष जन्म लेकर आखिर इन्हीं की गोद में तो पलता है।
एक मां, पत्नी, बेटी बहन सब नारी के ही है रूप,
निपुण हैं इनका हर स्वरूप।
समझनी है बस हमें इतनी सी बात, न देवी न दुर्बल नारी है ये।
सम्मान नहीं दे सकते तो अपमान तो मत दो,
संभाल नहीं सकते तो ठोकर तो मत दो।
प्यार नहीं दे सकते तो नफरत तो मत दो।
न देवी न दुर्बल नारी है ये।

मई दिवस

कक्षा -आठवीं
(गायन संगीत विद्यार्थियों द्वारा)

सादर प्रणाम है उनको
जनका ध्येय है अथक परिश्रम
मानते अपने कर्मों को
अपना पहला ही धर्म।।
शत-शत नमन है उनको
जो करते मेहनत का काम।
पर मांगते नहीं कभी भी कोई
अपने लिए यश या मान

लाखों सलामी देते उनको
जो देते हमें यह सीख।
आलस। का बैरी बनके
परिश्रम को बनाया अपना मीत।।
श्रम को ही तुम जीवन मानो
रहो सदा श्रम के साथ
धन्यवाद करते हैं आपको।
आपके ही शान में है यह आलाप।



अनुकेश
कक्षा -२ द

सब के दुःख को अपना जानो
सब को अपना भाई मानो।
आपस में मत करो लड़ाई
लड़ने में है नहीं बड़ाई।
झूठ कभी मत बोलो भाई
सदा विजय पाती सच्चाई।

Celebrating Gandhi

चुटकुले

अध्यापक — बच्चों सिद्ध करो कि पक्षियों की नजर तेज होती है ।

बच्चा — सभी पक्षियों की नजर तेज होती है क्योंकि मैंने आज तक किसी पक्षी को चश्मा लगाते नहीं देखा ।

पिता (बेटे से) — आज तुम घर पर इतनी देर से मुर्गा क्यों बने हो ?

बेटा (पिता से) — आपने ही तो कहा था जो काम स्कूल में करके आते हो घर में आकर जरूर दोहराया करो ।

अदील

दूसरी स



जय हो भारत भूमि।

जय हो जन्मभूमि
जो भारतवर्ष है कहलाता ।
हर भारतीय की हो तुम
मंगल दायिनी माता ।

जय जय मातृभूमि ।
जहां जन्म हुए महान् विद्वान् । जय-जय कर्मभूमि ।
जहां कर्म पाती पूजन सम्मान ।।

जय उस देवभूमि की ।
जहां श्री करती स्वयं निवास ।
जय उस कृषि भूमि की ।
जहां लहराते खेत करते हैं वास ।।

नमन उस कला की भूमि को ।
उत्पन्न हुई जहां संस्कृति ।
नमन उस गतिशील राष्ट्र को
उत्कृष्ट है जिसकी प्रगति ।।

ज्योतिरंजन मोहाराणा
आठवीं 'ब'

आसमान

नीला — नीला आसमान है
नीचे सुंदर एक जहान है ।
बादल रहते इसके संग,
कितना अच्छा इसका रंग ।
पंछी ऊँची उड़ान भरें,
भला इनका भगवान करें ।
चाँद — तारों का है यह घर,
सूरज रहे लटका दिन-भर ।
इन्हे छूने का अरमान है,
नीला नीला आसमान है ।।



अदविक अग्रवाल

तीसरी अ

माँ

जब याद माँ आती है ,
आँखों में चमक आ जाती है ।
इस छोटे से शब्द से ,
जीवन में खुशी छा जाती है ।
इस नाम की है महिमा भारी,
प्यारी प्यारी है न्यारी ।
दया , प्रेम का वह है भण्डार,
देती सब कुछ अपना वार ।
फिर भी कभी न जताती एहसान ,
माँ की यही है निराली शान ।

खुश

दूसरी अ

मौसम के बदलते रंग

नवम्बर, दिसम्बर, जनवरी आया
अपने साथ सर्दियाँ लाया ।
फरवरी, मार्च, अप्रैल आया
अपने साथ बसंत लाया ।
मई, जून, जुलाई आया
अपने साथ गर्मी लाया ।
अगस्त, सितम्बर, अक्टूबर आया
अपने साथ बरसाते लाया ।
देखो जो भी महीना आया
अपने साथ खुशियाँ लाया ।।

नीलांबरी

तीसरी द

संस्कृत-लेखा:

मस्तिष्क-मंथनं

- कस्तूरी कस्मात् जायते ?
कः हन्ति करिणां (गजानां) कुलम् ?
युद्धे कातरः किम् करोति ?
मृगात् केसरी पलायते ।
- सीमन्तिनीषु का शान्ता ?
राजा कः अस्ति गुणोत्तमः ?
विद्वद्भिः का सदा वन्द्या ?
यः जानाति सः ज्ञानी ।
- वृक्षस्थितः न च पक्षिराजः ।
त्रिनेत्रधारी न च शिवः ।
जटाधारी न च सिद्धयोगी ।
जलयुक्तः न च घटः ।
जलधरः न च मेघः ।
- भोजनान्ते जनाः किं पिबन्ति ?
शिवस्य सुतः कः अस्ति ?
विष्णुपदं कथम् प्रोक्तम् ?
तक्रम् गणेशः दुर्लभम् ।

उत्तराणि :

- अंतिम-चरणे क्रमशः त्रिभिः पदैः उत्तरम् ।
- प्रथम-द्वितीय-तृतीय-चरणेषु प्रथमस्य वर्णस्य अन्तिमवर्णेन संयोगात् उत्तरम् प्राप्यते ।
- नारिकेलं ।
- अंतिम-चरणे क्रमशः त्रिभिः पदैः उत्तरम्

अंजली शर्मा
नवमी 'ड'



धर्मराज-युधिष्ठिरः

महाकाव्ये महाभारते युधिष्ठिरम् धर्मराजस्य पुत्रं मन्यते ।
सः एकः न्यायप्रियः नृपः आसीत् । सः सर्वदा सत्यमार्गे
चलित्वा कर्तव्यं च पालयति स्म । सः पाण्डवेषु श्रेष्ठः ज्येष्ठः
च आसीत् । महाभारतस्य 'यक्षधर्मप्रश्नोत्तरी' अध्याये इदं युधि
ष्ठिर-यक्ष-संवादं अस्मिन् युगे अपि सार्वकालिकं सार्वभौ-
मिकं च अस्ति ।

यक्षः उवाच-

"किंस्विद् गुरुतरं भूमेः, किंस्विदुच्चतरं च खात् ?
किंस्विद् शीघ्रतरं वातात्, किंस्विद् बहुतरं तृणात् ।।"

अर्थः -यक्ष पूछते हैं -

पृथ्वी से महान कौन है ?
आकाश से ऊँचा कौन है ?
वायु से अधिक शीघ्रगामी कौन है ?
तिनके से अधिक दुर्बल बनाने वाली कौन है ?

युधिष्ठिरः उवाच-

"माता गुरुतरा भूमेः, खात् पिता उच्चतरस्तथा ।
मनः शीघ्रतरं वातात्, चिन्ता बहुतरी तृणात् ।।"

अर्थः -युधिष्ठिर कहते हैं -

पृथ्वी से महान माता है ।
आकाश से ऊँचा पिता का स्थान है ।
वायु से अधिक वेग मन का है ।
तिनके से अधिक दुर्बल बनाने वाली चिन्ता है ।

ज्योतिरंजनः मोहाराणा
अष्टमी 'ब'



दिव्यपुरुषः विवेकानन्दः

भारते अनेके महापुरुषाः अभवन् । आधुनिकभारतस्य
निर्माणे युगपुरुषस्य विवेकानन्दस्य नाम सर्वोपरि अस्ति ।
स्वामिनः विवेकानन्दस्य नाम बाल्यकाले नरेन्द्रनाथः आसीत् ।
तस्य जन्म १८६३ तमे वर्षे जनवरीमासस्य द्वादशतिथौ
अभवत् । तस्य पितुः नाम विश्वनाथदत्तः मातुः च नाम
भुवनेश्वरी आसीत् । तस्य माता सदा वीरपुरुषाणां कथां
श्रावयन्ती तम् अपोषयत् । अतएव सः बाल्यात् एव चतुरः,
निर्भयः, सत्यनिष्ठः मेधावी च आसीत् । आध्यात्मविषये तस्य
महती रुचिः आसीत् । नरेन्द्रस्य हृदयं तु पुष्पवत् कोमलं
आसीत् । एकदा सः गृहस्य अन्तः क्रीडन् आसीत्, तदा
गृहात् बहिः कश्चन् याचकः भिक्षां याचति स्म । तस्य जीर्णानि
वस्त्राणि दृष्ट्वा नरेन्द्रः अनुक्षणं स्वस्य एकं
नूतनं वस्त्रम् तस्मै अयच्छत् ।

टीया गुप्ता
अष्टमी 'ब'



किं जीवनं, किं मरणं

अहिंसा जीवनम् अस्ति, हिंसा मरणं ।
सत्यम् जीवनम् अस्ति, असत्यं मरणं ।
ज्ञानम् जीवनम् अस्ति, अज्ञानं मरणं ।
उद्यमं जीवनम् अस्ति, आलस्यं मरणं ।
सत्संगः जीवनम् अस्ति, कुसंगः मरणं ।
कर्मशीलता जीवनम् अस्ति, कर्महीनता मरणं ।

रोहितः खरवारः
षष्ठी 'अ'



Celebrating Gandhi

संस्कृत-लेखा:

ज्ञाननीर-कुम्भः

छात्रः कः ?

१ "पुण्यस्य फलमिच्छन्ति, पुण्यं नेच्छन्ति मानवाः।
फलं पापस्य नेच्छन्ति, पापं कुर्वन्ति यत्नतः॥"

अर्थः जनाः पुण्यस्य फलम् इच्छन्ति, किन्तु पुण्यकार्याणि कर्तुम् न इच्छन्ति। पापस्य फलं न इच्छन्ति, किन्तु प्रयत्नेन पापकार्याणि कुर्वन्ति।

२. "अन्नात् भवन्ति भूतानि, पर्जन्यात् अन्नसम्भवः।
यज्ञात् भवति पर्जन्यो, यज्ञः कर्मसमुद्भवः॥"

अर्थः सर्वे अपि जीवाः अन्नस्य कारणेन जीवन्ति। अन्नं तु वृष्टिकारणेन भवति। यज्ञः, दानं सत्कार्याणि एव वृष्टेः उत्पादने कारणानि।

३. "गन्धेन हीनं सुमनं न शोभते, दन्तैर्विहीनं वदनं न भाति।
सत्येन हीनं वचनं न दीप्यते, पुण्येन हीनः पुरुषो जघन्यः॥"

अर्थः गन्धः नास्ति चेत् पुष्पस्य शोभा नास्ति। दन्तैः विना मुखस्य शोभा न अस्ति। सत्ययुक्तता नास्ति चेत् वचनस्य शोभा नास्ति। यः पुण्यसम्पादनं न करोति तस्यापि शोभा नास्ति।

४. "विना शीलेन वनिता, वाग्मिता विद्यया विना।
विनयेन विना वित्तं, मास्तु कस्यापि देहिनः॥"

अर्थः शीलेन विना नारी न शोभते। विद्यया विना वक्तृत्वं न शोभते। विनयेन विना सम्पत्तिः न शोभते। अतः शीलविहीना स्त्री, विद्याविहीना वक्तृता, विनयविहीनं धनं न कस्यापि जनस्य न भवतु।

आदितिः मुस्कानः
नवमी 'ड'



छात्रः कः ? इदं प्रश्नं सार्वकालिकं सार्वभौमिकं च अस्ति। सर्वे मानवाः सदैव अस्य उत्तरं ज्ञातुम् इच्छन्ति। छात्रः केवलं बालकः एव न अस्ति अपितु यः मानवः किञ्चित् ज्ञानम् प्राप्तुम् इच्छति सः एव छात्रः अस्ति। अत्र आयोः प्रश्नं कुत्रापि न आगच्छति। यः अधिगमस्य लिप्सां धारयति, आलस्यं त्यक्त्वा ज्ञानार्जनाय समय-नियोजनं करोति, सः एव छात्रः अस्ति। यः एकाग्रचित्तं भूत्वा दिनचर्यानुसारेण स्वकार्याणि समये करोति, सः एव छात्रः अस्ति।

छात्रस्य पंच लक्षणाः सन्ति-

"काक चेष्टा, बको ध्यानं,
श्वान निद्रा तथैव च।
अल्पहारी गृहत्यागी,
विद्यार्थी पंच लक्षणं॥"

ज्ञानार्जने मानवस्य रुचिः स्वाभाविकी भवति। यदि सः प्रसन्नमनसा पठति, तर्हि ज्ञानं प्राप्तुम् शक्नोति। अतः प्रत्येकं मानवः ज्ञानपिपासितः अस्ति, सः जन्मतः मृत्युपर्यन्तं छात्रः एव भवति।

हृदया जैनः
अष्टमी 'स'



पुष्पोत्सवः- 'सैर-ए-गुलफरोशां'

अस्माकं भारतदेशः कृषिप्रधानः उत्सवप्रियः च देशः अस्ति। अत्र सम्पूर्णवर्षं ऋत्वनुसारेण, धर्मानुसारेण प्रधानुसारेण च अनेके उत्सवाः समायान्ति। एतेषु उत्सवेषु एकः पुष्पोत्सवः अपि अस्ति। अयम् उत्सवः 'फूलवालों की सैर' इति नाम्ना प्रसिद्धः अस्ति। दिल्लीनगरे कुतुबमीनारस्य समीपे 'मिहिरावली' क्षेत्रे सितम्बर-अक्टूबर-मासे अस्य आयोजनं भवति। अस्य प्रमुखं आकर्षणं पुष्पनिर्मितानि व्यजनानि भवन्ति। जनाः एतानि पुष्पव्यजनानि 'योगमाया' मन्दिरे 'हजरत ख्वाजा कुतुबुद्दीन बख्तियारकाकी' इत्यस्य समाधिस्थले च अर्पयन्ति। अयम् उत्सवः दिवसत्रयं यावत् सोल्लासं सोत्साहं च प्रचलति। अस्मिन् अवसरे सांस्कृतिक-कार्यक्रमस्य आयोजनं अपि भवति। अयम् उत्सवः हिन्दू-मुस्लिम-एकतायाः सौहार्दभावनायाः च प्रतीकः अस्ति।

आदित्यः गौतमः
षष्ठी 'अ'



व्यायामः - स्वस्थजीवनसोपानं

संसारे यस्य शरीरं स्वस्थं तस्य जीवनं सुन्दरम् भवति। भ्रमण-धावन-क्रीडनादिभिः शरीरम् श्रान्तकरणम् 'व्यायामः' कथ्यते। व्यायामः नित्यं करणीयः। अस्य नित्यानुष्ठानेन रोगाः न उद्भवन्ति गात्राणि च पुष्टानि भवन्ति। शरीरे रक्तसंचारं द्रुतम् भवति। स्वस्थ-शरीरे एव स्वस्थ-मस्तिष्कं निवसति। स्वस्थः जनः एव सुयोग्यः नागरिकः भवति। रुग्णः जनः किमपि कार्यं कर्तुं समर्थः न भवति। स्वस्थः नागरिकः एव देशसेवाम् कर्तुम् शक्नोति। व्यायामात् जीवनं आनन्ददायकं भवति, स्वास्थ्यं दीर्घायुष्यं बलं सुखं च अपि लभते। अतएव महाकवि-कालिदासेन उक्तम्

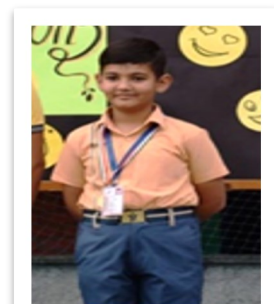
- 'शरीरमाद्यं खलु धर्मसाधनम्'

जिज्ञासा वलेचा
अष्टमी 'ब'



Celebrating Gandhi

Participate, Compete, Win, Repeat



Insha Rahman of Class IX bagged the 1st position in Trash Rehased, Isha Kaushik and Kanak Gusain of Class XII bagged the 1st position in Collage Creation, Aarush Agarwal and Dishika Singhal of Class X secured the 1st position in Hocus Pocus and Aryaman Neb of Class V secured the 1st position in Sudoku, at the Air Force School, Subroto Park.



Aum Lenka and Arnav Jain bagged the 1st prize in Anveshan and Mathemania, held at Gyan Bharti School, Saket.



In the Annual Inter-School Competition, Expressions held at Air Force Bal Bharti Public School, Lodhi Road our students did us proud by bringing home the Rolling Trophy



Chirag Garg of Class X received a merit certificate for his outstanding performance in the All India Inter- School Maths Talent Test organized by Manav Sthali School.



In the Comp D' Affairs Festival held at Kumar Mangalam School, Samarth Rungta of Class IX and Rishi Bihani of Class VIII bagged the first position in A/V Editing.



The school lifts the Runners-Up Trophy at the Itihaas Festival held at IGNCA, Janpath



Anish Roy Choudhary of Class VI, Etisha Verma of Class VII, Kaveri of Class VIII and Anushka Panda of Class IX, Tooba Rahman of Class X, Aryan Sharma of Class XI bagged the 1st position in the inter – school Rangometry and Model Making competition held at Delhi Police Public School, Safdarjung Enclave.



Aarush Agarwal and Lakshita Khurana of Class X bagged the 1st prize in the Inter-School News Reporting Competition, held at Mayo School, Noida.



Shivika Gusain of Class VII received a cash prize of ₹4000/- for making a short movie entitled, One Meal a Day.



Akshat Arora of Class VI received the Outstanding Performance Award in the Daily Quiz, Mindwars.



Gurleen Kaur of Class VI and Nitya Chhabra of Class V secured the 1st position and the Achievement Award in the Ixpress Newsome Awesome Competition.



Areeba Suhail, Satwik Prashar and Sahana Chakraborty of Class VIII bagged the 1st position in the inter-school Lime in Rhyme and Lyrical Canvas competitions, respectively, held at Delhi Public School, RK Puram.



Momina Meraj of Class XI, Shagun Gupta and Ayesha Aslam of Class X were declared Outstanding Speakers at at Ramjas School, Pusa Road in the inter -school English Declamation and Hindi Debate, respectively





Sanya Malkotia, Kaashvi Bagdwal and Bhumika Saxena of Class XI, received the Outstanding Achievement Certificate in the Best Out of Waste competition organized by the Ministry of Environment, Forest and Climate Change.



Mridul Shivam Tiwari of Class 1 and Aditya Tiwari of Class 8 participated in Jubilation, an inter-school competition and achieved the Star Performance Award at the Kamani Auditorium.



Sindhushree Choudhary, Class X and Sanya Malkotia of Class XI, declared as the TGelf Youth Leader National Finalists.



Isha Kaushik, Kanak Gusain, Mehak Abeerah, Sejal Pradhan of Class XII and Aarush Aggarwal of Class XI, declared as the TGelf Youth Entrepreneurship National Finalists.



Anuj Garg of Class VII, Rishi Bihani of Class VIII, Dhruv Singhal and Praveet Sinha of Class XI bagged the first position for Roboton, at Vigyantram, a National Level Championship, held at IIT, Mumbai.



Sarayu, Dakshita Bharti and Anish Roy Choudhury of Class VI, Riddhima Chawla and Mohammad Aleem Baba of Class VII and Aarnav Mudgal of Class VIII bagged the second position for Pillbot at Vigyantram, a National Level Championship, held at IIT, Mumbai.



International recognition for movies shot by our students, Baneet Pukhrambam, Chirag Garg, Lakshika Khurana, Harsh Khanna of Class XI and Khushpreet Singh of Class XII.



Ayman Raza and Adeeb Shah of Class IX bagged the first position in the inter-school Art Calligraphy and Illustration competition.



In the Indian School Cultural Festival, Malhaar, held at The Indian School, our students brought home the Rolling Trophy.



The school lifted the Second Runners-Up Trophy at SAE AWIM, 2019.

ZONAL : CULTURAL INTER-SCHOOL COMPETITIONS



- ◆ First position in Solo Singing Classical Music Junior and Senior
- ◆ First position in Solo Song Classical, Senior
- ◆ First position in Instrumental Music, Junior, Girls
- ◆ First position in Orchestra and Band
- ◆ First position in Nukkad Natak.
- ◆ First position in English Poetry Recitation, Senior
- ◆ Second position in Paper Mache, Junior, Boys
- ◆ Second position in Science Exhibition
- ◆ Third position in Instrumental Music Senior, Boys
- ◆ Third position in Solo Dance, Senior. Girls
- ◆ Third position in Group Dance, Folk
- ◆ Third position in Art and Craft, Junior. Boys
- ◆ Third position in Paper Mache, Junior. Girls
- ◆ Third position in Collage Senior Girls
- ◆ Third position in Mono Acting, Senior. Boys
- ◆ Third position in Hindi Poetry Recitation, Senior



Celebrating Gandhi

Investiture Ceremony

“Leadership at one time meant muscles; but today it means getting along with people.”

Mahatma Gandhi

Students of today are the visionaries and torch bearers of tomorrow. When we develop personality, skill and mind, we develop responsible human beings with leadership qualities.

The Investiture Ceremony is one of the most defining moments of the school where the newly elected members of the school's senate are officially invested with their powers and position. The ceremony was organised in the school on 14 August 2019, to coincide with the Independence Day celebrations. The student council was sworn in at a solemn occasion where they were initiated to don the mantle of leadership and discharge the responsibilities entrusted upon them, by the school.

Ms. Harleen Kaur Parmar, District Magistrate, South - East Delhi, administered the oath of office to the elected office bearers. They took a pledge to abide by the rules of the school and swore to preserve the decorum of the institution and perform their responsibilities, impartially.

In her address, Ms. Parmar inspired the members to be committed towards important issues and be ready to serve their cause with integrity. She also emphasised on the importance of the motto- 'Service Before Self' and reminded them that as torch bearers of the school, they must strive to imbibe the values that the school stands for. They must take up their responsibilities with commitment and integrity and perform them conscientiously.



Celebrating Gandhi

LEADERSHIP CAMP

"The history of the world is full of men who rose to leadership, by sheer force of self-confidence, bravery and tenacity."

Mahatma Gandhi



Leadership camps are unquestionably a remarkable experience for all members of the student council. Packed with delight and frolic, these camps teach the young leaders various lessons for life.

A day long leadership camp was organized at Camp Tickling, Gurugram for the members of the school cabinet. The camp was organized to help students learn, recognize and monitor their own motivation and values, as well as, accept and leverage their uniqueness. During the camp, young leaders participated with full zest and enthusiasm in a range of enjoyable and challenging activities and an engaging leadership talk. The programme prepared students to adopt empowering beliefs needed towards being successful, emphatic and confident leaders.

Celebrating Gandhi

Media Literacy Camp

The Media Literacy Camp was a significant event, hosted by the school in partnership with **Chinh India**, in May, this year. A total of 12 teams from different schools of Delhi NCR, participated in the competition, which had a strong learning component to it. With the school as the canvass and the school property as resources, the students came up with brilliant movies that conveyed meaningful messages. These movies were screened and judged by the students themselves.



In the inaugural ceremony, Ms. Meenakshi and Mr. Vinay Rai, the celebrated film maker couple, stressed on the need of conveying opinions and sentiments on issues close to one's heart. They also acquainted the students with the finer nuances and techniques of film making. The three day event saw great camaraderie among the students of the participating schools. Ideas were conceived and discussed with the experts from Chinh India. They were scripted and executed through filming and editing by the participating students. The school campus reverberated with hectic activity- the buzz permeated every corner of the school.



The film, 'Pata Nahi' by Lotus Valley School, Gurugram and 'Seh Raha Hun Main' by the Delhi Public School, Gurugram won the Best Jury Award. The movies made by the students during the camp, earned them the following laurels:

- Winners at *Peace In The Street Global Film Festival*, UN, New York
- Winners at *Plural + film festival*, New York
- Winners at *McGuffin Film Festival*, Moscow, Russia
- Shortlisted for *Duemila 30 – International Short Film Festival*, in Milan, Italy
- Selected in *International Public Advertisement Festival* of Seoul
- Selected in *Enimation Film Festival*, Slovenia

Pride of TIS

Class of 2019-2020



XII A



XII B



XII C



Celebrating Gandhi



ANNUAL SPORTS MEET

(JUNIOR)

"Strength does not come from physical capacity. It comes from an indomitable will."

Mahatma Gandhi

The little champs of the junior school displayed their indomitable will to compete with each other and excel during the athletic meet on 24 October 2019. Shaurya Pandit of Class V, a budding cricketer of the school, was the torch bearer. He lit the cauldron to declare the meet open. The Chief Guests for the event were the para athletes and Arjuna Award recipients, Mr. Ankur Dham and Mr. Ram Karan Singh.

The children mesmerized the audience with their pulsating movements in aerobics, yoga, taekwondo, gymnastics and rope skipping. Children also participated in the flat, fun and relay races but the cynosure of the show was the race for the grandparents which accentuated the spirits of the audience and students.



Celebrating Gandhi

ANNUAL SPORTS MEET (SENIOR)

Gandhi once said, "It is health that is real wealth and not pieces of gold and silver." Keeping this philosophy of the Father of the Nation in mind, the school organised its athletic meet for the senior school on 11 December 2019 with great enthusiasm and zest. The event witnessed a huge turn up of an appreciative audience of students, teachers and staff members. The students of the four houses marched confidently in their bold-hued outfits and pledged to uphold the spirit of true sportsmanship. The meet was declared open by the Chief Guest, Padma Shri and Arjuna Awardee, Mr. Zafar Iqbal, the Gentleman of Hockey.

The athletes from the four houses exceeded the expectations of all as they sprinted their way through in various track and field events. They portrayed immense strength, stamina and the will to succeed. Students, along with teachers cheered for the athletes of their houses. The teachers and support staff of the school also participated in the flat race. The main attraction of the day was the tug-of-war between the students of classes XI and XII. The event came to a close with the winners being awarded with medals amid loud cheers.



Celebrating Gandhi

Student Council

Our Leaders of Tomorrow



POST	NAME	POST	NAME
PRESIDENT	ANGELA ARORA APURV DEV KAUSHIK	VICE PRESIDENT	ISHITA NAMJOSHI SANYA MALKOTIA
CULTURAL CAPTAIN	MADIHA REYAZ PRIYANSHI CHAWRASIYA	VICE CULTURAL CAPTAIN	ARNAV KHANNA AROMA MATHEWS
STUDENT MODERATOR	ROHIT KUMAR SREESHA SURESH	VICE STUDENT MODERATOR	AYEESHA KHAN KAASHVI BAGDWAL
SPORTS CAPTAIN	DEEPANSHI TANEJA	VICE SPORTS CAPTAIN	AKSHAT JOON BHAVYA CHHABRA
EKTA HOUSE CAPTAIN	ASHWEEN KAUR MALHOTRA	EKTA HOUSE VICE CAPTAIN	SAKSHAM BHAGAT
EKTA HOUSE PREFECT	CHETAS SURI SEJAL JUNEJA	EKTA HOUSE ASST PREFECT	AAYUSHI GULATI DEVISHI SHAH
PRAGATI HOUSE CAPTAIN	VANDIT BATHLA	PRAGATI HOUSE VICE CAPTAIN	PRANAV GOEL
PRAGATI HOUSE PREFECT	JASMINE JETLY PRATHANA DHAWAN	PRAGATI HOUSE ASST PREFECT	DIYA HALDER HANSIKA TUTEJA
SHAKTI HOUSE CAPTAIN	ARNAV SHARMA	SHAKTI HOUSE VICE CAPTAIN	REANA SINGH
SHAKTI HOUSE PREFECT	DIPANSHU ARORA MEHUL PANWAR	SHAKTI HOUSE ASST PREFECT	MANJOT SINGH SAINI SHARAN MATHARU
SHANTI HOUSE CAPTAIN	VANSHITA CHAKRABORTY	SHANTI HOUSE VICE CAPTAIN	RASHI MASKARA
SHANTI HOUSE PREFECT	OMISHA NEGI SUDIPTO BHATTACHARYA	SHANTI HOUSE ASST PREFECT	DHRUV SHARMA PRACHI MUKHIJA

Celebrating Gandhi

TAGFEST-2019

An Inter - School Art, Oratory and Technology Festival

The premier edition of TAGFEST-2019, the Annual Inter-School Art, Oratory and Technology Festival, designed for the primary wing, was hosted by the school on 18 October 2019. Several eminent schools of Delhi, NCR participated in the myriad of events that helped in bringing forth the creativity and skills in the children.



Celebrating Gandhi

TAGFEST-2019

The fest commenced by paying a tribute to Mahatma Gandhi to commemorate the yearlong celebration of his 150th birth anniversary. Skills in competitions as creative as *Bringing Life to Shapes*, to something as challenging as *Tickle me Kodu* were exhibited by the participants. The oratory events in English and Hindi, *I Speak* and *Ek Nayi Soch*, evinced the literary potential while *Whose Act is it Anyway*, nurtured their originality in thought and stage presence.

A distinguished panel of judges shared their valuable insights with the participants and applauded their artistic flair, originality and novelty. Delhi Public School International, Saket, put their best foot forward and performed with exceptional talent to bag the 'Best School Trophy'.



Celebrating Gandhi

EXPRESSIONS



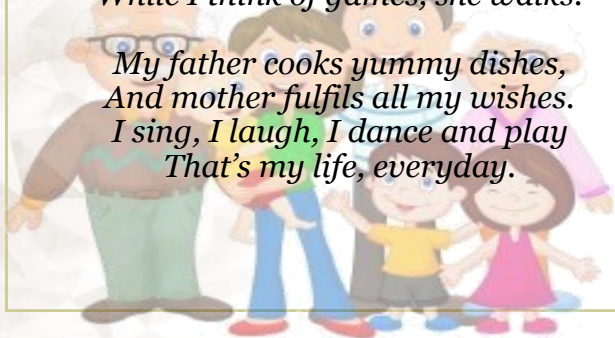
Krishiv Chand Joshi
III D

My Family

*My family is my life,
Mom and dad are very nice.
They love me and care for me,
Don't ever take them away from me.*

*My Grandpa is a jolly man,
Tells me as many tales as he can.
My Grandma sits and talks,
While I think of games, she walks.*

*My father cooks yummy dishes,
And mother fulfils all my wishes.
I sing, I laugh, I dance and play
That's my life, everyday.*



Aashni Chugh
III D

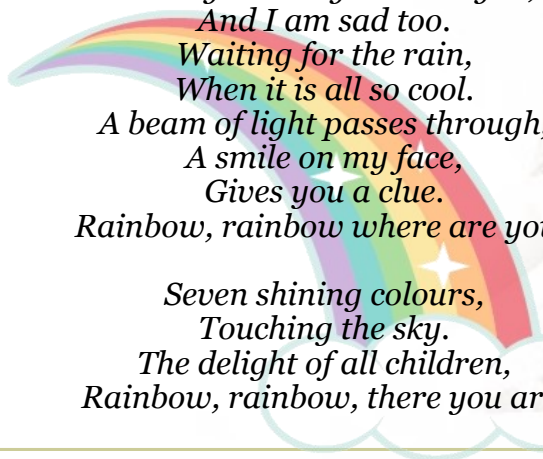
Rainbow

*Rainbow, rainbow, you are so far.
I always wonder, where you are.*

*Hidden behind some mighty cloud,
Or dancing in the crowd,
I always wonder, where you are.
The sky is lonely without you,
And I am sad too.*

*Waiting for the rain,
When it is all so cool.
A beam of light passes through,
A smile on my face,
Gives you a clue.
Rainbow, rainbow where are you?*

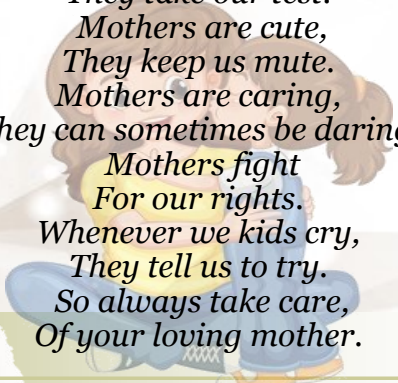
*Seven shining colours,
Touching the sky.
The delight of all children,
Rainbow, rainbow, there you are.*



Saisha Panigrahi
IV B

Loving Mothers

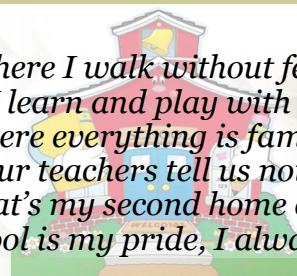
*Mothers are the best,
They take our test.
Mothers are cute,
They keep us mute.
Mothers are caring,
They can sometimes be daring.
Mothers fight
For our rights.
Whenever we kids cry,
They tell us to try.
So always take care,
Of your loving mother.*



Rashi Singhal
III C

My School, My Pride

*Where I walk without fears,
Where I learn and play with my peers,
Where everything is familiar,
Where our teachers tell us not to swear.
That's my second home dear,
My school is my pride, I always cheer.*



EXPRESSIONS



Manha Suleman
VA

I am a Water Saviour

“Water water everywhere, not a drop to drink!”

This famous line from Coleridge’s poem, *The Rime of the Ancient Mariner* is soon going to hold true for all of us very soon. The earth’s surface is covered with 71% water. However, only a small percentage, about 0.3 % is usable by humans. Water is the most misused natural resource and its level is decreasing day by day.

Water is used for bathing, cooking, drinking, washing, agricultural and industrial purposes. But, people throw garbage in oceans, seas, rivers, lakes, and ponds which makes the water bodies dirty. People also waste it in numerous other ways.

I am a water saviour. My purpose in life is to save water, not to waste even a single drop and also let others not waste it.

When I brush my teeth, I don't leave the tap open. I also tell my family members to save water. I don't use my toilet like a wastebasket because with every wrapper that you flush down, you flush away 5 to 7 gallons of water. I don't play with hose and sprinklers. I use a water-saving shower for bathing. Even my domestic help has become a water saviour because I keep reminding her to save water and not to misuse it. I also collect the water that leaks from my air conditioner in a bucket and use it for gardening purposes.

I also do rain harvesting with my mother. When my mother washes vegetables, I tell her to water the plants with it instead of draining it into the sink. I also collect leaking water from faucets and roofs in a large container. I have involved all my friends in my water-saving campaign and together we have pledged to spread awareness amongst the people as the majority of our population doesn't know how precious water is for all of us.

Finally, I would like to reiterate the fact that one should always save water whether it is a single drop or a good amount. God has given us a precious gift and we should use it judiciously.

EXPRESSIONS



Mishka Khurana
VI C

Obesity in Adolescents

In today's world obesity in adolescents has become a very common problem. One of the major reasons for this is the consumption of fast food. Fast food has become very popular among today's generation. It is cheap and readily available in markets. For instance, Maggi is advertised to be cooked in two minutes. Children like its taste and fail to understand the importance of nutritious food.

Lack of exercise is also one of the reasons of obesity. The teenagers spend most of their time on mobiles and other gadgets. This leads to a lack of enthusiasm and laziness in adolescents. Because of the sedentary life, adolescents are suffering from breathing problems, heart problems, and other obesity-related disorders. They are often judged by their weight.

We need to overcome this problem soon as it is getting serious. Adolescents should realize the importance of a proper and nutritious diet. They should have fast food occasionally. They should exercise daily and eat a healthy diet. Fast food should be banned in school canteens and instead of cold drinks, fruit juices should be sold. Thus, such measures can reduce obesity in adolescents.



Kanzah Fatima
VI C

Mahatma Gandhi

He was called Mohan
By his mother affectionately,
And Mahatma Gandhi
by all the Indian citizens.

He was called Bapu
By Pandit Nehru,
Father of the Nation By Netaji Subhash Chandra Bose.

With nothing but Satyagraha and
Non- violence as his weapons,
He fought the Englishmen
And helped us gain freedom.

He believed in equality
And never discriminated.
He won everyone's heart
With his honesty.



EXPRESSIONS



Kritika Gupta
VII D

Music: An expression of life

Music is a pleasure of life
And whosoever excels in it
Finds a treasure in one's life.
Music takes everyone in a world of their own
It may be accompanied by an instrument
or a solemn voice
It is a spirit of togetherness and comfort
It is a world of expression which has an everlasting
and fearless voice
It symbolizes exaltation, peace and harmony
It is a world of imagination and creativity
Which portrays every aspect of life
in a very beautiful way
And it can be felt and enjoyed in every phase of life
Music is a feeling of calmness and joyfulness
Music is the melody of exotic sounds
and vibrant lyrics



**Krishiv Chand
Joshi III D**

The Freedom I Knew

Let me fly high once,
I will touch the skies.
Let me use this precious chance
To see above, what lies.
Hope and success are in our minds
But are like caged birds,
Some don't get freedom
And have no words.
When will no one rule
But live together to shine,
And get equal respect
To make things more than fine.
Let me walk alone once
I will remove slavery,
Let me use this precious chance
To find a way towards bravery.
Run away all the fears
When united we stand,
After a big flight
On feet we land.
Let me live my life alone
I will find something new,
Let me use this precious chance
To find the freedom I once knew.

EXPRESSIONS



Abhishek Pandey
IX A

Life is Beautiful



People think life is fearful,
But actually it is cheerful.
Life is very rare,
So give it all your care.

Life has an unseen face.
But, we see it as one long race.
A race in which time runs with us,
But it surely comes first.

Life cannot be earned or bought.
Neither can it be stolen or sought.
Better to have a short but healthy life,
For, a long and unfit life is like a blunt knife.

Life has many ups and downs,
In which only our courage counts.
So, only for material pleasures, let's not run,
Let's live our lives truly and have some fun.



Baneet Pukhrambam
X-C

A Peculiar Thought

Somedays I have a peculiar thought
If I'd been a thief, I would surely get caught

And then I think of all the ways
I could have thrown my life away
But after a while, it strikes my mind
I remember all the things I left behind

In my past I dwell too much
Though it isn't too bad as such
I would like to be free, however
And forget this anxiety altogether
As I begin to clearly fathom
It didn't matter to Eve and Adam
Why they were made to exist
They desired food and shelter, that's it!
So now that I ignore this peculiar notion
I set my life back in motion
Clear my mind, sit at home
Drink some tea and conclude this poem.



Aayushi
X-A

UNITED WE STAND, DIVIDED WE FALL

The land we belong to, India, is an amalgamation of various cultures, languages and religions. This diversity is the identity of our nation. The national anthem we sing with pride is just a narration of the multicultural pluralistic society we belong to. We have always displayed our unity with pride and zeal. And today, if we are one of the major democratic powers in the world, it is only because of our unity. Unity is the key to success. If we stand alone, we won't be able to handle the difficult situations or problems and we might fall weak. But if we are united, no one can break us. If we are united, we will have the courage to balance ourselves during tough times. Unity is equivalent to strength. If diverse people come together with their different qualities and stand together then our enemy will be powerless before us.

Let us not divide ourselves into factions that may destroy our union upon which our existence stands. For it is this unity in our heterogeneous society and the mélange of cultural ethos that paint our nation in its true colours and make us – what the world knows – India.

EXPRESSIONS

Together We Can

Annika Chakraborty
VII A



There was an anthropologist who had been studying the habits and culture of an African tribe inhabiting in a remote African village for quite some time. The day before he was to return home, he put together a gift basket with delicious fruits and placed it under a tree. Then he gathered the children of the village. The man drew a line on the ground and told the children to run a race. He announced that the fruit basket was the prize for the winner. To his surprise, they all held each other's hands and ran at once to the tree. Thereafter, they sat around the basket and enjoyed the treat together.

The anthropologist was amazed. He asked why did they go together when one of them could have won all the fruits. A young girl answered, "How can one be happy if all the others are sad?"

The girl's thought process can be related to the word 'Ubuntu', which means, 'I am because we are'. This six-letter word can be a community's biggest strength.

In today's world, we all are focused on our own goals and missions. Some are aiming to gain muscles while others are busy losing weight. Regardless of one's objectives in life, standing together as a whole not only gives each other power, it also improves mental health. Moreover, research has proved that disunity can lead to unhappiness whereas unification results in peace.

Sharing experiences with people or working in unison helps in achieving goals faster.

Adina Sethi
IX-A



Gift of God

I woke up in the morning.
Yawning, I came out of my bed.
Then I saw my brother snoring,
I wondered what a good life he had.
He was small, irritating and boring,
But was still the love of my mom and dad.
When my friend came to my house,
I thought life finally had some spark.
While my brother was enjoying in the play house,
I took my friend to the park.
But when I came back, I couldn't find my brother.
In tension and desperation, I cried.
My friend and I tried to find him together,
How could he disappear before my eyes?
We tried to find him going from one house to another
And then I saw him playing with Tin,
My one and only brother!
That is when I got to know how much I loved
My darling, irritating brother.

Ailina Khan
X-C



Nature's Gifts

Sky is the highlight of Nature
Earth is the gift of Nature
Sun is the crown of Nature
Moon is the boon of Nature
Stars are the wonders of Nature
Rainbow is the colour of Nature
Clouds are the thoughts of Nature
Mountains are the foundation of Nature
Rivers are the glitters of Nature
Trees are the beauties of Nature
Butterflies are the dazzle of Nature
Flowers are the treasure of Nature
Birds are the marvels of Nature
Animals are the jewels of Nature
Days and nights are the secrets of Nature
Winter is the coldness of Nature
Summer is the heater of Nature
Monsoon is the rapture of Nature
Spring is the blessing of Nature
Autumn is the enthrallment of Nature.

EXPRESSIONS



**Jini Pukhramban & Rifat
Hashmi VII C**

The Mystery of Life

I wish I was not in this state
I have so much to say,
But I am afraid
Losing friends ,losing hope
I am terrified ,I will lose them both.
I know life is not perfect
But can it at least be worth it?
I am so confused
I feel like I am lost
Can this change or not?
Creating problems,
I believe it's harder to solve them.
Trusting people ,is it the best choice?
Some stay, some walk away,
At a point of time you want to do the same.
To strike a deal of reaching the unimaginable
highs
Is it wrong to aim for the skies?
We forget the feeling of peace as the days pass
by,
Life is a puzzle,
We don't know why?



**Divjot Kaur Mavi
VIII A**

Reality

dream
reality

At this moment, I know, one thing for sure,
We all dream, dreams that are pure.
We step in that land each day and night,
Where the sun scatters its bright light.
Do we know where we actually are?
Time slips away hour by hour.
We all agree that dreams are better,
Fantasy world and feel free letters,
But always, we have to come back,
Else, we fall behind on the track.
For some of us the return journey is really hard,
While others open it like a birthday card.
There are some things we can't change.
Sometimes the storm has to rage
But remember God isn't partial
'Cause He knows what is a dream and what is
real.



EXPRESSIONS

Those 12 signs

Ambitious ,disciplined and organized, I am a Capricorn!
We are the ultimate worker bees, in January we are born.
February is the month of love, hence Aquarians are loving and creative.

They are independent, analytical and assertive.

Pisceans are artistic, compassionate and social.

In March they are born, a water sign, hence very gentle.

Along with April come the Arians, they are never

dependent- always independent,

Very modern, reliant and confident.

Practical, stoic, determined, ruled by the planet Venus,

This zodiac sign is called Taurus.

Geminis are enthusiastic, clever and charming

They can make anyone laugh out loud at almost everything.

Cancerians are born in June, emotional range of a teaspoon,

They are imaginative and helpful, their friendship is a boon.

Leo, the lions are affectionate, warm and cheerful,

They bring joy to others lives, are very dignified and playful.

Virgos are born in September, sweet and hardworking,

You can trust them with almost everything.

Libras have a taste for fashion, are elegant and diplomatic,

Born in October, they dreamily float in a world of magic.

Scorpions, are the chosen ones of all the 12 signs,

Bold and career-oriented they are. Look! It rhymes....

Last but surely not the least is a Sagittarian, always chilled out and never up for tension,

A great characteristic! Just to mention!



Anusha Siddiqui
VIII C

The Garden Of Love, Revisited

I went to the garden of love,

And saw the beasts had made a scene:

An awful armoury had been built,

Where I used to play on the green.

Deep and dark, the core was with a note,

"Thou art secure.", writ over the door;

Yet I visualize a garden of dreams,

That had so many memories in store.

No child with sticks or a bat or a ball,

No Sundays, fun-days, bliss or anything at all,

No boundaries, sixes, out and caught.

Just chaos, misrule, no laugh, no art.



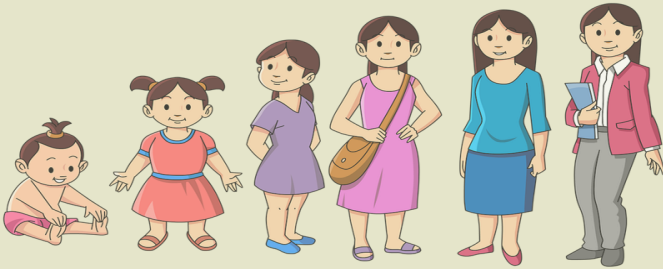
Khushi Bhardwaj
VIII B

EXPRESSIONS



Srishti Karkara
VIII C

Growing Up



From a kid, we become a teen,
We realise that the world can be really mean.
We understand the hard truth of life,
That to be happy we have to strive.
Adulthood is the worst of all,
Where we usually fail and fall.

Money and success become our goals,
Jealousy and anguish fill our souls.
We sadly complain about growing up,
'Cause the days we spent weren't just enough!
While growing up we must not forget the basic
purpose of life,
That we must attract positivity till the end of our
lives.

We should again be like a child,
So very innocent and so very kind.
We should forget all our worries,
And press rewind!
We must cherish the memories we wove,
And preserve them in our hearts,
So that they just can't leave the Memory Grove.



Rayma Wadhwa
X D

The Ideal Village

Where no man is illiterate
Where khadi class each body
Where unknown is hatred
That is where would be,
Gandhiji's ideal village

Oh! Here goes the truck
The oil dripping and wheat grains falling out
None of them by sheer luck
All determination and hard work
In Gandhiji's ideal village

Fixed places for evacuation
Clean roads, clean wells
Oh! And, of course, untouchability's absence
Where nobody is without work
That is where would blossom his ideal village.

Self- manufactured jaggery
The largest possible number of industries
And dear me! Everyone gets a respectable salary!
Free from quarrels and theft
And peace resides in Gandhiji's ideal village.

A happy world
Where people don't fight for a dime
With no trace of jealousy or crime
Where kindness is what matters
My dearest, is it even possible?

Is it possible for such a village to exist?
Where education is available for all
And nothing hidden beneath the mist
Where all live together, without any wall
And fulfil each other's necessities

He believed that the day would come
With harmony and love in households
And justice will prevail
In Gandhiji's ideal village.

EXPRESSIONS

Fighting Climate Change

Samarth Rungta
IX-D



"We shall need a substantially new way of thinking if humanity is to survive." This quote by Albert Einstein addresses the severe issue of 'Climate Change' in the modern world. Climate change is not just the change in the climatic patterns of a region or a country, but it is more than that. Climate change is a threat to humanity and all the other living forms.

The damage done by human beings is alarming and can't be undone, but we can take some steps to reduce the effect of climate change. Every little step counts and every little effect can make a huge difference. If each and every person plants a tree each day for a week, there will be fifty billion new trees in just seven days. Isn't it absolutely amazing? There is a hope that we can restore balance in the world. Growing seaweed farms in the ocean is easy and will provide us with biofuels in bulk while providing nitrogen in the ocean for the aquatic plants and oxygen for the aquatic animals. Using solar energy and electronic transportation for commuting will help us reduce carbon footprints at a phenomenal level. All these small steps will save twenty million tonnes of fuel per year and will reduce the effect of the climate change. Spreading awareness and acknowledging the problem will help us find better solutions and when seven billion people devote themselves to one cause, nothing is impossible. Let's ask ourselves if we are ready to give up on our luxuries and are ready to fight back and improve.



Kanisha Nanda
X-C

Fathomless

Stare.
Far beyond the end
And you'll find me never
Never in a year of million dreams
Enigma, floods in my veins
Like the restless waves of a sea
Slipping past the coast
I am a mystery unveiled
Subtle but intense
An open book
Like the devil is in a detail
Dim about it?
You may put it back
I am esoteric, yeah
But addictive as well
If once you read me,
Here's where you'll dwell.

Near End

Meet me where the end begins
Under the shade of cedars
Where sunlight pours in
Through the canopy of the murky
woodland
Where haze surrounds
And even the rain doesn't cease
Where shades change
From the hour of alpenglow to nightfall
Where we stand holding hands
Cherishing memories
Sipping thoughts.....

Teachers Unwired



“A teacher who establishes rapport with the taught, becomes one with them, learns more from them than he teaches them.”

M.K. Gandhi



Teachers' Day, an occasion that the teachers and students look forward to, was celebrated with great enthusiasm and spirit. The school reverberated with excitement as the students greeted their mentors. A cultural programme put up by the students of the senior school was organised and the rendition of, 'You Raise Me Up' left the gathering of teachers enthralled. A drama depicting the teachers' influence on the life of the students left everyone spellbound. The students of Class XII stepped into the shoes of their favourite teachers and discharged their responsibilities for the day.

Ms. Priya Aggarwal, Ms. Neha Pandit, Ms. Gurpreet Kaur and Mr. Anirudh Choudhary were adjudged the 'best dressed teachers' of the day. The fun-filled day ended with a sumptuous lunch laid out for the teachers, which indeed was a time for camaraderie and bonding beyond the school premises.

As a continuation to the celebrations, a rejuvenating weekend trip to Jaipur was also gifted to the teachers on 1 February 2020. 'The Pink City of India', was explored at length during a pleasant stay at Clarks Inn. A visit to Amer Fort, known for its artistic style and blend of Hindu and Rajput elements and an evening spent at Chokhi Dhani added colour to the trip. Tradition infused with illustrious hospitality made a visit to this cultural village, an unavoidable choice. The teachers had a terrific time and enjoyed the various activities, coupled with tempting and delicious Rajasthani food. They also wandered through the magnificent and architecturally fascinating arches, courtyards and buildings at the City Palace and enjoyed shopping in the busy markets. The trip was a much-awaited break for the teachers, who took home pleasant and unforgettable memories of their journey.



Celebrating Gandhi



Where Expression Meets Curiosity

Let's Play Dress Up



Create From Plate



Dance For Joy



Making Banderole



Poetry Safari



Veergatha



Let your creativity tell your story...

Where Expression Meets Curiosity

Trash to Treasure



Animate it...



Hamara Neta Kaisa Ho!



Face Jam



Jump and Jive



Anchor Me



Excellence is my signature trait...

Celebrating Gandhi

BEYOND THE RED WALLS



A day in the
lap of nature



Beyond the Red Walls

True art takes note not merely of form but also of what lies behind.



ART TRIPS



Celebrating Gandhi

Beyond the Red Walls

Live as if you were to die tomorrow, learn as if you were to live forever.



DAY CAMPS AND PICNICS



Celebrating Gandhi

Beyond the Red Walls

Strength does not come from physical capacity. It comes from an indomitable spirit.



DAY CAMPS AND PICNICS



Celebrating Gandhi

Clubs

For minds that innovate....

Clay Modelling Club



Computer Club



Cookery Club



Debate Club



Craft Club



AWIM Club



Eco Club



Electronic Club



Quiz Club



Celebrating Gandhi

Clubs

For minds that innovate....

Robotics Club



Heritage Club



Generation Global Club



Spanish Club



Vedic Math Club



Yoga Club



Youth Leadership Club



Astronomy Club



Taekwondo Club



Celebrating Gandhi

Performing Arts

Pour your heart in your art!
Masterpiece in progress..

Theatre



Speech and Drama



Public Speaking



Celebrating Gandhi

Performing Arts

Pour your heart in your art!
Masterpiece in progress..

Art



Instrumental & Western Music



Dance



Celebrating Gandhi

INTERNSHIPS

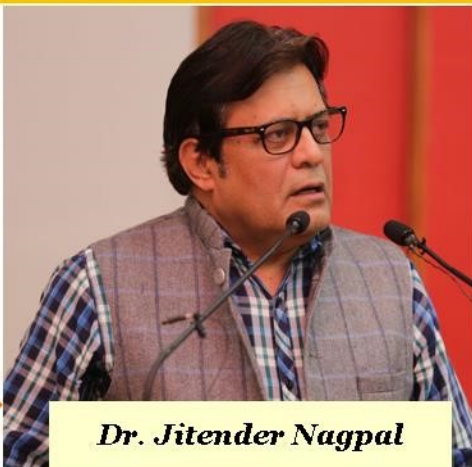
At Tagore International School we endeavour to provide our children education for life. Hands-on experience is an integral part of our school learning as it equips children to real life challenges. With the intention to provide our students platforms where they get an opportunity to apply knowledge learned in the classroom and gain valuable work experience, we offered them an opportunity to participate in internship programmes.

DISTRICT MAGISTRATE'S OFFICE



Ms. Harleen Kaur

Anushka Shrivastava, XA, Rubika Shree, XA and Sharvari Vilas Burde, XIA were extremely pleased to get an opportunity to intern with Ms. Harleen Kaur, IAS, Deputy Magistrate South East Delhi. The students learnt about administration and management. They were allowed to attend several meetings to discuss and prepare for the Mega mock drill.



Dr. Jitender Nagpal



Three students from XIIA, Sejal Juneja, Vanshita Chakraborty and Mehak Abeerah worked as interns with Dr. Jitender Nagpal who is the Senior Consultant – Mental Health at Moolchand Hospital.

Celebrating Gandhi



Arsha Bagdwal, XC, Latika Usmani, XD and Manasi Bhardwaj, XC got the opportunity to intern with NB Law firm. The firm focuses on providing a broad band spectrum of legal services including litigation, mediation, documentation and general legal consultancy.



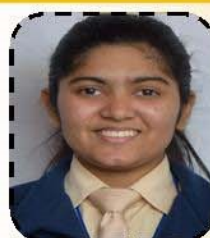
Dhruv Sharma, XIB and Chirag Garg, XC worked as interns with Shoots & Shoots. Shoots & Shoots photography and film academy provided an opportunity to gain technical skills, creative freedom and aesthetic values in personal visual expression.



Riya Madan, XC, Tooba Rehman, XB and Abhigna Kamasamudran, XC interned with Pearl Academy wherein they learnt about the various fields of designing. They tried their hands out on various styles of designing as well.



Kashi Kumar, XA got a golden opportunity to intern at the emergency department with Dr. Sandeep Jain who is the Senior Consultant & Head - Accident & Emergency, Max Super Speciality Hospital, Saket.



Jasleen Kaur, XC interned with Cry for Help, an organisation that aims to establish self-help groups to help teenagers in dealing with problems such as self-harm, bullying and peer pressure.



A team of enthusiastic students with the senior school counsellor, Ms. Arti Anand interacted with municipal councillor of South Delhi, Mr. Abhishek Dutt to discuss how they could contribute in the waste segregation campaign. The students were trained by a non-profit organisation Chintan, which majorly deals in addressing issues of sustainable consumption and environmental and social justice. After the successful completion of the training students went door to door sensitising the residents of National Park and Vikram Vihar and encouraging them to do waste segregation from home.

The Rising Star

“Champions are made of something they have deep inside them, a desire, a dream, a vision.”

Mahatma Gandhi



“A sportsperson should be disciplined and should know how to stay focused in his game along with the other aspects of his life.”

Vedant Choudhary, studying in Class XI has been skating since a really young age. He started his journey as a skater in 2008 and won one of his first national medals in the year 2009-10. With the increasing age, his passion for the sport increased too. As an emerging skater, he has won a total of 10 medals in the CBSE nationals, 13 medals in the SGFI nationals and 6 medals in the RSFI nationals.

Among his other feats are, being awarded as the ‘Best Player of the Tournament’ at the 2019-20 SGFI Nationals and the precious , ‘Komal Khatri Award’, along with a prize money of Rs. 21,000. Along with being strategically smart with his game, Vedant also gives equal time to his studies and follows a strict diet and time table that helps him keep up with his goals.

The passionate player that he is, Vedant represented the country at the International level in Barcelona early this year. He competed with one of the best skaters in the world at the World Skating Championship, held in July 2019. Vedant is now among the top ten skaters in the world in his age group. The school is extremely proud of this feat and wishes him success in his future endeavours. We proudly share here Vedant’s list of achievements:.

SGFI NATIONALS (SCHOOL GAMES FEDERATION OF INDIA)

2012-13 (DELHI)	300 Mtrs - GOLD
	1000 Mtrs - SILVER
2015-16 (BELGAUM)	1000 Mtrs - GOLD
2016-17 (BELGAUM)	1000 Mtrs - SILVER
	3000 Mtrs Road - BRONZE
	300 Mtrs - GOLD
2017-18 (BELGAUM)	500 Mtrs - GOLD
	1000 Mtrs - GOLD
2018-19 (BELGAOM, KARNATAKA)	500 Mtrs - Bronze
	1000 Mtrs - Silver
2019-20 (BELGAOM, KARNATAKA)	One Lap Road Race - GOLD
	500 Mtrs Rink - GOLD
	1000 Mtrs Rink - GOLD

Also honoured with The Best Player of the Tournament along with Komal Khatri Trophy and the prize money cheque of Rs 21 K

CBSE NATIONALS

2009-10 (Chandigarh)	300 Mtrs - SILVER
2011-2012 (Noida)	300 Mtrs - GOLD
	500 Mtrs - SILVER
2014-15 (Sonapat)	300 Mtrs - BRONZE
2015-16 - (Vadodara)	1000 Mtrs - SILVER
2016-17 (Amritsar)	1000 Mtrs - SILVER
2017-18 (Bhopal)	300 Mtrs - GOLD
	1000 Mtrs - GOLD
2018-19 (Raipur, Chhattisgarh)	1000 Mtrs - Gold

RSFI NATIONALS

(ROLLER SKATING FEDERATION OF INDIA)

2016-17 (BANGALORE)	15000 Mtrs Rink Elimination-BRONZE
	1000 Mtrs Rink - GOLD
2017-18 (CHENNAI)	500 Mtrs Rink - SILVER
	15000 Mtrs Rink Elimination-SILVER
2019-20 (VISHAKHAPATNAM)	500 Mtrs Rink - GOLD
	15000 Mtrs Rink Elimination-SILVER

WORLD CHAMPIONSHIP SELECTION

2019-20 (Nandurbar, Maharashtra)	1000 Mtrs - Gold
	500 Mtrs - Silver

VIIIth position in the World Roller Games Championship held in July 2019-20 in Barcelona, Spain.

Celebrating Gandhi

Young Achievers Cultural & Academic

"A man is but a product of his thoughts. What he thinks he becomes." Tagoreans are proving this Gandhian quote right by standing out and leaving everybody spellbound by their achievements. Making the school proud, these young stars are leaving no stone unturned to make their presence felt in the field of poetry, dance, music and sports. We indeed feel proud to share the stupendous achievements of these young stars in the making.

Jini Pukhrambam



Jini Pukhrambam, a student of Class VII C has been learning Russian classical ballet dance and has performed in various shows, managing to build an extensive list of achievements. She is also an avid football player and athlete, having won many accolades for the school.

A performer in multiple renditions of popular ballet classics which include Snow Queen, Scarlet Flower and The Little Humpbacked Horse, Jini also got the special opportunity to perform a self-composed choreography for Lok Sabha Day 2017 at the Lok Sabha Headquarters. Some of her other performances were showcased in the 'Krackerjack Carnival', 2017, at the Jawaharlal Nehru Stadium and in the 'Brahmos Day'- 2018, at the Brahmos Headquarters. Doordarshan. The national television channel also aired one of her performances in celebration of the 'World Dance Day', 2018.

Apart from receiving numerous accolades in the field of dance, she was presented with the 'Student of the Year Award' by the Russian Classical Ballet School in 2017. During the All India Mosaic of Dance Competition 2017, she was awarded the IInd position in the Solo Contemporary Ballet, 1st position in the Classical Ballet Duet and Most Popular Vote in Painting (Ballet). In the 2018 edition of the same, she was awarded the IInd Position in Modern Ballet and Grand Prix in Classical Ballet. We wish Jini many more such achievements.

Aroma Mathews



Aroma Mathews, a student of Class XI, is a multifaceted individual. She has successfully won several competitions, ranging from poetry recitation and drama to vocal performances. She is a part of the Main Cabinet of her school, serving as the Cultural Captain. Aroma is a burgeoning musician. She is the youngest singer of The Capital City Minstrels, the oldest and most prestigious western classical choir of New Delhi, where she has performed various styles of music such as modern music, acapella, operatic sections, etc. Apart from being a professional western singer, she is also practising Indian Classical Music. She is pursuing her training in Indian Music and is currently in the fifth year at the Bharati Kala Kendra, Lucknow. Recently, she was invited by UNESCO, New Delhi to perform a Hebrew song in the commemoration of all the people who lost their lives during the Nazi regime. She was asked to light the Hanukah (Jewish lamp) at the event. The event took place at the Alliance Francaise, New Delhi and was witnessed by ambassadors of several countries. She is proficient in singing in eight international languages, namely: French, Hebrew, Arabic, Spanish, Russian, Latin, Greek, and German. She has proved herself to be the first music conductor of her school.

A voice-dubbing artist in English, Hindi, and Bengali since the age of four, Aroma has successfully voiced-over numerous plays and advertisements.

Apart from music, she has a keen inclination towards Taekwondo and has been learning and practising the sport for seven years now. A black stripe in Taekwondo, she has won two silver medals in the state level fight championships and participated in the Delhi Olympics in the sub-junior category. We wish that she continues spreading her wings and adds more feathers to her cap.

Young Achievers Cultural & Academic

Barnali Das



Barnali Das, a student of Class XII, is a young artist who began her journey in the field of art at the tender age of four. Her questionable flair for creativity has helped her win several accolades. She holds a junior diploma from Bangiya Kala Vidyalaya and Bhartiya Kala Kendra in the field of art and craft. Barnali participated in various inter-school and inter-house competitions pertaining to art and proved her mettle time and again. She made the school proud by receiving a special recognition from the Department of Health Ministry and Family Welfare, Government of India for her vivid expression in 'Beti Bachao and Beti Padhao'- a poster designing competition in 2016. She secured the first position in the district level poster designing competition as well as second position in Ars Poetica hosted by the Delhi Public School RK Puram in 2019. She is as academically inclined as she is artistically. She took part in an Economics Olympiad organised by Ecovisionnaire Society, and secured the third position. We wish her well in her artistic journey ahead.



Rahul Thareja



Rahul Thareja of Class XII C is a tech geek who is always hungry for new inventions. With a quest to invent new things, he has created two YouTube channels, one for vlogging and the other one for posting informative videos such as tutorials and experiments. He likes machines, robots and new technology. He went to Vigyantaram, a national robotics quadcopter competition held at IIT Bombay, where he bagged the first position for designing a drone, along with a trophy, medal and a certificate. He is the first student of the school, who has two patents to his name, enough to make the school proud. The first is an LED helmet, which is a motorbike helmet that has LED lights mounted on them in such a way that the rider can be seen from all the directions, making it safe for the rider to ride in dark or foggy days. The second patented invention is a spacious and comfortable speaker bag, which is an ultra-portable speaker that is fitted in a normal shoulder bag and can produce an output of up to a 100 watt. This can also be used to carry school books and other things of utility.

Rahul has also won a number of other robotics competitions at inter - school levels and participated in various robotics workshops held within and outside the school. An active player on the field, he also won a number of zonal and inter house sports events such as 100 m flat race, long jump and 4x100 m relay race. An amazing chef, Rahul also made outstanding cakes for the French National Day celebrations held at the school, winning praises from the chief guests.

Young Achievers Cultural & Academic

Baneet Pukhrambam



Baneet Pukhrambam, a student of Class X and a budding director and writer has demonstrated his filmmaking skills time and again by collecting numerous accolades for his short films. Apart from making videos for the school, participating in and winning various inter-school competitions, his short films have also received international awards and appreciation. He was part of a team that went to the United Nations Headquarters in New York to attend the Plural+ Youth Film Festival 2018 organized by the United Nations Alliance of Civilizations and the International Organization of Migration to present the short film, *Be There*, made by Baneet and a group of students of the school which won the Peacemaker Corps Award, Plural+ Chinh India Award, CDI Togo Award and the coveted International Jury Award. In the 2019 edition of the Festival, his film, *The Feel of Music*, was shortlisted among the top 70 films internationally. A short film titled, *Parched* made by Baneet and his teammates Chirag Garg of Class X and Khushpreet Singh of Class XII, was awarded the 3rd Position in the Peace in the Street Global Film Festival 2019. It was also selected to be a part of the Enimation Festival in Slovenia, the International Public Advertisement Festival of Seoul, The Lift-Off Sessions, the McGuffin Youth Film Festival in Russia and The Faith and Film Festival in the United States of America. The film was also screened during the festival. Baneet and his team also got the opportunity to attend the Duemila30 - High School and University Short Film Festival in Milan, Italy and collaborate with filmmakers from around the globe.

Akanxi Kushwaha



Akanxi Kushwaha, a student of Class IX is a classical Bharatnatyam dancer. She began practicing the dance form at the age of 7 under the guidance of Guru Swagata Sen Pillai, a disciple of Shri Rukmini Devi Arundale, at the Kinkini Dhavani Institute of Performing Arts, one of the most prominent centers for excellence in Kalakshetra style Bharatnatyam, in the NCR.

During her journey she has been a part of many of her Guru's exceptional productions such as *Prasang*, *Pariprashna*, *Karadi Tales* and many more. She has been to Rajasthan, along with her Guru, fellow dancers, and seniors, for an awareness programme, 'Malala'. The group toured several backward villages and performed in public to raise awareness on child trafficking, children's and women's education and domestic violence.

Akanxi has been actively involved in the dance activities organised by the school. She has been a participant at the zonals and has also performed at the NPSC meet. She has been recognised as a Commendable Performer by the dance institute that she is a part of. In the 4th Sanskriti Pratibha Utsav, she bagged the 1st position in the junior group category and the 3rd position in the duet category. She has made the school and her partners proud and will continue to do so. We wish her luck!

Young Achievers Cultural & Academic

Sreesha Suresh

UNHRC



MR. SHREY JOHN
CHAIRPERSON



MS. VANSHIKA KOHLI
VICE CHAIRPERSON



MS. SREESHA SURESH
RAPPORTEUR



Sreesha Suresh, a student of Class XII is a highly creative and ambitious girl who solely believes in growth and learning and strives for excellence in every field she steps into. Her experience at the age of 17 defines her. From winning MUNs as a debater, as well as a photographer, to being the Executive Board member and the Head of Photography, she is a regular in the Delhi MUN circuit. A self-taught photographer, her talent was recognised by Chinh India and was invited to cover the private events conducted by them. She has won laurels in the domains of fashion, technology and art. A budding filmmaker and designer, she has designed costumes for the fashion society of the Manav Rachna University. Her achievements don't stop here. She has also performed on the international platform by participating in the International Festival of Language and Culture and won prestigious competitions, such as the Odyssey of the Mind. She found her true calling in digital media and is consistently working to make herself better. We wish her luck!

Amit Vikram Pandey



Amit Vikram Pandey, a student of Class XI is a talented musician. He played musical instruments in the school since Class I and started learning music professionally when he was in Class VII. He also got a chance to accompany Padma Shri and Padma Bhushan awardee, Dr. Uma Sharma in her show. He has recently completed his senior diploma in vocal music and tabla with distinction. A keen tabla player, Amit has won many competitions. In his words, "My day has hours which are only dedicated to playing tabla. This gives me a chance to escape from the regular life into the world of music where I toss and turn in tunes. This calms me just like meditation calms us. I try to find music in everything that I do and every place that I go."

Amit also has a keen interest in gardening and a special inclination towards street dogs. He has planted more than fifteen mango trees in his vicinity and has grown more than thirty pomegranates, many lemons and other vegetables too. He promotes organic gardening and makes herbal manure through kitchen waste. A talented stand up comedian, Amit has won the prestigious Shanti Devi Sharda Award for the session 2019-20.

Areeba Suhail

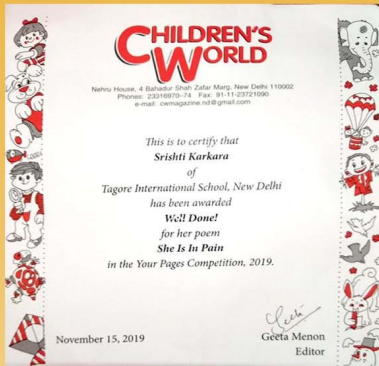


Besides, Areeba is also an avid table tennis player and participated in the zonals held at Blue Bells International School. She also won medals in various Olympiads and got a 100% result at the National Level of French Olympiad. We hope that she brings more laurels to the school and makes the school proud.

Celebrating Gandhi

Young Achievers Cultural & Academic

Srishti Karkara



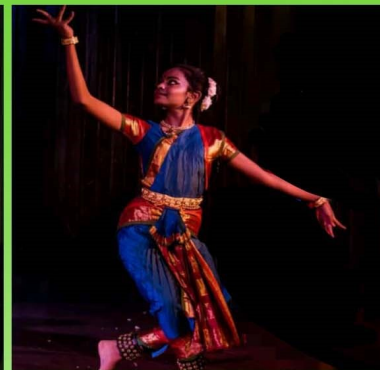
A budding poetess, Srishti Karkara of Class VIII apprehends her surroundings and captures these events into poems making them everlasting. She is able to string together her words in a beautiful manner which resonates with every reader regardless of their stance on the subject. It all started in 2016, when Srishti started penning down her thoughts and visions on pages in the form of poems and sent her entries to the Children World Magazine. They were well received and also published. Conceive Your Dreams, Achieve Your Dreams, the other poems composed by the budding poet got featured in the Hindustan Times. Her other poem, She is in Pain, highlights the hardships faced by women in the society. Srishti was also selected to participate in the Katha Utsav wherein she qualified into the finals. Her poem entry, 'Departed but not Parted', touched the hearts of the readers and made them relive the moments with their departed loved ones. Srishti has empowered her words to become her voice and her poems take the readers through a trajectory of emotions and fantasies.



Srishti Karkara (13)
Tagore International School, New Delhi

*She is tortured, she is heckled,
Her life is in vain,
Her strength is waning,
The beautiful face has become ashen,
Her predominant thoughts are killing her,
With unfathomable pain,
She tries to fight the feeling,
But it proves to be strong,
She needs to be heard for she is in pain,
She is lamenting for justice,
She is broke inside,
Help her, she is in pain.*

Sahana Chakraborty



Sahana Chakraborti, a student of Class VIII is a trained Bharatnatyam dancer. She began practicing the dance form at the age of 9 in the under the guidance of Guru Gayatri Dekha, a disciple of Dr. Guru Saroja Vaidyanathan and a Padma Bhushan awardee. Sahana practiced the Kalashetra style of Bharatnatyam under the guidance of Guru Gayatri Dekha for three years. She successfully cleared two exams of the dance form conducted by the Ganesh Natyalaya. Sahana has participated in various programmes and won accolades. She also got an opportunity to record her performance in Doordarshan. We wish her good luck for her future endeavours.

Shivika Gusain



Shivika Gusain of Class VII is an emerging actor, singer and an athlete. She has already worked in three movies, at a very young age. She worked in a short film, Dedh Futiye, produced by the Dilli Film Club in the year 2018. She also acted in a short film, One Meal a Day with the Bollywood actor, Daya Shankar Pandey. She was also a part of a short film on road safety produced by the Government of India. Apart from being an actor, Shivika is also a budding singer and an avid football and table tennis player. One of her songs, lately featured on Radio SHARDA. She participated in football zonals where her team stood as the champion team and table tennis zonals where she secured the IInd position. She also won medals in various school and inter school athletic events such as, 400 mts race, flat race, and 4x100 mts relay race.

Celebrating Gandhi

Young Achievers-Sports

Kanak Gusain



Kanak Gusain, a student of Class XII has been inclined towards sports ever since she was a small kid. She started playing football when she was in class IV and ever since that day she has had a strange liking towards the game which only grew stronger over a period of time. She has been a part of the main school team since Class V, when her team won and was the champion team in many tournaments such as DSA (2012), CBSE GirIs International Football Championship (2013-14) and CBSE North Zone Girls Football Championship (2014-15). We feel proud to share her list of achievements.

Won first position in 61st National School Games(2015-16), Baseball

Represented Delhi in the School Games (SGFI) Nationals, Under-19 Girls Football (2018-19).

Inter-school Throwball (Zonals) Jr. Girls-1st position (2018-19).

Represented the U19 Delhi team in the 65th National Football School Games (SGFI) 2019-2020.

Captain of the school team in Zonals, CBSE and Reliance football tournament. Under her leadership, the team was declared the Champion Team in the Zonal Football Tournament.

Won 5 medals in Zonal Athletic Meet- 1st position in Javelin throw, 11nd position in discus throw, shot put throw and 4x100mts Relay and 111rd position in 4x400mts Relay

Bagged the third place in 4x400 mts at the Reliance Youth Athletic Meet.

Apart from sports she also proved her mettle in the field of art and theatre. Some of her achievements:

1st position at Collage Creation(ECOMANIA) held at the Air Force School

11nd Runner up at Pearl Academy for Creative Booth Designing

1st position in the Inter-zone Nukkad Natak.

Sheetal Sanag



Sheetal Sanag has been playing Frisbee for the last three years and has also represented India on the national platform. This young frisbee enthusiast has represented the state and has participated in sectional tournaments held in Delhi, Haryana, Punjab , Uttar Pradesh and Jharkhand. In November 2019, her team qualified for regionals and secured the sixth rank. In the regionals held in December 2019, her team secured the third rank all over India. She is all set to represent Delhi this year in Bangalore. Keep swinging, Sheetal!

Harshita Hunjan



“Success is no accident. It takes hard work, perseverance, learning, sacrifice, and most of all love for what you are doing.” These inspiring words by Pele, best define Harshita Hunjan, a student of Class X, who has proved her mettle in the arena of sports and athletics. Harshita took her first flight on the track at the tender age of five and won her first Gold medal.

After that, it became infeasible for her to stop and she continued to run. She has received the prestigious JK SEN MEMORIAL AWARD for exemplary performance in athletics three times in a row. Some of her achievements are listed below. Delhi District Athletics Championship 100m – First Position (Qualified For Nationals)

Zonal Athletic Meet 100m – Second Position

Zonal Athletic Meet 200m –Third Position

Zonal Athletic Meet Long Jump – Second Position

Zonal Athletic Meet 4*100m – First Position

Reliance Foundation Youth Sports Athletic Meet 100m Hurdles First Position

Reliance Foundation Youth Sports Athletic Meet 4*100m Relay Third Position

Reliance Foundation Youth Sports Athletic Meet 4*400m Relay Third Position

CBSE CLUSTER Athletic Meet 4*400m – Third Position

Reliance Foundation Youth Sports Athletic Meet Football (Participation)

Zonal Football (Participation)

Recognized as the ITIHAAS Ambassador Of Heritage

Interzonal Athletic Meet 100m (Participation)

Roller Skating Championship Rink Race 1. 300m - First Position

Inter School Roller Skating Championship Rink Race - First Position

Speed Skating Competition – First Position

Young Achievers-Sports

Aaditya Mehta



Aaditya Mehta, a student of Class VI, started playing chess in 2017 and since then, has shown his exceptional skill in various chess tournaments. He has won many prizes while playing in various tournaments at different chess academies, at district, state and national level FIDE rated chess tournaments. Aaditya has won laurels in various local chess tournaments as well. He also participated in the Commonwealth Games and some international level chess tournaments. We feel proud to share his major achievements in the last couple of years:

- 1st Position in Inter school Chess tournament (U-10 Category) in the DPSG School, Gurgaon in 2018
- 1st Runner Up (U-11 Boys) in the XXIV Haryana State Chess Championship -2019 in Gurgaon
- 2nd Position in the 'Chess for Everyone FIDE Rated Tournament' at Faridabad (U-11 Category) in 2019
- 3rd Position in the Haryana State Chess Championship (U-11 Category) in 2019
- 3rd Position in the 84th GCA invitational Chess Tournament – 2017
- 4th Position in the Shree Ambeesh Sinha Memorial Rapid Rating Chess Tournament (U-11 Category) in 2019
- 4th Prize in the Inter Matrix Rapid Chess Tournament 2019
- 6th Position in Sh. Raj Kumar Memorial Delhi State Inter School Chess Championship-2019.
- Consolation Prize in the Jaipur Cup – 2018 at Jaipur
- National/International level chess tournaments:
- National for boys (U-9 Category) in the year 2017
- IIFL Wealth Regional Qualifying Junior in the (U-13) Chess Tournament 2017
- National for boys (U-17 Category) in the year 2018
- Commonwealth Chess Championship – 2018
- Delhi International Open Grand Masters Chess Tournament 2019
- National for Boys (U-11 Category) in the year 2019
- Commonwealth Chess Championship - 2019
- 18th Delhi International Open Grand Masters Chess Tournament 2020.

Yash Jaggi



Perseverance is synonymous with Yash Jaggi's name. His 'never say never' attitude and ardent passion for shooting helped him qualify for the Nationals and become an ISSF shooter at the age of 14. He also won 4 medals in various state-level shooting competitions and has qualified the trials for the Indian Shooting Squad. Some of his achievements are listed below.

- 1st South Delhi District Open shooting Competition 2018 held on 26 May 2018- scored 365/400, Won Bronze
- CBSE Inter School Central Zone Shooting Competition-2018-2019 held from 13 to 15 October 2018- scored 369/400 Won Silver
- DDA Sports Wing Shooting Championship-2018 held from 16 to 18 October 2018- scored 376/400 Won Bronze
- Third South Delhi District Open shooting Competition 2018 held on 10 & 11 October 2018- scored 366/400 Won Silver
- PFWS SPORTS Week-2019 held on 3 January-2019 scored 268/300 Won Silver
- Maharaja Ranjit Singh Shooting Tournament-2019 held on 29 and 30 June 2019- scored 371/400 Won Silver
- DDA Sports Wing Shooting Championship-2019 held on 3 and 4 July 2019- scored 376/400 Won Gold
- Second GUNS of Nation Champions cup-2019 held on 20 & 21 July 2019 - scored 371/400 Won Bronze
- Delhi State Inter School Shooting Championship -2019 held from 19 to 20 August 2019- scored 560/600 Won Silver
- 35th Delhi State Shooting Championship – 2019 10M Air Pistol Team held from 21 to 25 August 2019- scored 553/600 Won Silver
- 35th Delhi State Shooting Championship – 2019 25M Sports Pistol Team held from 21 to 25 August 2019- scored 252/400 Won Silver
- 35th Delhi State Shooting Championship – 2019 25M Standard Pistol Team held from 21 to 25 August 2019- scored 243/400 Won Gold
- 63th National Shooting Championship Competitions (NSCC) In Bhopal 25M Sports Pistol held from 25 January to 4 January 2020- scored 531/600, Renowned Shooter.
- 2nd Sikh National Games 2020 10th Air Pistol (Youth)- scored 379/400 Won Gold
- 2nd Sikh National Games 2020 10th Air Pistol (Junior)- scored 379/400 Won Gold
- Indian Shooting Team Trial 2020 held at Kerala selected for International Shooting Competitions for Hanover

This is just the beginning. Yash is ever willing to push his limits and is practicing hard to make it to 2020 Tokyo Olympics and make his country proud!

Young Achievers-Sports

Shaurya Pandit



Shaurya Pandit of Class V, is an upcoming cricket sensation. At the age of 10, he has achieved great laurels. A left handed opening batsman and a left arm orthodox spinner, Shaurya has forty eight awards to his credit, in the field of cricket till date. An international page from Australia, 'Around the Wicket' also covered Shaurya's story about his love for cricket. Shaurya has played at umpteen inter-school and regional level cricket championships and has won the Man of the Match title numerous times. Shaurya also had the privilege of captaining the Under-13 team in 2018, at the tender age of eight and added two centuries to his name.

Shaurya plays for many teams including the Maniram Cricket Academy, the 3 Star Cricket Academy and the BGN Academy. Shaurya has an immense fan following and more than 2,58,920 people have watched his video on Instagram and Facebook, wherein he can be seen flaunting his batting skills. We hope that under the able guidance of his coach Mr Deepak Singhal, he will keep improving his game and will make his school proud.

Garvit Lodha



Garvit's expertise in the field of skating is increasing by leaps and bounds. The budding skater from Class VIII has captured the highest ranks in various state and national level Roller Skating Championships. He won a silver medal in the 500 mts skating (under 14 category) in the 'Talent Sports Roller Skating Championship' in August 2018 and a gold medal in the 500 meter skating in the (under 14 category), organised by the DDA Sports Authority in September 2018. He also won a bronze medal each in the 300 meter, 500 meter and 1000 meter skating in the (under 14 category) organised by the 'Delhi Roller Skating Association', in October, 2018. Lately, Garvit won a bronze medal in the 300 meter skating (under 14) at the Delhi State CBSC competition and qualified for the Nationals scheduled at Raipur in November 2019. Adding to his glory, Garvit has also qualified for the national level F1 Championship 2019.

Hrishikesh Parashar



Inspired by Rafael Nadal and Roger Federer, Hrishikesh Parashar delved into the field of tennis at the tender age of six and has not looked back. He started his professional training at Siri Fort and has been diligently practicing the sport. Hrishikesh believes that tennis is a game, which requires the player to work hard, both physically and mentally. His passion for playing gradually increased and with continued support from the school, he decided to pursue his coaching, under professional coaches more seriously. This budding tennis enthusiast aspires to represent India in Olympics and fetch a gold. Some of his achievements in the year 2019-20 are listed below:

Participated in J 5 level tournament held at Beirut, Lebanon: 05 August, 2019 to 09 August, 2019.

Participated in J 4 level tournament held at Chennai, India: 19 August, 2019 to 24 August, 2019.

Participated in J 4 level tournament held at Delhi, India: 25 November, 2019 to 30 November, 2019

Participated in J 5 level tournament held at Colombo, Sri Lanka: 09 September, 2019 to 15 September, 2019

Participated in J 5 level tournament held at Manama, Bahrain: 21 October, 2019 to 26 October, 2019

Participated in J 5 level tournament held at Isa Town, Bahrain: 28 October, 2019 to 02 November, 2019

LAURELS FOR TIS



Mr. Vijay Gusain and Mr. Om Chhibber have been felicitated with the Best Physical Education Teacher Award and the Best Coach Award, 2019, respectively, by the Directorate of Education, Zone 25.



Ms. Shefalee Gupta, Head Mistress, Senior School was conferred the Shiksha Sewa Samman by the Education Council of India (ECI) for her outstanding contribution to the field of education.



The school was honoured with the Futuristic Schools 2019 Award, a recognition for students working towards a sustainable future, in the thematic category Environ Engage, by Rethink India Institute.

LAURELS FOR TIS



Principal Mallika Preman has been recognised as a Progressive Principal of India 2019, by Rethink India Institute.



Principal Mallika Preman was honoured with the Shyama Prasad Mookherjee Award for Excellence in Education, 2019, at the India International Centre, New Delhi.



Principal Mallika Preman was conferred the 2019 Global Human Rights Protection Award, by the Indian Institute of Human Rights, on the occasion of the 20th World Human Rights Congress.



Education Today recognized the school as the No.1 school under the Top CBSE School for Sports Education in India.

The school was conferred the prestigious International School Award by the British Council, recognising the school's efforts in weaving internationalism in the curriculum.



LAURELS FOR TIS



Ms. Parmeet Kaur was awarded the Teachers' Day Award, 2019, by the International Institute of Hotel Management, Delhi.



The school has been crowned with the Top Favourite 100 Schools of the Year, 2019 Award by the Indian School Awards.



Ms. Shefalee Gupta, Head Mistress, Senior School, was felicitated with the Outstanding Leadership in Academic Administration Award, by the Lakhotia Group of Companies, at its summit, 2019.

LAURELS FOR TIS



Ms Dimple Madan, Ms Lipi Goswami, Ms Amita Gulla and Ms Jaya Ralhan were felicitated with the Global Teacher Award, 2019, at the Leela Ambience, Gurugram Hotel.



The world religious group in association with the West Bengal Government felicitated Mr. Anirudh Chowdhury and Ms. Chameli Debnath with the Vishwa Mitra Award, 2019, for their outstanding contribution to their respective fields of music and dance.

LAURELS FOR TIS



CBSE had organised a National level competition where teachers had to present their innovating teaching aids. Here, Ms. Aastha Arya, from the English Department presented her teaching aid and was declared one among the twelve national winners.



LAURELS FOR TIS



The proud winners at the Annual Delhi State Masters Athletics Championship, 2019: Ms. Anju Jetly, Ms Neeru Sehgal, Ms Neelam Chhibber, Mr. Om Chhibber, Mr Vijay Gusain.

The Delhi team secured the 2nd position in the Senior National Baseball Championship, 2019, held at Chandigarh and Delhi under the guidance of Mr. Anurag Yadav.



Art Work



Abhijeet Roy Chowdhury XII A



Isha Kaushik XII A



Barnali Das XII B



Adwait Roy Choudhury II C

Celebrating Gandhi

Art Work



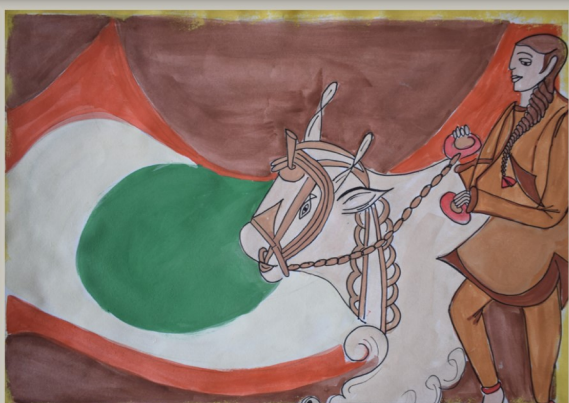
Anushka Panda IX D



Tavishi Chandel VIII A



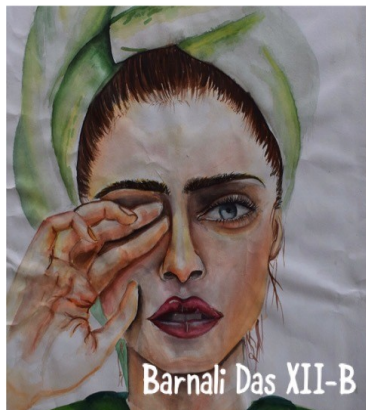
Sahana Chakrovorti VIII C



Harshita Panwar IX D

Celebrating Gandhi

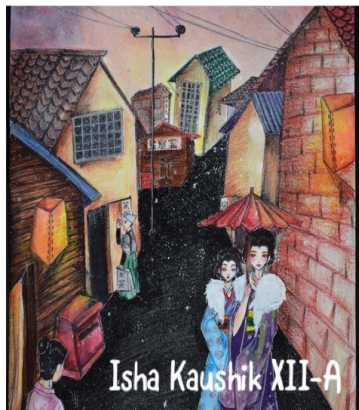




Barnali Das XII-B



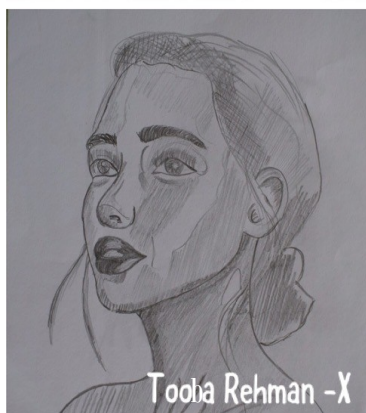
Dibrujission XII-A



Isha Kaushik XII-A



Hania Rauf V-C



Tooba Rehman -X



Shahzaan Anwar VIII-D



Parineeta Singh X-C



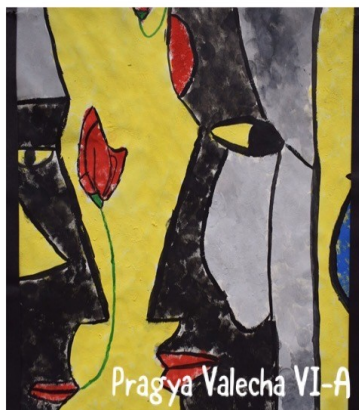
Etisha Verma VII-C



Anya Pattanayak VI-C



Yashvardhan V-A



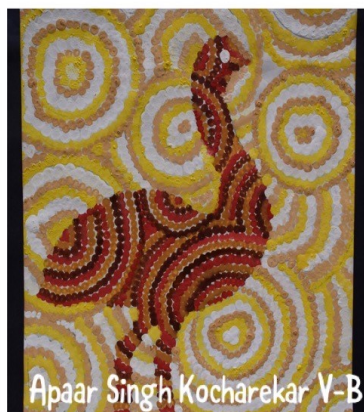
Pragya Valecha VI-A



Harshil VIII-D



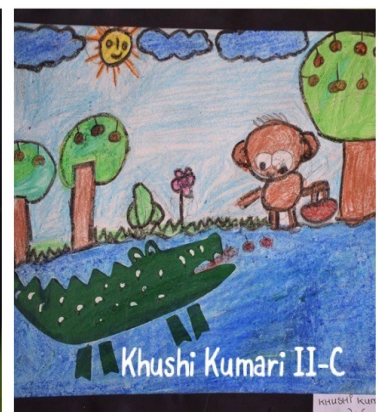
Pratyasha Guha III-D



Apaar Singh Kocharekar V-B

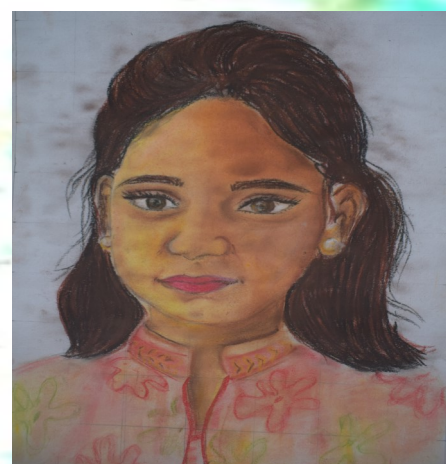


Aashman Rana V-C



Khushi Kumari II-C





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