

# PARENT SYLLABUS (2022-23) MARCH - DECEMBER ENGLISH

MONTH	TOPICS/NO. OF PERIODS	LEARNING OUTCOMES	ACTIVITY	ASSESSMENT
March	The Last Lesson by Alphonse Daudet	Each student will be able to	Students will do the following:	Students will be assessed through:
		develop optimistic attitude towards	1. Write a speech on: Political	3
		life amidst many struggles.	enslavement is a curse on any nation as it deprives it of its identity	Short Revision test through Google forms
		learn about Alphonse Daudet		J
		/ history of France.	2. Notice writing: announcing the discontinuation of the French language	Class participation
		make connections between similar situations in different storylines	and the introduction of German language in your school	Submission of work
		/life experience, such as Indians		Practice Worksheets
		under British imperialism.	3. Art Integrated Activity:	
			Create a poster announcing the	Assignment Questions
		speak about the importance of the	teaching of German, which Franz may	
		mother tongue	have seen on the bulletin board and compare with the one that was put up	
		justify the title	on the notice board that day.	
		list down the ill effects of		
		procrastination		
		answer short and long answers		
		write character sketches improve upon their reading and writing skills		

March	My Mother at Sixty-six by Kamala Das	Each student will be able to  list down reasons as to why the youth today should take care of their elderly parents  read the poem with proper tone and rhyme and develop an interest in poetry  comment on the theme and bring out message in the poem.  analyze the poem and identify the poetic devices  strengthen their bond with their mother  strengthen their vocabulary  improve upon their reading and writing skills	1. Write a letter as the mother, telling the daughter why she must not dwell on her personal fears.  2. Construct an exchange of four dialogues between yourself and the poet where the latter confides in you about her fears and asks for your advice. What would your advice be, to face her fears, to ignore them or something else?  3. Art Integrated Activity:  Compose a short poem celebrating Mothers Day/create a poem or a song on the thought of the loss of their dear one and compare it with My Mother at Sixty-six	Students will be assessed through:  Short Revision test through Google forms  Class participation  Submission of work  Practice Worksheets  Assignment Questions
March	Short Writing Skill: Notice Writing	Each student will be able to state situations when they would draft a notice give inputs on the format, style and tone of a notice draft a notice answering the questions what, when, where and how express their views through a notice using grammatically correct sentences.	1. Draft a notice announcing the celebration of Earth Day on 22 April.  2. Draft a notice disseminating information about details of events to be held during the Book Week in the school.  3. Write a notice for your school notice board as the Cultural Secretary of your school, announcing the Investiture	Students will be assessed through: Class and home assignments

		improve upon their writing skills	Ceremony of the newly appointed members of the Students' Council. to be organized in the school premises. Invent other details such as the Chief Guest, timings, date, schedule, etc.	
MONTH	TOPICS/NO. OF PERIODS	LEARNING OUTCOMES	ACTIVITY	ASSESSMENT
April	Lost Spring by Anees Jung	Each student will be able to  sensitise themselves with the problem of child labour.  identify the problem, consider the options, weigh the pros and cons of each option, and reach a decision/opinion/solution.  enhance their analytical skills.  uncover the motives of the poor.  express themselves through writing tasks	1. Report Writing: Problem of Child Labour in India, for their school magazine. after viewing the e-project, Shape our Future Bright and the documentary on child labour.  2. Notice Writing: informing students about the 'Anti-Child-Labour Day', to be observed in their school, as the Head Boy/Girl.  3. Art Integrated Activity: Design a poster to create awareness about the upliftment of Seemapuri, a slum in the periphery of Delhi.	Students will be assessed through:  Short Revision Test through Google forms  Class participation  Submission of work  Practice Worksheets  Assignment Questions
		improve upon their reading and		
April	Long Writing Skill: Report Writing	writing skills  Each student will be able to  generate ideas and organize them in groups  draft a report as per the format, with appropriate expressions and content.	Students will do the following:  1. You are Shekhar/Tripta a student of A.P Public School. Principals of two schools from Pakistan visited your school as a part of cultural exchange programme. Students of the school put up a cultural show in their honour. Write a report about it for your school magazine in about 120-150 words  2. You are Ramesh / Reema, a staff reporter of The Times of India. You	Students will be assessed through:  WEEKLY TEST 1 - 29.4.22  Class and home assignments

			witnessed a road accident involving a truck and a Maruti van in Karol Bagh. Write a report covering the incident in not more than 120-150 words.	
April	The Third Level by Jack Finney	Each student will be able to list down their ideas on the concept	Students will do the following:  1. Imagine that you come across	Students will be assessed through:
		of time travel	Louisa's diary. What might you find in it about the third level? Write an article	Short revision test through Google forms
		analyze Jack Finney's word choices analyze the text structure of The Third Level	based on any one of the events from the story, The Third Level.	Class participation
		determine the meaning of words and	2. <b>Art Integrated Activity:</b> You have read about Charley's travels	Submission of work
		phrases as used in the lesson	from the present to 1894 in, The Third Level. Now, you will create a project	Practice Worksheets
		bring out the irony in the lesson	that includes narrative writing to describe the chain of events that	Assignment Questions
		express themselves through writing tasks	happened to Charley, starting when he walked into Grand Central Station. You may create a video journal, a power	
		write character sketches	point presentation, an investigating case file, etc	
MONTH	TOPICS/NO. OF PERIODS	LEARNING OUTCOMES	ACTIVITY	ASSESSMENT
May	Long Writing Skill: Article Writing	Each student will be able to	Students will do the following:	Students will be assessed through:
		generate ideas and organize them in groups	1. Increase in the number of vehicles causes pollution and traffic jams. Write an article in 120-150 words for, 'The	Class and home assignments
		write an article as per the format with appropriate expressions and	New Indian Express', Delhi, highlighting the urgent need to solve these man-	
		content.	made problems, giving suitable suggestions. You are Madhav/ Madhuri	
			2. India is standing at the threshold of	

	1		isining the developed nations but that is	
			joining the developed nations but that is	
			not possible till we achieve complete	
			literacy in the country. The contribution	
			of students may be very significant in	
			achieving our goals. Write an article in	
			120-150 words on, The Role of the	
			Students in Removing Illiteracy.	
May	Deep Water by William Douglas	Each student will be able to	Students will do the following:	Students will be assessed through:
		interpret the title	1. Art Integrated Activity:	, and the second
		and process and	Create a set of dialogues with four	Short Revision test through
		identify at least 4-5 character traits	exchanges between William Douglas	Google forms
		of William Douglas	and his instructor discussing Douglas'	
		or william boughdo	fear of water and the instructor's help in	Class participation
		list down the values of hard work	removing the fear from his life	Oldoo participation
		and determination		Submission of work
		and determination	2. Write a paragraph of about 120	Gubinission of Work
		create at least a set of three	words recounting any any fear you had	Practice Worksheets
		dialogues between Douglas and his	in life. Try to recollect details of what	1 ractice worksheets
		instructor	caused the fear in you, your feelings,	Assignment Questions
		Instructor	the encouragement you got from others,	Assignment Questions
		propers appealf for crisis	, , , , , , , , , , , , , , , , , , , ,	
		prepare oneself for crisis	or the criticisms. You could begin with	
		management	the last sentence of the essay, Deep	
		atau attau an an an da siaisan maliin a	Water.	
		strengthen ones decision making	"At last I felt released, free to walk the	
		skills.	trails and climb the peaks and to brush	
		l	aside fear."	
		enrich ones vocabulary		
		write relevant engages to LIOTO		
		write relevant answers to HOTS		
		and value based questions from the		
	Maritim or Obith	lesson	Otrodonto villi de the fellovicos	Otrodonto celli le concentrati
May	Writing Skill:	Each student will be able to	Students will do the following:	Students will be assessed
	Letter to the Editor		4.77	through:
		state situations when they would	1. You are Kavita/ Kailash staying at B-	
		write letters to the editor	101, Yamuna Vihar, Delhi. You find it	Class and home assignments
			disturbing that despite a ban on the use	
		provide inputs on the format and	of polythene bags its use is rampant in	
		style and tone of a letter to the editor	city. Write a letter to the editor of a	

		draft a formal letter to the editor of a local or national daily dealing with civic or social problems  express their views through a letter using grammatically correct sentences.	national daily expressing your concern about apathy of people towards environmental degradation. Also suggest ways to mobilise city dwellers for the cause of safe environment with the help of school children.  2. You attended a career rganized programme organized by Career India. You had the opportunity of listening to professionals from various fields like food, technology, fashion technology and media management. Write a letter to the editor of a local newspaper suggesting that such programmes should be arranged in Govt. Sr. Sec. Schools. You are Sakshi/Saksham, student of Class XII.	
MONTH	TOPICS/NO. OF PERIODS	LEARNING OUTCOMES	ACTIVITY	ASSESSMENT
July	A Thing of Beauty by John Keats	Every student will be able to  analyse the poem to make a critical appreciation  identify the poetic devices and explain how they are used in the poem  annotate the lines of the poem with reference to the context  bring out beauty in every creation of God, whether big or small	Students will do the following:  1. Art Integrated Activity:  All Things Bright and Beautiful  Beauty is a heavenly tonic/drink – an endless fountain of nectar. This beauty comes in different forms– a tale, a poem, a play, a lovely object of nature or the heavenly bodies. It soothes our spirits and gives us good health, sound sleep and mental peace. It removes sadness from our lives and gives an everlasting joy. Keeping te central idea of the poem in mind, specify an art form that soothes your spirit and refreshes	Students will be assessed through:  WEEKLY TEST 2 - 8.7.22  Class participation  Submission of work  Practice Worksheets  Assignment Questions

	1	T	your mind. Create that art work and	
			1 3	
			mention why it is a source of happiness	
			to you.	
			Examples:	
			Composing a song, poem/singing a	
			song/ playing a musical instrument/	
			painting/ sketching/reading/creating a	
			shape poetry/dancing, etc.	
	The Tiger King	Every student will be able to	Students will do the following:	Students will be assessed
July	by Kalki			through:
	", "	acquire the knowledge of plot,	1.Design a poster to spread awareness	<b></b>
		events	about saving the tiger population	Class participation
		interpret the title	2. Write a letter to the editor on the	Submission of work
			increasing cruelty towards animals.	
		bring out the theme of the lesson-	Appeal to the authorities to prohibit	Practice Worksheets
		destiny is all powerful and inevitable	animal use and abuse in circus.	
				Assignment Questions
		connect between crime and		
		punishment.		
		datamain a the immentance of		
		determine the importance of		
		ecological balance.		
		analyse the drawbacks of kingship		
		analyse the drawbacks of kingship and autocracy		
		and autocracy		
		answer short and long answer		
		questions based on the text.		
	Keeping Quiet by Pablo	Each student will be able to	Students will do the following:	Students will be assessed
July	Neruda			through:
		list down the different kinds of wars	1. Imagine that the world has come to	
		fought by humans	an end You and your friends have	Short Revision test through
			survived You decide to create a new	Google forms
		comment on the need of the hour to	society where only peace and	
		maintain peace	brotherhood prevails. Create your	Class participation
			society. You will draw/sketch/ paint/your	
		justify the title	society wherein you enlist the following	Submission of work

			things	
		analyse the poetic devices  list down a list of new words and look up for their meaning	things: A map, the motto, rules to govern your society, a symbol of peace, etc.  2. The last two years of school tend to	Practice Worksheets Assignment Questions
		write answers to the questions from the lesson.	be about planning for life after school. This can be motivating overwhelming or encouraging for some, and stressful for others. Write a diary entry recording your thoughts on the following: Neruda's ideas in 'Keeping Quiet' as a guide in this situation. Thinking differently about your decisions with reference to Neruda's	
			Keeping Quiet.	
July	The Rattrap by Selma Lagerlof	effectively provide a synopsis of the story.  analyze the values and thought process of the story.	Students will do the following:  Imagine that you overheard the interaction between the valet and the housekeeper at the ironmaster's mansion at the end of the story. Write your response in the form of an entry in your daily journal.	Students will be assessed through:  Short Revision Test through Google forms  Practice Worksheets
		identify the insecurity while tackling personal fears and horrors that lurk in the recesses of our mind.  appreciate the significance of developing personal fears yet rising above them to savor real liberty. enrich vocabulary		Assignment Long Answer Questions
		justify the title attempt questions based on the lesson express themselves through the writing tasks		
July	Formal and Informal	Each student will be able to	Students will do the following:	Students will be assessed

	Invitations & Replies	1 0 2 0 19		through:
	(Acceptance and Regret)	enhance their creative skills  draft – formal & informal invitations, letters of acceptance & regret express themselves through writing tasks	draft invitations and give replies to them .	Class and home assignments
MONTH	TOPICS/NO. OF PERIODS	LEARNING OUTCOMES	ACTIVITY	ASSESSMENT
August	Journey to the end of the Earth by Tishani Joshi	Each student will be able to  analyse the geological phenomenon that helps one to know about the history of humankind  list down the indications for the future of humankind  reason out why Antarctica is the place to go to, to understand the earth's present, past and future	Students will do the following:  1. Imagine an interview where Green is asked to explain more about his work and why he decided to initiate programs for students. Keeping both Green and the interviewer's perspectives in mind, pen down this interview.  2. Imagine you are the narrator writing to your parents back home telling them about your experience in Antarctica and how it is similar to that back home in some ways.	Students will be assessed through:  Short Revision Test through Google forms  Practice Worksheets  Assignment Long Answer Questions
August	Indigo by Louis Fischer	Each student will be able to  comment on the theme  learn more about the Champaran Movement  analyze Gandhi's role in helping peasants comment on the sharecropping agreement  draft a character sketch of Rajkumar Shukla	Students will do the following:  1. Write a speech on: The text 'Indigo' expresses the value of freedom and Indians' fight for freedom. How would you define FREEDOM? Write your views in the form of a speech to be delivered in the morning assembly of your school. Don't exceed 150 words.  2. Let us assume it was Rajendra Prasad who informed Charles Freer Andrews of Gandhi's decision and the	Students will be assessed through:  Short Revision test through Google forms  Class participation  Submission of work  Practice Worksheets  Assignment Long Answer

		comment on Gandhi's influence on the lawyers  develop self - reliance, confidence, sense of sacrifice and sensibility  make a list of new words and phrases learnt  write answers to the questions from the lesson.	reasons for other leaders' support of him. Thinking creatively of how Andrews would have responded, pen down the discussion you think would have taken place between Rajendra Prasad and Andrews.	Questions
August	A Roadside Stand by Robert Frost	Each students will be able to	Students will do the following:	Students will be assessed through:
		bring out the callous attitude of the rich towards the poor	Your school is going to conduct a symposium on the issue, Rural Urban Divide, for the students of Class XII.	Short Revision Test through Google forms
		bring out the poet's urge for sympathy for rural people and analyse the title	Draft a notice for the school notice board.	Practice Worksheets
		comment on the theme- reality of class difference between the city rich and the rural poor	2. Imagine a child from the farmer's family migrates to the city for their education. As the child, write back to your family telling them whether you would or would not want to turn into a	Assignment Long Answer Questions
		comment on the rhyme scheme and the stanza division	city-person. Use the context of the poem "A Roadside Stand" in mind to pen down this letter.	
August	Writing Skills Job Application	Each student will be able to	Students will do the following:	Students will be assessed through:
		draft job applications and resume as per the format learnt	1. You are Anand/Arti of 14, Model Town, Delhi. You have seen an advertisement in The Hindu for the post	Class and home assignments
		write resumes/ bio-data/ curriculum vitae	of Chief Chef in a 5-Star Hotel. Apply for the job with complete biodata. Write in 120-150 words.	
		express themselves in grammatically correct language	2. You are Prem/Parul of 16, TT Nagar,	

		improve upon their writing skills	Bhopal. You would like to apply for the post of Marketing Manager in a reputed firm in Mumbai. Write a letter to the Public Relations Officer, Chantac Enterprises, Mumbai, applying for the job. Write the letter in 120-150 words giving your biodata.	
MONTH	TOPICS/NO. OF PERIODS	LEARNING OUTCOMES	ACTIVITY	ASSESSMENT
September	Poets and Pancakes by Asokamitran	Each student will be able to  analyze and justify the title  comment on the humour used and the theme of the lesson  bring out the struggle that Ashokmitran went through	Students will do the following:  1. You must have met some interesting characters in your neighbourhood or among your relatives. Write a humourous account about their idiosyncracies  2. Create a collage or a cartoon strip: Collect about twenty cartoon strips from newspaper and magazines in any language to discuss how important people or events have been satirized Comment on the use of words and pictures used. You may also create a comic strip on the same lines.	Students will be assessed through:  MID - TERM EXAMINATION-21.9.22 - 30.9.22  Short revision test through Google forms  Practice Worksheets  Assignment Long Answer Questions
September	Aunt Jennifer's Tigers by Adrienne Rich	Each student will be able to facilitate making connections between similar situations in different storylines/life experiences. comment on the title	Students will do the following:  1. Art Integrated Activity: Add a stanza to the poem  2. No two individuals will be similar and will think alike. Each has to accept the other with their differences. When one is	Students will be assessed through:  Short Revision test through Google forms  Class participation

		empathize with Aunt Jennifer's	unable to do so, the relationship itself	Submission of work
		problems and seek resolution.	becomes a burden. And, that is what	
		·	happened to Aunt Jennifer. What	Practice Worksheets
		think and produce spontaneous, fluid	changes do you advocate to promote	
		and expression in poetic texts to	marital harmony.	Assignment Long Answer
		convey a social change.		Questions
		discern prevailing inequalities in		
		various guises		
September	The Enemy by Pearl S. Buck	Each student will be able to	Students will do the following:	Students will be assessed through:
		familiarize themselves with specific	You recently watched an interview of	
		background of political enmity.	one of the doctors who serves for the	Short Revision test through
			organisation named, 'Doctors without	Google forms
		identify and make connections between similar situations in own life	Borders'. This organisation serves people in remote corners of the world	Class participation
		experiences where our prejudices	which are affected by civil strife, poverty	Class participation
		often hinder our human compassion	and lack medical facilities. You were	Submission of work
		and empathy for a political enemy.	impressed with the dedication,	
			compassion and professional ethics of	Practice Worksheets
		Comment on the significance of	this doctor. Write an article for an e-zine	Assignment Long Anguer
		professional ethics and social obligation in sensitive times.	expressing the need for more such people in the world to serve selflessly.	Assignment Long Answer Questions
		obligation in conditive times.	poople in the world to conve comocory.	Quodiono
		express themselves through writing		
		tasks		
	On the Face of It by Susan	Each student will be able to	Students will do the following:	Students will be assessed
September	Hill	Lacii student will be able to	otadents will do the following.	through:
		bring out the theme	Imagine that the encounter with Mr.	3
			Lamb marked a turning point in Derry's	Short Revision test through
		justify the title	life. Many years later, Derry is invited to	Google forms
		build up optimism and solf	present a TED Talk on the challenges he faced and overcame. He thinks	Class participation
		build up optimism and self- confidence.	about the bitterness he carried earlier	Class participation
		35351.55.	towards people and the world, and how	Submission of work
		fight out their loneliness, depression	his attitude changed. He decides to	
		and disappointment.	speak about the transformation in his	Practice Worksheets
			relationship with himself, and	

		accept the physically challenged people positively in their life and expand their social interaction  express themselves through an article writing	understanding what kindness towards oneself might actually means. He agrees to weave his speech on 'Not the face of a victim'. As Derry, create the speech draft for the TED Talk.	Assignment Long Answer Questions
MONTH	TOPICS/NO. OF PERIODS	LEARNING OUTCOMES	ACTIVITY	ASSESSMENT
October	The Interview by Christopher Silvester	Each student will be able to  learn about the technique of 'interview' as a new way of interrogating.  list down the use of linkers and signallers while conducting an interview  give reasons why Umberto Eco likes/does not like being interviewed analyse why the novel, The Name of the Rose is a great success	Students will do the following:  1. Report Writing: produce a short report of the interview conducted by Mukund Padmanabhan using the salient points  Review and revise sample interview questions.  Brainstorm questions for an interview.  Conduct and record an interview.	Students will be assessed through:  Short Revision Test through Google forms  Practice Worksheets  Assignment Long Answer Questions
October	Going Places by A.R. Barton	Each student will be able to List down the differences between them that show up between Sophie and Jansie in the story  describe the character and temperament of Sophie's father  analyse why Sophie liked her brother Geoff more than any other person	Students will do the following:  1. Imagine Sophie's father finds out about Sophie's going to the canal to meet Danny Casey which leads him to think that she has lied to everyone about the whole affair. He is infuriated and prohibits Sophie from going anywhere except to school. As Geoff, write a diary entry disapproving of your father's punishment by citing your	Students will be assessed through:  Short Revision Test through Google forms  Practice Worksheets  Assignment Long Answer Questions

		analyse how injustice in any form cannot escape being noticed even by children  comment on Bama's experience as a victim of the caste system.  analyse the kind of discrimination that Zitkala-Sa experiences	communities. They reflect on instances of oppression they faced and how those instances proved to be the source of strength to fight against such oppression. Write down their discussion in a creative way, with reference to their experiences.	Practice Worksheets
October	By Zitkala-Sa and Bama	find out the commonality of theme found in the two distant cultures in the account	Imagine Zitkala- Sa and Bama meet each other. They both share their experience of being from marginalised	through:  Short Revision Test through Google forms
	Memories of Childhood	draft character sketches  Each student will be able to	reasons for being sympathetic to Sophie.  2. I cannot get myself to stand with father in his tirade against Sophie. Sure, she is not the most ii Imagine Sophie meets Danny Casey after several years. Write a dialogue exchange between them where Sophie explains what that meeting means to her.  Students will do the following:	Students will be assessed

November	Revision	Each student will be able	Students will do the following:	Students will be assessed through:
		revise all lessons from the literature	revise all lessons from the literature	
		section	section	Revision Test - 21.11.22 - 30.11.22
		revise formats and content of all writing tasks	revise formats and content of all writing tasks	
		practise case based passages	practise case based passages	

December	Revision	Each student will be able to	Students will do the following:	Students will be assessed through:
		revise all lessons from the literature section	Attempt questions from all sections of the question paper	Pre -Board Examination - 28.12.22 - 18.1.23
		revise formats and content of all writing tasks		
		practise case baded passages		

### **Class: XII Mathematics**

Month	No. of Periods/ topics covered	· · · · · · · · · · · · · · · · · · ·	<del>-</del>	Assassment
Month  March- 9 Days	No. of Periods/ topics covered  Chapter 5 - Continuity and Differentiability  *Chain Rule, product Rule and Quotient Rule – Recapitulations (1 day)  *Implicit and Inverse trigonometric function Derivatives (3 days)  *Logarithmic Differentiation(5 days)	Learning outcome  Each child will be able to *apply the concept of continuity to check whether a function is continuous or not *recall the chain , quotient, product rule *find the derivative of inverse Trigo functions  **perceive the concept of Logarithmic differentiation & parametric function	*Ex 5.3 and Ex 5.5 - Few Questions will be done in the class.  *Students will read the given flowchart and create their own once the topic is done  *Students will read the solved examples of NCERT  *Assignment containing questions from exemplar and previous board paper will be given and Level 2 and level 3 questions will be done in the class	Assessment  Through small tests in fundamentals  Class work  Home work  Class test- Logarithmic Differentiation  Google Form  Oral test
				Oral test  Oral Questioning will be done to check the understanding of the concept

April (18 Days)	Chapter 5 - Continuity and Differentiability Continued  *Parametric Differentiation(1 day)  *Higher order Derivatives(2 days)  *Continuity of a function(3 days)  *Differentiabilty(1 day)  Assignment (1 day)	Each child will be able to  *recall the properties of logarithms  *differentiate the parametric form  *find the higher order derivative of functions  *recall the concept of limits  *define a continuous function  *apply the concept of continuity to check whether a function is continuous or not	Links of videos - shared with them to watch and understand the concept  Interesting Assessment activities will be done in the class and few will be given as HW such as kahoot, quizizz, pose games to keep them involved with the content.  5 marker short test will be given to the students during the class to check their understanding of the concept.  *Students will read the given flowchart  *Students will read the solved examples of NCERT  *Quizzes	*Classwork and Homework done on the regular basis  *Small test in fundamentals  *Quizziz  * Oral Discussion  *Oral Questioning will be done to check the understanding of the concept using AMP technique  *10 Marker Google form will be given to evaluate the learning of concept
			* Assignment based on continuity and differentiability  * NCERT Ex 5.6, 5.7 and Misc exercise will be done in the class.	*Assignment based on Continuity and Differentiability will be assigned to the students in class and Level 1 & 2 questions will be assessed through the work done in the worksheets  Activity Art Integration Activity-Funnier side of exponential and logarithmic function

	Chapter 6 - Application of Derivatives Increasing Decreasing Function(3 days)  Tangents and Normal (3 days- Already done)  Rate of Change(2 Days) Revision of Determinants	*recall the concept of rate of change of variable *identify the function to be \(^1\) and \(^1\)  *find the intervals when the function is increasing or decreasing. * find the rate of change  *recall the relation of derivative at a point with the slope of tangent *equation of tangent and normal	Analyse limit of a function f(x) at x=c and check the continuity at that point.  Assignment and Formulae discussed.  NCERT and Assignment discussed in class  Ex 6.1 and 6.2 will be done in the class.  5 marker short test will be given to the students during the class to check their understanding of the concept.  *Students will read the given flowchart  *Students will read the solved examples of NCERT  *Quizzes  * Assignment based on continuity and differentiability	Assignments  Google forms based on Application of Derivatives will be given for self evaluation  Weekly test will be conducted to assess the learning of the concept
May (18 days)	Chapter 6 - Application of Derivatives  Maxima Minima (8 days)  Chapter 7- Integration  Introduction- *Difference between integration and differentiation(1 day)	Each child will be able to  *calculate the point of max/min in a given interval  *differentiate btw absolute max/min and local max/min  *apply the theory of max/min to solve word problems  *evaluate the approximate values using the concept of derivatives  define the concept of anti derivative	Art Integration: Construction of an open box of maximum volume from a given rectangular sheet by cutting equal square pieces from each corner. NCERT Ex 6.5 ,7.1, 7.2, 7.3 and 7.4- Few questions will be done in the class and Assignment will be discussed in class through  Links of videos - shared with them to watch at	Oral Questioning will be done to check the understanding of the concept through an AMP box  *10 Marker Google form will be given to evaluate the learning of concept
	*Integration by substitution (3 day)	*learn the integral of basic functions by the method of inspection  *learn the integral of basic functions by	their own pace  Interesting Assessment activities done in the class such as kahoot, quizizz, pose games to keep them involved with the content.	* Worksheet  *Formula Test  Assessment through an activity based on Maxima

*1-	Into anotion of Triponomotics	the method of inspection		Minima
	Integration of Trigonometric unction (4 days)	*integrate by substitution		Weekly Test 06.05.2022
*S	Special Integrals (2 days)	*apply the method of substitution to solve problems of integration by using trigonometric identities		Syllabus: Determinants,  Continuity and Differentiability  AOD: Tangent and Normals
July(20 days) Ci	Chapter 7 - Integrals (13)	Each child will be able to  *define the concept of anti derivative  *learn the integral of basic functions by the method of inspection  *apply the method of substitution of substitution to solve problems of integration by using trigonometric identities  *derive the solution of special integrals  *apply the method of by parts and partial fractions to solve problems  *perceive the concept of definite integral of a function  *apply the properties of  *definite integrals in solving problems	NCERT – Chapter 7 Important Questions Will be done in the class and Assignment will be discussed in class through Google Meet  Solve assignment- Integration  Students will watch the relevant video at home  Formulae sheet will be shared with the students  Activity- Evaluate the definite Integral as limit of sum and verify by actual Integration.	Through small tests in fundamentals Google Form  Practice Paper  Oral Questioning  Weekly Test- 15.07.22  Syllabus  Chapter 6- Application of Derivatives  Chapter 7- Integrals (Indefinite)

July(20 days)	Chapter 8- Application of Integration ( 7 Days)	Each child will be able to:  *draw the curve  *find the point of intersection  *identify the area to be calculated  *calculate the area bounded by the curves such as lines, ellipse, parabola, circle.	Solve assignment- Integration Application of Integrals	Oral Questioning Submission of work Class participation  5 Marker Class test will be conducted evaluate the learning of concept
August (19 days)	Chapter 9- Differential Equations (8 Days)	Each child will be able to  *define a differential equation. Its order and degree  *form the differential equation whose general solution is given  *solve the differential equation using the method of separating variables  *define a homogenous differential equation  *identify a linear differential equation  *solve a linear differential equation  (dy/dx +Py=Q	Solve Exercises from chapter 9 (NCERT)  Solve assignment-Differential Equations  Students will practice solved examples of NCERT at home which will help in further solving questions from Exercises Students will solve Exercises from chapter 9 (NCERT)  Formulae sheet will be shared with the students  NCERT — Students will watch the relevant video at home  Board Paper Questions will be practiced in class	Through small tests in fundamentals Google Form  Assessment through Google Forms, Oral Questioning, Work sent in the google classroom.  Online Quiz: MCQs 10QsX1m=10m
August (19 days)	Chapter 2 - Inverse Trigonometric Functions(4)	Each child will be able to  *evaluate the domain / range of inverse trigo functions	Links of videos - shared with them to watch at	Oral Questioning Assignments

		T	Γ., .	T
		*perceive the concept of principle branches  *sketch the graphs of inverse trigo functions.	their own pace	Homework given and discussed in the class  Google quiz - Inverse Trigonometry
August (19 days)	Chapter- Linear Programming Problem (4 Days)	*define an L.P.P, objective function, constraints, feasible region, feasible solution  *find the feasible region.  *solve an L.P.P using Corner point method	NCERT – Students will watch the relevant video at home read Ncert examples at home  Assignment Linear Programming Board Questions Experiential Learning-Formulate a linear programming problem to manufacture chocolates and attain maximum profit.	Oral Questions  Google Form for diagnosing the learning gaps
August (19 days)	Chapter- 13 Probability (3 days)	Each child will be able to  *define probability, random exp, event, sample space  *recall the fundamental principle of addition and multiplication	Experiential Learning- *Identify the role of probability in Casino games * Probability of Patients recovering from Covid 19 in Delhi in August 2020	Oral Questioning Submission of work Class participation
September (22 days)	Chapter 13 Probability (5 Days)	Each child will be able to *list the various types of events *differentiate btw independent and mutually exclusive events *perceive the concept of reverse probability *learn the Baye's theorem *define a random variable **apply the concept of random variable in finding mean and variance	NCERT Questions based on Probability will be done in the class  Students will watch the relevant video at home  Assignment on Probability given to the students  Experiential Learning- *Identify the role of probability in Casino games  * Probability of Patients recovering from Covid 19 in Delhi in August 2020  Activity- students will explain the computation of conditional Probability	Through small tests in fundamentals Venn – Diagrams

September	Revision for Mid term	Each student will be able to:	Students will recall, revise and apply the	
September (22 days)	Examination (5)  Chap 2- Inverse Trigonometric Functions Chap-3 Matrices Chap-4 -Determinants Chap5-Continuity and Differentiation Chap6-App of Derivatives Chap7-Integrals Chap8-App of Integrals Chap 9-Differential Equations	recall, revise, state and apply the properties, theorems and formulae from the mentioned topics and clarify their doubts, if any.	mentioned topics and clarify their doubts, if any.	Mid Term Examination- (21.02.2022-30.09.2022) Syllabus  Chap 2- Inverse Trigonometric Functions Chap-3 Matrices Chap-4 -Determinants Chap5-Continuity and Differentiation Chap6-App of Derivatives Chap7-Integrals Chap8-App of Integrals Chap 9-Differential equations
October (12	Canada Vastara (F. Dava)	Fach shild will be able to	Dood Mont examples at home	·
October (13 days)	Concept- Vectors (5 Days)	Each child will be able to  *define a vector  differentiate btw *vector and scalar list the various types of vectors  *differentiate btw direction cosines/ratios  *define scalar product of vectors  *apply the scalar product concept in solving questions  *define vector product of vectors  *apply the vector  * product concept in solving problems  *evaluate the projection of a vector on another vector  *find scalar triple product of given vectors.	Assignment  Vectors  Question from last year Board Exams  Experiential Learning- Physical significance of cross and dot product.  Solving Questions Activity- To verify that the angle in a semi circle is right angle.	Through Google Forms  Practice Paper
October (13 days)	Chapter 11- Three Dimensional Geometry (4 Days)	Three Dimensional Geometry  *recall the concept of 3-D  *list the various forms of line  *apply the various equations of line in solving problems	Activity- To verify that the angle in a semi circle is right angle.  Students will watch Don't memorise videos	Through small tests in fundamentals  Google Form
		*define skew lines *calculate the distance btw two lines-skew and parallel lines *list various equations of plane ***angle between two lines, two planes, line and	and NROER videos  Research about skew lines Lab activity- Distance between two points.	Oral Questioning Assignments

		<del>,</del>		
		a plane	visualization of Three Dimensional Geometry	Board Year Paper Practice Practice Paper
October (13 days)	Concept-Relation and Function (4 Days)	each child will be able to  *recall the definition of a function and relation *list the various types of relations *prove a relation to be an equivalence relation *evaluate the domain / range of given functions *perceive the concept of composite functions *evaluate the inverse of a function	Experiential Learning- Students will demonstrate a function which is neither one one nor onto  Art Integration: Various forms of functions  Dancing Math:	Assignment Relation Functions  Questions from last year Board Paper  Discussion  Lab activity(5 Marks)
November, December, January	*Revision of the concepts, *Revision Exam, *Preboard Examination *Practical's (Complete Syllabus)- NCERT book 1 and book 2	Each child will be solving the important questions from NCERT, Exemplar and the assignment	Solving questions from previous years board question papers  Sample Papers based on new pattern	Revision Test (21.11.2022- 30.11.2022  Preboard Exam (28.12.2022- 18.01.2023)  Small tests in fundamentals  Oral Questioning,  Assignments,  Board Year Paper Practice

		Sample Papers

## Psychology

Month	Topics covered	Learning outcomes	Activities	Assessments
April	Chapter: Variations in Psychological Attributes  Individual Differences in Human Functioning Assessment of Psychological Attributes Intelligence Theories of Intelligence Theory of Multiple Intelligence Triarchic Theory of Intelligence Planning, Attention-arousal, and Simultaneous-successive Model of Intelligence Individual Differences in Intelligence Culture and Intelligence Emotional Intelligence Emotional Intelligence Emotional Intelligence Emotional Intelligence Creativity  Chapter: Self and Personality  Concept of self Cognitive and behavioural aspects of self Self-esteem Self-efficacy	<ul> <li>Explain psychological attributes on which people differ from each other.</li> <li>State different methods that are used to assess psychological attributes.</li> <li>Explain what constitutes intelligent behaviour.</li> <li>Identify mentally challenged and gifted individuals</li> <li>Differentiate between intelligence and aptitude.</li> <li>Describe the link between culture and intelligence.</li> </ul>	<ul> <li>Computing IQ of individuals.</li> <li>Finding out one's own aptitude and interest in a certain area.</li> <li>Identifying verbal, nonverbal and performance tests from a few given tests.</li> <li>Finding out famous people and their area of intelligence as per Howard Gardener's Theory of Multiple Intelligences.</li> </ul>	<ul> <li>Assignments</li> <li>Practice sheets</li> <li>Google MCQ</li> <li>Quiz</li> </ul>

	<ul><li>Self-regulation</li><li>Culture and Self</li><li>Concept of Personality</li></ul>			
May	Chapter: Self and Personality  Major approaches to the study of personality Type Approaches Trait Approaches Psychodynamic Approach Behavioural Approach Cultural Approach Humanistic Approach	<ul> <li>Explain the different trait and type theories</li> <li>Differentiate between trait approach and type approach</li> <li>Describe the psychodynamic approach to personality.</li> <li>Explain the behavioural approach</li> <li>Explain the cultural approach</li> <li>Explain the humanisitic</li> <li>approach</li> <li>Describe the different methods to assess personality</li> <li>State features of projective techniques</li> <li>Explain techniques of behavioural analysis</li> <li>Explain self report</li> </ul>	<ul> <li>Activity on "who am I? – understanding self".</li> <li>Finding out the personality traits of your friend as per Allport's theory</li> <li>Identifying the defence mechanisms used in one's daily life</li> <li>Sketching/Painting to reflect upon one's personality</li> </ul>	<ul> <li>Assignments</li> <li>Practice sheets</li> <li>Google MCQ</li> <li>Quiz</li> </ul>
July	Chapter: Self and Personality	Each student will be able to:	Administering a self report to assess the	<ul><li>Assignments</li><li>Practice sheets</li></ul>
	Assessment of Personality	<ul><li>Explain self reports</li><li>Describe the different projective techniques</li></ul>	personality of their friend	Google MCQ

	Chapter: Psychological disorders  Introduction Classification of disorders Factors underlying abnormal behaviour Anxiety diorders Obsessive compulsive related disorders Trauma and stressor related disorders Somatic symptom and related disorders Dissociative disorders Depressive disorders Bipolar and related disorders Schizophrenia	<ul> <li>Explain the types of behavioural analysis</li> <li>Explain the concept of abnormality</li> <li>Describe anxiety disorders</li> <li>Explain OCD</li> <li>Describe symptoms of PTSD</li> <li>State the types of somatic symptom and related disorders</li> <li>Describe dissociative disorders</li> <li>Explain major depressive disorder</li> <li>Explain bipolar disorder</li> <li>Differentiate between positive and negative symptoms of schizophrenia</li> </ul>	<ul> <li>List characters from films and books who have suffered from any psychological disorder</li> <li>Identify different types of delusions from a few given situations</li> </ul>	• Quiz
August	Chapter: Psychological disorders	<ul> <li>Each student will be able to:</li> <li>Explain symptoms of schizophrenia</li> <li>Describe ADHD</li> <li>Decribe</li> <li>Austism spectrum disorder</li> <li>Explain substance related and addictive</li> </ul>	<ul> <li>Watch 'A beautiful mind' to understand Schizophrenia</li> <li>Find out a case study for feeding and eating disorders</li> </ul>	<ul> <li>Assignments</li> <li>Practice sheets</li> <li>Google MCQ</li> <li>Quiz</li> </ul>

		disorders		
	<ul> <li>Chapter: Therapeutic Approaches</li> <li>Nature and Process of psychotherapy</li> <li>Therapeutic relationship</li> <li>Behaviour Therapy</li> <li>Cognitive Therapy</li> <li>Humanistic-existential Therapy</li> </ul>	<ul> <li>Each student will be able to:</li> <li>Explain nature of psychotherapy</li> <li>Explain therapeutic alliance</li> <li>Describe the different behavioral techniques</li> <li>Explain Rational Emotive Therapy and Beck's therapy</li> <li>Describe different types of humanistic existential therapy</li> </ul>	<ul> <li>Watch 'Dear Zindagi'</li> <li>Role Play of a client and therapist</li> <li>List the different ways of reinforcing positive behaviour</li> </ul>	
September	Chapter: Therapeutic Approaches  Biomedical Therapy Alternative Therapies Rehabilitation of the Mentally III  Chapter 6: Attitude and Social Cognition Explaining social behavior Nature and components of attitude Attitude formation - factors	<ul> <li>Explain biomedical and alternative therapies.</li> <li>Explain how people with mental disorders can be rehabilitated</li> <li>Explain components of attitude</li> <li>Describe processes and factors of attitude formation</li> </ul>	therapeutic approaches • Pra	signments actice sheets ogle MCQ iz

	REVISION OF TERM 1 EXAMINATION SYLLABUS			
October:	Chapter 6: Attitude and Social Cognition	<ul> <li>Each student will be able to:</li> <li>Describe processes of attitude change</li> <li>Explain factors of attitude change</li> <li>State strategies for reducing prejudice</li> </ul>	<ul> <li>Analyzing an advertisement (video) for any product based on the factors affecting attitude change.</li> <li>Showing application of balance theory in different situations</li> </ul>	<ul><li>Assignments</li><li>Practice sheets</li><li>Google MCQ</li><li>Quiz</li></ul>
November	Chapter 7: Chapter: Social Influence and Group Processes	<ul> <li>Each student will be able to:</li> <li>Explain nature of groups</li> <li>Describe formation of groups</li> <li>Describe how groups are formed</li> <li>State the influence of group on individual behaviour</li> <li>Explain why people join groups</li> </ul>	<ul> <li>Read the graphic novel on group processes</li> <li>Students will identify the stages of group formation in any movie showing teamwork.</li> <li>Students will identify and write the different</li> <li>primary/secondary groups they are a part of.</li> </ul>	<ul> <li>Assignments</li> <li>Practice sheets</li> <li>Google MCQ</li> <li>Quiz</li> </ul>
December	Revision of syllabus	<ul> <li>Describe the various mental disorder</li> <li>Explain the various types of psychotherapy</li> <li>Explain</li> </ul>		<ul> <li>Practice tests</li> <li>MCQ         Board Papers     </li> </ul>

		components of attitude  Describe formation of attitudes	
January	Revision of syllabus	<ul> <li>Describe the various mental disorder</li> <li>Explain the various types of psychotherapy</li> <li>Explain components of attitude</li> <li>Describe formation of attitudes</li> <li>Explain the different types of social influences and group processes</li> </ul>	<ul> <li>Practice tests</li> <li>MCQ</li> <li>Board Papers</li> </ul>

## **ECONOMICS**

Month	Topics covered	Learning	Activites	Assessments
March	Government Budget (8 days)	Each student will be able to: Identify the spending categories and major revenue sources in the Union budget State the various objectives of the Budget. Define fiscal policy, identifying the roles of tax rates and government spending Differentiate between the three types of budget. Identify the types of deficit Explain the various sources from which the budgetary deficits are financed	Differentiate between capital receipts and capital expenditure? Budget lesson starter worksheets for a lesson introducing budgeting will be given. It includes creating a personal budget for yourself, and earning money while prioritizing needs and wants.	Worksheet
April	Indian Economy 1950-1990 (7 days)	Each student will be able to: The importance of planning in life-Individual as well as an economy To comprehend the meaning of planning by think pair and share method. Identify the goals of five year plan Analyze the importance of planning in development and the achievements as well as the failures of planning	Explain the goals of planning. The progress of the Indian economy during the first five year plan was impressive. Justify. Critically evaluate the licensing system and import substitution closed under the industrial and trade policies	Worksheet
	New Economic policy 1991 (7 days)	Each student will be able to: Identify and discuss the causes for the adoption of the New Economic policy.  1. Critically understand the background of the reform policies. 2. Critically point out the mechanism through which reform policies were introduced. 3. Discuss the causes for the adoption of the New Economic policy. 4. Comprehend the process of globalization and its implications for India. 5. Be aware of the impact of the reform process in various sectors. 6. Identify and discuss the causes for the adoption of the New Economic policy.	Observe around you—you will find State Electricity Boards (SEBs),BSES and many public and private organizations supplying electricity in a city and states. Compare the differences .There are private buses on roads alongside the government bus services? Why has the private transport increased? Conduct a survey (Analysing) Names of banks- private, private foreign, nationalized banks. Loss making companies to be nationalized-discussion.	Worksheet
	Money and Banking (Contd. In May – 5 days)	Each student will be able to: Each student will be able to: Comprehend the meaning of money and its functions. Supply of money and its measures. Develop the understanding of money creation by commercial banks and functions of central banks. Explain the process of credit creation by commercial banks.	Identify different banks from logos. Able to identify a fake currency from genuine one. Cheque activity – Issue a cheque according to given information. Understand how important is RBI for the country and how it controls the supply of money in the economy.	Worksheet. Class test.
May	National Income	Each student will be able to: Define consumer good and capital good. Define final good and intermediate good.	An ambassador in US embassy in India stays in his job for a period exceeding one year. Would he be treated as a resident or a non-resident of	Worksheet Class test

	Accounting (Contd. In July – 15 days)	Categorise different goods into consumer, capital, final or intermediate good. Draw the circular flow of income. Analyze the circular flow of income. Discover the flow of income in various sectors Categorise items for different methods for the measurement of national income Define income method Know expenditure method Classify factor income	India? Why is income earned by foreigners working in a branch of a foreign bank in India a part of the domestic factor income? In what sense can defence and security provided by the government be treated as intermediate service?	
July	Human Capital Formation (6 days)	Each student will be able to: Role of human capital formation Problems Factors affecting human capital Each student will be able to identify the importance of human capital formation. Identify the ways its done. Comprehend the difference between human development and capital formation. Critically appraise the current education scenario. The concepts of Human Resource, Human Capital Formation and Human Development The links between investment in human capital, economic growth and human development The need for government spending on education and health The state of India's educational attainment.	What are the two major sources of human capital formation in a country?  What are the indicators of educational achievement in a country?  Why do we observe regional differences in educational attainment in India?  In your view, is it essential for the government to regulate the fee structure in education and health care institutions? If so ,why?  EACH ONE TEACH ONE-Discussion on the initiative taken in the country.  Discuss Skill Development programmes initiated by the government.  'Education commission 1964-66 had recommended that at least 6 percent of GDP must be spent on education.  How far has India been able to achieve the goal?  What is human capital? Explain the role of human capital in economic development.	Worksheet
August	Theory of income and employment (15 days)	Each student will be able to: Explain the components of Aggregate Demand Explain Consumption Function Explain Savings Functions Determination of Equilibrium by AD AS approah and S I approach. Explain Multiplier Explain Excess Demand Explain Deficient demand Explain Monetary Policy Explain fiscal policy	There is minimum consumption even when income level is zero? Why? Higher savings induces greater investment. Comment. Why do we consider imports a leakage or negative component of AD?  Can consumption exceed income? If yes, what is savings? Distinguish between average propensity to consume and marginal propensity to consume. The value of which of these two can be greater than one and when?	Worksheet

			In an economy planned spending is greater	
			than planned output.  Explain all the changes that will take place in the economy.  How can the following be treated to correct excess demand-(i) Bank Rate (ii) Cash Reserve Ratio Develop the idea of propensity to consume by class activities i.e. role play giving them money of different amount and ask them to spend it according to their need or interest and after the activity tell them the key concepts.	
	Rural Development (5 days)	Make students understand the initiatives of government in addressing it's	Explain three non-farm areas of employment for rural population. Why is it important to develop proper storage	Worksheet
		Challenge. Familiarize student concept of current Challenges facing Indian economy, especially rural development	facilities in rural areas? Why is agricultural diversification essential for sustainable livelihoods?	
		Understand rural development and the major issues associated with it Appreciate how crucial the development of rural areas is for India's overall	Explain the importance of self help groups (SHGS) in rural areas.	
		development Understand the critical role of credit and marketing systems in rural	Quiz	
		development  Learn about the importance of diversification of productive activities to sustain	Role play	
		livelihoods Understand the significance of organic farming in sustainable	Note play	
Camtanahan	Delenes of	development.	la numbasian nausa of sumanas is stable an	\\\\ankankankankank
September	Balance of Payments	Each student will be able to	Is purchasing power of currency is stable or unstable. Role of Depreciation; Devaluation;	Worksheet
	and Foreign	Define foreign exchange	Appreciation and Revaluation in Exports and	
	Exchange (6 days)	Understand Balance of Payments Determine the rate of exchange	Imports For balancing Balance of Payment Account.	
	days)	Give reasons for the fluctuations in foreign exchange.	Account	
		Explain why a deficit in the current account of the balance of payments may		
		result in downward pressure on the exchange rate of the currency.		
		Explain why a surplus in the current account of the balance of payments may result in upward pressure on the exchange rate of the currency.		
October	Employment	Each student will be able to :	Provision of employment opportunities is the	Worksheet
	(5 days)	Understand a few basic concepts relating to employment such as economic	only stable solution to the problem of poverty.	
		activity, worker, workforce and unemployment.	Do you agree to this statement? Comment	
		Understand the nature of participation of men and women in various economic	Skill Development programmes initiated by the	

		activities.  Know the nature and extent of unemployment.  Students will understand the various types of unemployment: frictional, structural, and cyclical.  Assess the initiatives taken by the government.	government How will you know whether a worker is working in the informal sector? Is it necessary to generate employment in the formal sector rather than in the informal sector? Why? Why are regular salaried employees more in urban areas than in rural areas? Why are less women found in regular salaried. Discuss Current news- labour migration.	
	Environment (5 days)	Each student will be able to: Discuss Current Scenario of pollution and its effect on Indian farmers. Discuss Pollution in India Find solutions to the problems. Importance and Functions of environment Functions Problems, Causes and State of degradation of environment. Sustainable development	Song or Lyrics. Allow students to showcase talent and simultaneously learn. Content is through preparing songs and lyrics. India has abundant natural resources-substantiate the statement Distinguish between economic development and sustainable development. Poster designing.	Worksheet
	Comparative study (6 days)	Each student will be able to : Analyse India's relation with neighbouring countries, its development vis a vis development experience of neighbours.	Some value-based questions and PISA based questions related to lesson.  DEBATE AND DISCUSSION  News paper articles. Relate present relations between the 3 countries	Worksheet
November	Revision			
December	Pre board Exam			
January	Revision and			
2023	Pre board			
February	Revision			

#### PHYSICAL EDUCATION

Month	Topics Covered	Learning Outcomes	Activities	Assessment
APRIL MAY 2022	Unit I - Management of Sporting Events Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling) Various Committees & their Responsibilities (pre; during & post) Fixtures and its Procedures – Knock-Out (Bye & Seeding) & League (Staircase & Cyclic)	Each student will be able to:  Explain types of tournaments and draw Fixtures – Knock-Out (Bye & Seeding) & League (Staircase & Cyclic)  Know the different types of committees for organizing tournaments (pre; during & post)	Drawing of fixtures i.e., Knock-Out & League (Staircase & Cyclic)  Discussion on organizing P.E. Volleyball tournament  Students to discuss the textual based questions	Questions will be discussed in class  MCQ'S  Questions for home assignment
JULY 2022	Unit II - Children & Women in Sports Common Postural Deformities - Knock Knee; Bow Legs; Flat Foot; Round Shoulders; Lordosis, Kyphosis, and Scoliosis and their corrective measures Special consideration (Menarche & Menstrual Dysfunction) Female Athletes Triad (Osteoporosis, Amenorrhea, Eating Disorders)	Each student will be able to:  Describe different postural deformities and their cause and remedy Know the signs and symptoms of female athletes' triad	Discussion on types of Deformities  Students to discuss the textual based questions	Questions will be discussed in class  MCQ'S  Questions for home assignment
	Unit III - Yoga as Preventive Measure for Lifestyle Disease Obesity: Procedure, Benefits & Contraindications for Tadasana, Katichakrasana, Pavanmuktasana, Matsayasana, Halasana, Pachimottansana, Ardha — Matsyendrasana, Dhanurasana, Ushtrasana, Suryabedhan pranayama  Diabetes: Procedure, Benefits & Contraindications for Katichakrasana, Pavanmuktasana,Bhujangasana, Shalabhasana, Dhanurasana, Supta-vajarasana, Paschimottanasana, Ardha-Mastendrasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalabhati  Asthma: Procedure, Benefits & Contraindications for Tadasana, Urdhwahastottansana, UttanMandukasana, Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapalbhati, Gomukhasana	Each student will be able to:  Know Lifestyle Diseases Describe the procedure, benefits & contraindications of the asanas	Students are to perform the various types of asanas  Discuss the textual based questions	Questions will be discussed in class MCQ'S Questions for home assignment

	Matsyaasana, Anuloma-Viloma  Hypertension: Procedure, Benefits & Contraindications for Tadasana, Katichakransan, Uttanpadasana, Ardha Halasana, Sarala Matyasana, Gomukhasana, UttanMandukasana, Vakrasana, Bhujangasana, Makarasana, Shavasana, Nadishodhanapranayam, Sitlipranayam			
AUGUST 2022	Unit IV - Physical Education & Sports for CWSN (Children with Special Needs - Divyang) Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics) Advantages of Physical Activities for children with special needs Strategies to make Physical Activities assessable for children with special needs	Each student will be able to:  Differentiate between Special Olympics; Paralympics, and Deaflympics Describe the activities & strategies for children with special needs	Discussion on Children with special needs Discuss the textual based questions	Questions will be discussed in class  MCQ'S  Questions for home assignment
AUGUST 2022	Unit V - Sports & Nutrition Balanced Diet & Nutrition: Macro & Micro Nutrients Nutritive & Non-Nutritive Components of Diet Eating for Weight Control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance & Food Myths	Each student will be able to:  Describe the concept of balanced diet and nutrition. Differentiate between Macro and Micro Nutrients. Explain Nutritive & Non-Nutritive Components of Diet & Food Myths	Discussion on Healthy Weight, Pitfalls of Dieting, & Food Intolerance Students to discuss the textual based questions	Questions will be discussed in class  MCQ'S  Questions for home assignment
AUGUST 2022	Unit VI Test & Measurement in Sports  Fitness Test – SAI Khelo India Fitness Test in school:  • Age group 5-8 yrs/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test  • Age group 9-18yrs/ class 4-12: BMI, 50mt Speed test, 600mt Run/Walk, Sit & Reach flexibility test, Strength Test (Abdominal Partial Curl Up, Push-Ups for boys, Modified Push-Ups for girls)  Computing Basal Metabolic Rate (BMR)  Rikli & Jones - Senior Citizen Fitness Test  I. Chair Stand Test for lower body strength  III. Arm Curl Test for upper body strength  III. Chair Sit & Reach Test for lower body flexibility	Each student will be able to:  Understand the importance of flexibility, explosive strength and balance Understand the ideal BMI Know the six Rikli & Jones – Senior Citizen Fitness Test	Collect data from at least 2 family members for upper body strength and flexibility  Students to discuss the textual based questions	Questions will be discussed in class  MCQ'S  Questions for home assignment

	IV. Back Scratch Test for upper body flexibility V. Eight Foot Up & Go Test for agility VI. Six Minute Walk Test for Aerobic Endurance			
SEPTEMBER 2022	Unit VII Physiology & Injuries in Sports  Physiological factors determining components of physical fitness  Effect of exercise on Muscular System  Effect of exercise on Cardio-Respiratory System  Sports injuries: Classification (Soft Tissue Injuries - Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bone & Joint Injuries - Dislocation, Fractures - Green Stick, Comminuted, Transverse Oblique & Impacted)	Each student will be able to:  Explain the Physiological Determinants of Strength, Speed, Endurance & Flexibility Students will know the Immediate and Long-term effects of Cardio Respiratory system	Discussion on various sports injuries (Soft Tissue Injuries, Bone & Joint Injuries) and on Effect of exercise on Muscular System  Students to discuss the textual based questions	Questions will be discussed in class  MCQ'S  Questions for home assignment
SEPTEMBER 2022	Unit VIII Biomechanics & Sports Newton's Law of Motion & its application in sports Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports Friction & Sports Projectile in Sports	Each student will be able to:  Explain Newton's three Laws of Motion, Equilibrium, & Projectile with their application in sports Understand Friction & Sports	Discussion on Newton's Law of Motion, gravity and throwing angles  Students to discuss the textual based questions	Questions will be discussed in class  MCQ'S  Questions for home assignment
OCTOBER 2022	Unit IX Psychology & Sports  Personality; its definition & types (Jung Classification & Big Five Theory)  Meaning, Concept & Types of Aggressions in Sports Psychological Attributes in Sports – Self Esteem, Mental Imagery, Self-Talk, Goal Setting	Each student will be able to:  Explain Personality; its definition & types Know the Meaning, Concept & Types of aggression in sports Understand psychological attributes in sports	Discussion on Personality, Aggression and Psychological Attributes in Sports  Students to discuss the textual based questions	Questions will be discussed in class  MCQ'S  Questions for home assignment
OCTOBER 2022	Unit X Training in Sports Concept of Talent Identification and Talent Development in Sports Introduction to Sports Training Cycle – Micro, Meso, Macro Cycle Types & Method to Develop – Strength, Endurance and Speed Types & Method to Develop – Flexibility and Coordinative Ability	Each student will be able to:  Understand the concept of talent identification & development in sports Know Sports Training Cycle Explain the definition, types & methods of improving – Strength, Endurance, Speed and Flexibility Know about Coordinative abilities	Discussion on concept of Talent Identification and Talent Development in Sports, Micro, Meso, Macro Cycle and Strength, Endurance, Speed and Flexibility Students to discuss the textual based questions	Questions will be discussed in class  MCQ'S  Questions for home assignment

REVISION FOR PREBOARD EXAMINATION		

# HISTORY

Month	No of Classes	Topics covered	Learning outcome	Activities	Assessment
March	9	Kinship, Caste and Class  Kinship and marriage  Social Differences  Beyond birth- Resources and States  Handling Texts  A Dynamic Text	Each student would be able to-  -Trace the development of class and caste societies in early India in at least 8 points.  -Justify the need for gender empowerment from a historical perspective in at least 8 points  -Write at least 3 points on the duties laid down in the Dharmashastra for the four varnas.  -Analyze in 3 points why the Mahabharata is a dynamic text	Images- sculptural depictions of the period  Reading- Amar Chitra Katha – Mahabharata  Viewing- B.R Chopra's Series Mahabharata	Worksheet Question and Answers Case Study

April	10	Thinkers, Beliefs and Buildings  A Glimpse of Sanchi  Beyond Worldly Pleasures- The Message of Mahavira  The Buddha and The Quest for Enlightenment  Stupas  Sculpture	Each student would be able to- List the causes for the rise of Jainism and Buddhism in at least 3 points  Explain in at least 4 points the role of the Begums of Bhopal in preserving the Stupa at Sanchi  -Describe the teachings of Jainism & Buddhism in at least 8 points each.  Discuss why the Sanchi stupa survived while Amravati did not in at least 3 points.  -Explain the structure of a Stupa in atleast 8 points.	Videos on the architectural importance Sanchi and Amravati Stupas  Images of the Bodhisattas, and Buddhist architecture  Map skills	Worksheet Questions and Answers
			of a Stupa in atleast 8		
April	8	Bhakti- Sufi Traditions A Mosaic of Religious Beliefs and Practices Poems of Prayer	Each student would be able to-  Trace the different branches of the bhakti movement in at least 3 points	Images of the Jagannath temple, sculptures of the devotees of the bhakti movement.	Worksheets Case Study Q/A in the notebook

		The Virashaiva Tradition  Religious Ferment in North India  New Strands in the Fabric Islamic Traditions  The Growth of Sufism  The Chistis in the Subcontinent  New devotional paths Dialogue and Dissent in Northern India  Reconstructing Histories of Religious Traditions	-Analyze the development of Sufism in the country in at least 8 points  -Explain the life in the Chisti Khanqah in at least 8 points  -Compare the teachings of Kabir, Guru Nank and Mirabai in at least 8 points  -Trace the growth of the Virashaiva tradition in Karnataka in at least 8 points	Images of a page from the Quran and a Khojaki manuscript, Salim Chisti's dargah.  Listen to Sufi Music/ Qawwali	
May	9	The Imperial Capital Vijayanagara The Discovery of Hampi Rayas, Nayakas and Sultans Vijayanagara: The Capital and it's Environs The Royal Centre The Sacred Centre Plotting Palaces, Temples and Bazaars	Each student would be able to-  Trace the developments that led to the formation of the Vijayanagara empire in at least 3 points.  -List the achievements of Krishnadeva Raya in at least 8 points  - Analyze the architectural significance of Vijayanagara in at least 8 points.	Video on the capital Hampi.  Video on the Virupaksha and the Vitthala temples  Images of Gopurams and Mandapas.  Map work	Worksheet Case study

July	8	Through The Eyes of Travellers	Each student would be able to-	Power point presentation on the 3 travellers.	Worksheets Q/A in notebook
		Society  Forests and Tribes  The Zamindars  Land Revenue System  The Flow of Silver  The Ain-i-Akbari of Abu'l Fazl Allami	the medieval period with that of contemporary India.  -Assess the Ain as an important source on Agrarian history of the Mughal Empire in at least 8 points.		Towns
May	9	Peasants, Zamindars and the State: Agrarian Society and the Mughal Empire (16th – 17th centuries)  Peasants and Agricultural Production  The Village Community  Women in Agrarian	-Write at least 8 points on the perceptions of the foreign travelers  Each student would be able to-  -Write at least 8 points about the agrarian system of Mughal Empire  -Analyze the socio-economic conditions of Mughal India in at least 8 points  -Trace the developments of the medieval period and compare the agricultural conditions of	Art integration Activity- Problem solving technique – Students will be given situations to simulate as Panchayat of a rural area in 16th century. They will be making decisions on the basis of norms present in the textbook.	Worksheets Case Study Q/A in the notebook  Weekly Test 1 27/5/22-  1. Bricks, Beads and Bones 2. Kings, Farmers and

		Perceptions of society (10th – 17th century)  Al- Biruni  Ibn-Battuta  Francois Bernier	-Discuss the ideas of these travelers regarding the Indian Sub-continent at least 3 points each.  -Explain how these accounts are useful in understanding life in contemporary urban centres in at least 8 points  -Compare and contrast the perspectives of Ibn Battuta and Bernier in at least 8 points  -Discuss in 8 points how crown ownership of land led to deterioration of the society- (according to Bernier)	Trace the path of the Travellers on the map of the world.	
July	12	Colonialism and the countryside Exploring Archival Records  -Bengal and the zamindars  -The hoe and the plough  -A revolt in the countryside in Bombay Deccan	Each student would be able to-  -Discuss about the conditions of the zamindars and sale of their zamindari's in at least 8 points.  -They will be able to discuss the reasons for the pre 1857 revolts in 8 points.	On the political map of India identify the areas of Paharia and Santhal settlement.  Videos on British colonial policies in the Indian countryside	Worksheets Case Study Q/A in the notebook

		-The Deccan Riots Commission	-Analyze the role of agriculturalists and small industrialists in the early modern period  -Write in 3 points the feeling of injustice of the peasants on refusal to get loans.		
August	12	Rebels And The Raj The Revolt of 1857 and it's Representations Pattern of the Rebellion  Awadh in Revolt  What the Rebels Wanted  Repression  Images of the Revolt	Each student would be able to-  -List the causes of the revolt in at least 8 points.  - Trace the spread of the revolt in at least 3 points  -Discuss rhe reasons and effects of the annexation of Awadh in at least 8 points  -List the provisions of the Subsidiary alliance  -Assess the role of rumours in the spread of the revolt in at least 3 points  -Explain the nationalist images of revolt in at least 8 points.  -Analyze how the revolt was brutally suppressed by the British in at least 8 points	1. Locate and label the centers of the revolt, on the outline political map of India.  2. Analyze any one painting on the revolt of 1857 and write an account. (It should not be from your textbook)  3. Watch the movie Shatranj Ke Khiladi – by Satyajit Ray	Worksheets Case Study Q/A in the notebook  Class Test (15 marks) 1. Kinship, Caste and Class  Weekly Test 2 05/08/22- 1. Thinkers, Beliefs and Buildings. 2. Bhakti-Sufi Traditions

August/ September	8+4	Mahatma Gandhi and the Nationalist Movement Civil Disobedience and Beyond  A Leader Announces Himself The Making and Unmaking of Non- cooperation The Salt Satyagraha- A Case Study Quit India The Last Heroic Days Knowing Gandhi	Each student would be able toExplain the contribution of Gandhi in the national movement in at least 8 points.  -Analyze the significance of Gandhiji's speech at the opening of the BHU in at least 3 points  -Explain the concept of Satyagraha in at least 3 points.  -List the reasons for Gandhi's mass appeal in at least 8 points  -Compare the Non - Cooperation and Civil Disobedience movements  -Give a detailed account of the mass movements of Gandhi.  -Discuss the sources on Gandhi in at least 3 points.	1) Draw a timeline on the life and achievements of Mahatma Gandhi.  2) Watch the movie Gandhi- Richard Attenborough	Worksheet Q/A in notebook
September		Revision- Mid Term Exams			Mid Term Exam 80 marks (21/09/22) to (30/09/22)

					1. Kings, Farmers and Towns 2. Kinship, caste and Class 3. Thinkers, Beliefs and Buildings 4.Bhakti-Sufi Traditions 5.An Imperial capital Vijayanagara 6. Peasants, Zamindars and the State
October	10	Framing the Constitution The beginning of a New Era  A Tumultuous Time The Vision of the Constitution Defining Rights The Powers of the State The Language of the Nation	Each student would be able to-  -Analyze the process through which the constitution was framed in at least 8 points.  -Write at least 8 points on the policy of reservation the in constitution.  -Examine the debates in the constituent assembly on-  The powers of the State in at least 8 points.  The language policy in at least 8 points  The need for a strong centre in at least 8 points  -Explain the debate on the depressed classes of the nation in at least 8 points.	Read the Preamble of the Constitution of India.  If you were asked to write a new Preamble, What would you write?	Worksheet Q/A in notebook

November	14	REVISION		Revision Tests
		IVE A IOIOIA		21/11/22 to 30/11/22
				1.Kinship, Caste and
				Class
				Cultural Development
				2.Thinkers, Beliefs and
				Buildings: Cultural
				Developments
				3. Through the Eyes of
				Travellers
				4. Bhakti-Sufi
				Traditions
				5. An Imperial Capital
				Vijayanagara
				6. Peasants, zamindars
				and the State
				7. Colonialism and the
				Countryside.
				8.Rebels and the Raj:
				The Revolt of 1857 and
				it's Representations
				9. Mahatma Gandhi
				and the National
				Movement
				10. Framing of The
				Indian Constitution.
				indian Constitution.
December/Januar	у	Revision		Pre-Board
				<b>Examination</b>
				(28-12-22 to 30-12-22)
				and (12-01-23) to
				<u>(18-01-23)</u>
				1.Bricks, Beads and
				Bones.
				The Harappan
				Civilization
				2.Kings, Farmers and
				Towns
				Early State and

		Economies 3.Kinship, Caste and Class 4.Thinkers, Beliefs and Buildings: Cultural Developments 5. Through the Eyes of Travellers 6. Bhakti-Sufi Traditions 7. An Imperial Capital Vijayanagara 8. Peasants, zamindars and the State 9. Colonialism and the Countryside. 10.Rebels and the Raj: The Revolt of 1857 and it's Representations 11. Mahatma Gandhi and the National Movement
		12. Framing of The Indian Constitution

### **POLITICAL SCIENCE**

Month	Topics covered	Learning Outcome	Activities	Assessment
March	9/11 Gulf wars American intervention in Afghanistan No of classes-8	Each student would beable to- List the cause and consequences of the Gulf wars Discuss 9/11  Analyze the repercussion of American intervention in Afghanistan	Cornell note taking on topics Video watch- 9/11 documentary	
April	New centers of power EU ASEAN China India BRICS 10 classes	Each student would be able to- Explain the inception, growth of the EU  Explain the cooperation and growth of ASEAN  Discuss the transition of China from a command economy to an economic giant  Analyze India's relations with US, Russia, China, Israel, ASEAN, BRICS	Create a timeline ofevents.  Watch the video onthe fall of Hosni Mubarak  Cornell notetaking  Timelines  Graphic organizers	Quiz

April	South Asia and the Contemporary		Brain storming on the changing relations	Worksheet
	World Conflicts and efforts for peace and	Each student will be able to-	between India and Pakistan.	
	democratization in SouthAsia		Thaw and	Listing each nation and writing its
	Pakistan, Sri Lanka, Bangladesh,		conflict. Surgical strikes	internal problems
	Nepal, Maldives	Analyze the constant change		
		between Military and democracy in	Documentary on Surgical strikes	
	8 classes	Pakistan.	, ,	
		Explain the hard- won democracy in Bangladesh.	Images, caricatures etc	
		Evaluate the struggle between	Cornell Note taking	
		monarchy and democracy in Nepal.	- Comment to to taming	
		Discuss in the ethnic conflictin Sri		
		Lanka.		
		Analyze India's relation with		
		her neighbors.		
		( Pakistan, Bangladesh, Nepal, Sri		
		Lanka, Maldives and Bhutan)		
		Analyze whether India has		
		hegemonic ambitions in South Asia.		
		- <b>3</b>		
		Evaluate the success and		
		failure of SAARC		

July	Security in the contemporary world  Terrorism	Each student will be able to- Analyze the issues governing security today with special emphasis on terrorism	Documentary on terrorist strikes	Worksheet
	Environment and natural resources Environmental concerns in global politics Global commons Environmental movements Indigenous peoples  6 classes	Discuss the Environmental concerns in global politics  Analyze the importance of global commons  Explain the various environmental movements  List the concerns of Indigenous peoples	Documentary on climate change Greta Thunberg  Poster on terrorism  Class board on environmental conservation	
July	Globalization	Each student would be able to-	News articles onglobalization	
	What is globalization? Causes of globalization  Consequences of globalization Political Economic Cultural  India and globalization Resistance to globalization  5 classes	Identify causes ofglobalization  Analyse the consequences of globalization in 6 points each under the following: Political, Economic, Cultural  Discuss the resistance to globalization  Explain how India's affected by globalization and vice versa	Images of the effects of globalization in parts of the world.  Graphic organizer on the economic, political and culturaleffect of globalization  Concept map Text book for cartoons, pictures	Weekly Test 2  1.International Organizations 2.Security

July	Challenges to nation building	Each student will be able to-	Documentary - Partition
	Nation and nation building Sardar Patel and the integration of India Nehru's approach to nation building Legacy of partition Challenge of refugee resettlement Kashmir Problem Political contestation over language Linguistic organization of states. 5 classes	Identify the challenges that India faced on Independence  Discuss the consequences of the partition of India  Explain the integration of Princely states and the role of Sardar Patel  Explain the issue of the division of Indian states based on linguistic lines	Documentary watching- Series Pradhanmantri  Worksheet  Cornell notetaking
August	Politics of planned development Changing nature of India's economic development 5 Year plans NDC & NITI Aayog 4 classes	Each student will be able to-  Trace the changing face of development in India  Analyze the success of the five year plans Explain the role and function of the NDC and the NITI Aayog	
August	India's foreign policy Principles of foreign policy Changing relations with other nations US, Russia, China, Israel, S Asian nations, Myanmar India's nuclear policy	Each student will be able to- List in 4 points the contribution of Nehru to Indian Foreign policy Discuss India's relations with US, Russia, China, Israel, BRICS and S Asian nations	Documentary watching- Series Pradhanmantri  Worksheet  Cornell notetaking
	8 classes	Explain in 6 points the changing relations between India and China	

		List in 4 points India's nuclear policy		
August	Parties and party systems One party dominance Bi party dominance Multi party coalition systems  10 classes	Each student will be able to-  Explain the challenges faced on building democracy  Discuss the Congress dominance in the first 3 general elections  Compare the nature of congress dominance with PRI  Discuss how the Congress managed fractions  Explain the rise of a principled opposition	Documentary watching- Series Pradhanmantri  Worksheet  Cornell notetaking	

September	Jaya Prakash Narayan, Ram Manohar Lohia, Deen Dayal Upadhaya Emergency Democratic upsurge 8 classes	Explain JP Narayans idea of total revolution, RM Lohias idea of socialism, DD Upadhaya ideas on integral humanism  Evaluate National Emergency- its causes and effect  Analyze the three democratic upsurges	Documentary watching- Series Pradhanmantri  Worksheet  Cornell notetaking	1.The End of Bipolarity 2.Gulf War 3.Arab Spring 4.New centers of power 5.Contemporary South Asia 6.International Organizations 7.Security in the Contemporary world 8.Environment and natural resources 9.Globalization 10.Challenges to nation building
October	Regional aspirations  Rise of regional parties Punjab crisis Kashmir issue Demand for autonomy in states  8 classes	Each student will be able to- Discuss the rise of regional parties List the time line of the Punjab crisis and the Kashmir problem Explain the demand for autonomy in various states	Documentary watching- Series Pradhanmantri  Worksheet  Cornell notetaking	

November	Indian Politics – Recent trends	Each student will be able to-	Documentary watching- Series	Revision Test
	and development  Era of coalitions National Front United Front UPA NDA I-IV Issues of development and governance  8 classes	Discuss the context of the 1990s in politics List the coalition governments Explain the issues of governance	Pradhanmantri  Worksheet  Cornell notetaking	1.Contemporary South Asia 2.International Organizations 3.Security in the Contemporary world 4.Environment and natural resources 5.Globalization 6.Challenges to nation building 7. Party and party system 8.Democratic resurgence 9. Politics of Planned Development 10.Indian Foreign policy 11. Regional Aspirations 12. Recent Trends -Indian Politics
December & January	Revision for Board Exams	Synopsis, graphic organizers, mind maps	Written and oral revision	Pre- Board Exam Full syllabus to be tested

### **HOME SCIENCE**

S.NO.	MONTH	TOPICS COVERED	LEARNING OUTCOME	ACTIVITIES	<u>ASSESSMENTS</u>
1.	March	Work, livelihood and Career -work, meaningful work and work, rest and recreation & Standard of living, shramdan, social responsibility, kar seva -traditional occupation in India & work, age, gender, gender related issues -Child labor and children's work -work and elderly -attitudes and Approaches to Work -quality of work life and life skills for livelihood -work and environment and entrepreneurship	Each child will be able to:  - explain the terms meaningful work, livelihood, careers and entrepreneurship - elaborate on the concepts of standard of living and quality of life State the importance of social responsibility and volunteerism analyze the attitudes and approaches that contribute to quality of work life and successful careers describe the concepts of standard of living and quality of life outline the importance of social responsibility and volunteerism.	Each student will prepare a digital or handmade flowchart/ graphic organizer/ poster/ pamphlet/ broucher on traditional occupations of India.	1) class test on googles mcq 2) worksheet 3) assignment questions
2.	APRIL	Clinical Nutrition and Dietetics Significance Basic concepts Diet therapy Types of diets and feeding routes Preparing for a career and scope	Each child will be able to:  1) describe the significance and scope of clinical nutrition and dietetics.  2) list the role and function of a clinical nutritionist/medical nutrition therapist.  3) Analyze the knowledge and skills required for a career in clinical nutrition and	Modification of a normal diet to soft diet for elderly person.     Record of 24-hour dietary intake.	Class test MCQ     Assignment questions     worksheet

		dietetics.		
3.	Public nutrition and health  What is Public Health Nutrition?  Nutritional problems in India  Strategies/intervention to tackle Nutritional Problems  Different Interventions for Tackling Malnutrition  Role of Public Nutritionist	Each child will be able to: 1) list the significance of public nutrition 2) outline the problems of public health 3) analyses the factors that are linked to nutritional problems 4) describe strategies that can be used to tackle nutritional problems 5) state the programmes that are in operation to tackle important nutritional problems.	Development and Preparation of Supplementary Foods for Nutrition Programmes	1) Class test MCQ 2) Assignment questions 3) worksheet
4.	Early Childhood Care and Education	Each child will be able to:  1) list the importance of various issues related to food safety and quality  2) analyze how food-borne illnesses occur  3) Differencaite between national and international food standards and their role in ensuring food quality and safety  4) List the importance of food safety management systems  5) Analyze the various career avenues / options in this area.	Remembering of a childhood story which had a moral and an impact on the students and narrating it in front of the whole class	1) Class test MCQ 2) Assignment questions 3) worksheet

5.	MAY	Management of Support Services, Institutions and Programme for Children, Youth and Elderly 1)Significance 2)Basic concepts 3)Why are children vulnerable? 4)Why are youth vulnerable? 5)Youth programme in India. 6)Why are elderly vulnerable? 7)Some programme for elderly 8) Career and Scope	Each child will be able to:  1) explain why services, institutions and programmes are needed for children, youth and elderly  2) describe the aspects involved in management of institutions and programmes  3) discuss the knowledge base and skills set required to manage and run institutions and programmes  4) become aware of the career opportunities available in this field.	Test of Food Adulteration Qualitative Tests for Food Adulteration Foods that will be tested are: Black pepper, tea, coffee, milk, etc.	<ol> <li>Class test</li> <li>Assignment questions</li> <li>Worksheet</li> <li>16th July weekly test</li> </ol>
6.	JULY	Food Quality and Food Safety	Each child will be able to: 1) list the importance of various issues related to food safety and quality 2) analyze how food-borne illnesses occur 3) Differeciate between national and international food standards and their role in ensuring food quality and safety 4) List the importance of food safety management systems 5) describe the various career avenues / options in this area.	INDIVIDUAL ACTIVITY: Each student will plan a menu for school canteen or midday meal in school for a week	Class test     Assignment     questions  3) worksheet
7.		Food processing and technology  • introduction  • basic concepts  • development and importance of food	Each child will be able to:  1) understand what is food processing and technology, its history, development and present status  2) explain the significance and basic concepts of the subject	INDIVIDUAL ACTIVITY: Design, Prepare and Evaluate a Processed Food Product	<ol> <li>Class test MCQ</li> <li>Assignment questions</li> <li>worksheet</li> </ol>

	processing and technology  preparing for career  scope	3) be aware of the skills required to be a professional food technologist  4) be aware of the career opportunities available and educational qualifications required for specific careers in the industry  know the scope for self-employment as small, medium or large scale entrepreneurs.		
8.	<ul> <li>Design for fabric and apparel</li> <li>Basic concepts</li> <li>Elements of design</li> <li>Principles of design</li> <li>Preparing for a career</li> <li>scope</li> </ul>	Each child will be able to:  1) discuss the concepts of design 2) recognize the elements that constitute design 3) explain the application of design principles for fabric and apparel 4) discuss how a student can prepare for a career in the field	Preparation of any one article using applied textile design techniques; tie and dye/batik/block printing.	<ol> <li>Worksheet</li> <li>Assignment questions</li> <li>Class test</li> </ol>
9. AUGUST	Fashion design and Merchandising	Each child will be able to:  1) explain the significance of fashion design and merchandising in garment industry  2) describe the fundamentals of fashion  3) explain the knowledge and skills required to be in fashion business  4) discuss how a student can prepare for a career in fashion industry	Application of quality control techniques in garment industry (any one readymade garment)- a) Fabric inspection b) Quality of seams and fasteners/notions c) Size labels	1) assignment questions 2) worksheet 3) class test
10.	care and Maintenance of Fabrics in institutions  introduction basic concepts	Each child will be able to:  1) discuss the significance of care and maintenance of fabrics and textile products	To remove different types of stains like ball pen, blood, coffee, tea, lipstick, curry, grease, ink.	Assignment questions     Worksheets

		<ul><li>institutions</li><li>preparing for a career</li><li>scope</li></ul>	2) describe the concept of care and maintenance of fabrics in hospitals and hotels 3) explain the process and various equipment required and their usage 4) discuss how a student can prepare for a career in this field.		3) Class test
11.	SEPTEMBER	Hospitality Management	Each child will be able to:  1) explain the importance of hospitality management  2) explain the functioning of food and beverage departments of the hospitality industry  3) describe the functioning of housekeeping department  4) discuss the functioning of front office in hospitality industry  5) know the various career opportunities available in this field.	Develop a leaflet/pamphlet for Consumer Education and Protection on any one of the following- a) Consumer Protection Act (CPA) b) Consumer responsibilities c) Consumer organization d) Consumer Problems	1) assignment questions 2) worksheet 3) class test
12.		MID TERM EXAMINATIONS AND PRACTICAL EXAMINATIONS			
13.	OCTOBER	Consumer Education and Protection  Significance Basic concepts Consumer rights Standardized marks Consumer responsibilities scope	Each child will be able to:  1) List the importance and role of Consumer Education and Protection  2) explain the basic concepts related to Consumer Education and Protection  3) analyse the knowledge and skills needed for a	Collect labels/packages of any ten commodities of daily use (like spices, biscuits, bulbs, sugar, sauce, jam, etc.) and see which standardization marks are found on them.	<ol> <li>Class test MCQ</li> <li>Assignment questions</li> <li>worksheet</li> </ol>

14.	development communication and Journalism  • introduction  • basic concepts  • significance  • Red Ribbon Express	career in this field 4) understand the scope and career options.  Each child will be able to: 1) understand the importance of development communication and journalism for social change and development 2) identify the skills required for a career in communication and	Analysis and discussion of any one print/radio/electronic media with reference to focus, presentation, technology and cost.	1) Assignment questions 2) Class test 3) worksheet
	<ul> <li>(RRE)</li> <li>Knowledge and skills required for career in this field</li> <li>Scope and career avenues</li> </ul>	journalism 3) comprehend the scope of this discipline and the career options available.		

### **PAINTING**

MONTH	TOPICS	LEARNING OUTCOME	ACTIVITIES	ASSESSMENT
March	Theory: Topic – The Manuscript miniature painting tradition Sub Topic- Jain school Pala school Sultanate school  Practical- Topic-Elements of art Sub topic-Organic shapes and geometric shapes (Realism & cubism	Each student will be able to:  Paraphrase the history of Manuscript miniature paintings in India and different sub schools under it.  Familiar with the process of making miniature paintings and its importance Incorporate the elements of art in the artwork	PPT Videos Experiment of making natural colours(will share a video on same) Google forms Worksheets Assignments questions Mind map Sketching	Assessment will be done on the basis of: Oral questioning Assignment question & ans. Worksheets Incorporate elements of art in composition making
April	Theory: Indian Miniature paintings and Rajasthan school of miniature painting	Each child will be able to:	PPT https://docs.google.com/presen tation/d/1zCi5pKWmIuU2Njy8	Assessment will be done on the basis of :

	Practical: Composition 1: visit to the museum	Paraphrase the history of Rajasthan sch. Of miniature paintings in India and different sub schools under it. Identify Miniature paintings, artists, techniques and features Practical Having fun with Colours. Incorporate elements of visual art to express. Experiment and familiarize with mediums to use	M1slzBMG4Cyon- DjGrH86ojvlUc/edit?usp=sharin g Oral Questioning Assignment Q&A, Worksheets, quizzes etc. Draw a flow chart Visual observation of paintings to analyze and identify the features Individual practice of composition and sketching	*Assignments through Google class room *Oral questioning *Questions and answers & worksheet, Practical- *Incorporation of elements of art in foliage study. sketching and application of colours
May	Theory- Topic: Rajasthan school of miniature paintings Pahari school of art  Practical: Composition 2: Kalighat folk art	Each child will be able to: Theory: Summarize the history of Rajasthan and Pahari sch. of miniature paintings in India  Identify Pahari Miniature paintings, artists, techniques and features Practical: interpret and logical selection to represent good memories in the form of composition  incorporate elements of art in a composition	Text from the book PPT https://docs.google.com/presentatio n/d/1DKFwZi0G_W1XBSVggit- KIGPEU_VHLEE7kzaX4RcA/edi t?usp=sharing  Oral Questioning Assignment on Google classroom- Q&A, Worksheets, quizzes etc. Visual observation of paintings to analyze and identify the features Individual practice of making composition based on individual memories.	Assessment will be done on the basis of :  Assignments Oral questioning Questions and answers worksheets Practical- Incorporation of elements of art in composition making sketching and colour application. Weekly test-1

July	Topic: Theory: Mughal and Deccan school of Miniature painting  Practical: Still life 1-Still life composition with –two objects with one drapery	Each child will be able to: Summarize the history of miniature art in India and different schools under it.  Origin and development of Mughal school of Miniature painting  Identify Mughal miniature paintings, artists, techniques and features  Enhance observation skills  Articulate cross hatching technique to understand light and dark tonal effect.  Incorporate elements of art the art work	Text from the book watch the given video https://docs.google.com/presentation/d/17wDCmnL8RDefOsDrHBp2MLHYrhDc6yZ_3JPgUDYLhMg/edit?usp=sharing  https://docs.google.com/presentation/d/1Lu5fMi1oZjgvsdztLlrE0tdB9xCG087Hf8AMHb_MGL8/edit?usp=sharing  Graphic book and activities https://drive.google.com/file/d/1VoWG84nR12LrmRD9Ah5oKvdWlx75U1xS/view?usp=sharing  Oral Questioning  Online classes through meet Assignment in Google classroom-Q&A, Worksheets, quizzes etc. Visual observation of paintings to analyze and identify the features of Mughal and Deccan school of miniature Paintings Individual practice of still life	Assessment will be done on the basis of: Assignments Oral questioning Questions and answers worksheets Weekly test-2 Practical- incorporation of elements of art in the art work Application of water colour/poster color technique
August	Theory: Art during British Raj, company paintings and introduction of modernism The pioneers of new trends in India. Nationalism Artists and painting of Bengal school of art  Practical: Composition 3- Any Sports	Each child will be able to: paraphrase the history of Bengal school of art in India  restate features and characteristics of Bengal school of art  describe Important paintings and painters  compile all elements of Sports and	Watch given videos https://youtu.be/zKV4ZZdqO4k  https://youtu.be/DTTpwJGVsqU https://youtu.be/PnuVyHO02hM https://youtu.be/T1UTLm9Ac3k https://youtu.be/UjM2tjxcFp8  Oral Questioning, Assignment - Q&A, Worksheets Visual observation of paintings to	Assessment will be done on the basis of: Assignments Oral questioning Questions and answers worksheets Practical- Incorporation of elements of art in the art work

		collaborate with elements of art to create composition	analyze and identify the features  Individual practice of making composition on the theme sports  Art integration activity: create a doodle art, incorporating symbols of national flag and words related to the artist who participated in freedom struggle	
Septemb	Sub – Topic: modern trends in Indian art – contemporary artists and their paintings  Practical:  Stilllife-2  Still life with three objects and two draperies	Each child will be able to: Theory: Summarize the modern trends in Indian art – contemporary artists and their paintings Identify paintings, artists, techniques and features Practical: Draw & apply colours neatly & adequately in a Still life composition incorporate elements of art appropriately in art work	Watch video: https://youtu.be/vOgVUogHMBk https://youtu.be/CORPml_Juys https://youtu.be/OsVQKR918RQ https://youtu.be/lgDQLoe6RIQ https://youtu.be/gHvQgy_mCc0  Oral Questioning Assignment Q&A, Worksheets, quizzes etc.  Visual observation of paintings to analyze and identify the features Individual practice of composition making	Assessment will be done on the basis of: Assignments Oral questioning Questions and answers worksheets  Practical- incorporation of elements of art in the art work
October	Theory: Modern trends in Indian art *Graphic prints and artists *Sculptures and sculptors Practical: Still life-3 still life study 4 objects and 2 colour drapery	Each student will be able to: Identify paintings, artists, techniques and features  Practice objects with naturalism Apply water colours/poster colours	Watch videos: https://youtu.be/0jzVjjRudfo https://youtu.be/vdohMaWg514  Oral questioning Assignment Q&A, Worksheets, quizzes etc. Visual observation of paintings to analyze and identify the features Individual practice of foliage study and artwork.	Assessment will be done on the basis of: Assignments Oral questioning Questions and answers worksheets Practical- incorporation of elements of art in the art work

			Draw flow chart	
Novemb er	Theory: Revision  Practical: Composition 4-Any Festival	Each child will be able to: Learn to recap the notes Learn to assess own notes Enhance observation skills Articulate cross hatching technique to understand light and dark tonal effect. Incorporate elements of art the art work	Practice worksheets, Q&A, quizzes etc. Visual observation of paintings/artwork to analyze and identify the features Individual practice of still life study and sketching	Assessment will be done on the basis of: Assignments Oral questioning Questions and answers worksheets  Practical- Incorporate elements of art in the art work
Decemb er	Theory: Revision Practical: Still life-4 Three objects and two draperies	Each child will be able to: Learn to recap the notes Learn to assess own notes Enhance observation skills Articulate tonal effect and understand light and dark tones. Incorporate elements of art the art work	Oral questioning, Practice worksheets, Q&A, quizzes etc. Individual practice of still life study and sketching	Assessment will be done on the basis of: Oral questioning Practice worksheets  Practical- Incorporation of elements of art in the art work
January	Revision Practical: Portfolio covering/designing	Each child will be able to: Revise appropriately and perform well Design the portfolio according to CBSE guideline	Oral questioning, Practice worksheets, Q&A, quizzes etc. sketching	Oral questioning Practice worksheets

## **GEOGRAPHY**

Month / No.	Topics/ Teaching Point/ No. of classes	Learning Outcome	Activities (including Art	Assessment
of Working Days			integration)	
March 2022 (13 WD) (10 Classes)	INTRODUCTION TO THE SYLLABUS and pattern of the question paper  BOOK-1 Fundamentals of Human Geography  BOOK-2 India- People and Economy (2 classes)  Book 1 L-1 Human Geography: Nature and Scope	Each student will be aware of the topics in the syllabus and the pattern of the paper		
	Nature of human geography: the naturalization of humans (environmental determinism), humanization of nature (possibilism), and neo-determinism. History of human geography, its fields, and sub-fields. Broad stages and thrust of Human geography.  Book-1 L-2 The World Population: Distribution, Density, and Growth (2 classes)	Each student will be able to:  Explain environmental determinism, possibilism, and neo-determinism.  List various schools of thought.  Distinguish between fields and sub-fields of human geography.	<ul> <li>Brainstorming on sustainable development techniques</li> <li>Read, Write, on environmental determinism and possibilism</li> <li>Concept Mapping</li> <li>Group discussion fields and subfields of human geography</li> <li>Newspaper cuttings</li> </ul>	MCQs Source-based questions Picture based questions Flow diagram Concept map Map work
		Introduction to the chapter content		

		Facts about population, Time-lapse- population increasing trend		
			Search the latest data about the population distribution, density of population, Sex Ratio	
APRIL (18 WORKING	Book-1 L-2 The World Population: Distribution, Density, and Growth		Analytic views on statement given by George B Cressey	Google form
DAYS)	(Continue the lesson) (7 Classes)-		Brain Storming on factors affecting distribution of population	Source based questions
(25 TP)	Patters of population distribution, density of population, factors affecting the distribution of population.	Each child will be able to:  Define density of population.	Buzz Activity on impact of population change	Picture based questions
	Population growth, components of population change, migration. Trends in population growth.	List factors that influence distribution of population.	Discussion on impact of distribution of population in different regions	Map work
	Doubling time of World population.  Spatial pattern and impact of population change. Demographic transition theory and	Explain the concept of migration and its factors.	Map activity on density of populations.	
	population control measures.	Analyse the trends in population change.	Independent learning- Graphic novel- https://diksha.gov.in/play/collection/do_3	
	Book-1 L-3 Population Composition	Elaborate on the spatial pattern and impact of population change.	1321952149309849612945  • Link for flipped classroom-https://www.youtube.com/watch?v=rk	
	(6 Classes)	Explain demographic transition theory.	<ul><li>WKwHXKQdY</li><li>Demographic transition theory-</li></ul>	
	Sex composition: Age structure (age-sex pyramid).	Suggest population control measures	https://www.youtube.com/watch?v=H QlpdtUXeiU	
	Rural-urban composition: Literacy, occupational structure.		Wakelet link https://wke.lt/w/s/GYI6c6	
			Google Earth	

(7 Classe Concept of Four pillar Approach	an Development es)  of growth and development.  ars of human development.  nes to human development.  g human development. International	<ul> <li>Each child will be able to:         Define sex ratio.     </li> <li>Explain the age-sex pyramid.</li> <li>Elaborate on rural-urban composition country-wise.</li> <li>Explain factors affecting the sex ratio.</li> </ul>	<ul> <li>Art integration – (collage making) through newspaper picture cutting expresses the concern for overpopulation.</li> <li>Cooperative Learning on the age-sex pyramid</li> <li>Concept mapping of the topic</li> <li>Map and Graph analysis of urban and rural population</li> <li>Read, Write</li> <li>Link for flipped classroom-</li> </ul>	Assignment, worksheets Google form Source-based questions Picture based questions
(5 Classe What is hu	nan Development	<ul> <li>Each child will be able to:         Explain the concept of growth and development.     </li> <li>Elaborate on the human development concept.</li> <li>List four pillars of human development.</li> <li>Explain four approaches to human development.</li> <li>Analyse the international comparisons of human development</li> <li>Each child will be able to explain:</li> <li>Discuss the two faces of development.</li> </ul>	https://www.youtube.com/watch?v=RLm KfXwWQtE https://youtu.be/d8wH0v5tzjY  Wakelet Link for the flipped and independent learning https://wke.lt/w/s/UjdliO  Read, Write, Pair and Share human development terminology Peer Tutoring on the pillars of human development  Concept Mapping on international comparisons  Graphs and statistical data analysis  Link for flipped classroom-	Assignment, worksheets Google form Source-based questions Picture based questions
		Elements included in HDI by UNDP.	https://www.youtube.com/watch?v=H wgZQ1DqG3w	Assignments, Practice

MAY	Book 2	Indicators of social empowerment and healthy life.  Indian rank in human development.  Sustainable development  Students will discuss why a few states do better in the GDP sector but not health and still, they have high rankings in HDI.	Map of HDI values of various countries (locating)  Wakelet Link for the flipped and independent learning https://wke.lt/w/s/G2IY4s  • Explanation and discussion of the concept of human development  • Buzz Activity on social indicators of human development  • Map Activity state with a highest and lowest HDI value  IMPORTANT LINK ABOUT POPULATION OF INDIA  https://worldpopulationreview.com/countries/india-population/  https://youtu.be/U7ICeI-Vi5g  https://youtu.be/b54qFGozfWM  Wakelet Link for the flipped and independent learning https://wke.lt/w/s/6SBlp9	worksheets Google form Source-based questions Picture based questions
(WD-18) (25 TP)	L- 1 Population: Distribution, Density, Growth, and Composition  (8 Classes) Causes of uneven distribution of population.	Each child will be able to:  Identify the densely populated states of India.	<ul> <li>Group Discussion on factors leading to uneven distribution of population</li> <li>Concept Mapping on population composition</li> </ul>	6/5/2022 Assignment, worksheets Google form

	es of growth of population in India.	Write about the physical and cultural	Brain Storming on occupational	
Region	nal variation.	factors of India.	structure	Source based questions
Popula	ation composition.	Calculate population density.	Diagrams pictures and Map analysis	Picture based questions
	urban population, linguistic, religious, ational structure	Explain population composition in terms of religion, language.	Map Activity-most populous state of India LINK FOR THE PHASES OF	
Occupi	ational offactors	rongion, languago.	POPULATION GROWTH IN INDIA	
compo	osition of population	Classify the occupational structure:		
		primary, secondary and tertiary.	1)http://www.yourarticlelibrary.com/history/the-four-distinctive-stages-of-indiandemographic-history/5483	
			2)https://www.youtube.com/watch?v=nqi 0RcB3Rok	
			(DEMOGRAPHIC TRANSITION THEORY)	
			LINK FOR DETAILS OF KERALA BY CENSUS	
			https://www.census2011.co.in/census/st	
			ate/kerala.html https://www.census2011.co.in/states.php	
			Wakelet Link for the flipped and independent learning https://wke.lt/w/s/zmjYw_	Assignments, worksheets
			TREPS.//WRG.IUW/S/ZITIJTW_	Source based questions
			<ul><li> Quiz on push and pull factors</li><li> Group discussion on</li></ul>	Picture based questions
			consequences of migration	MCQs
			<ul> <li>Map Activity on in and out migrant country</li> </ul>	MOQ3
Book			Inigrant country	
L-5 Pr	rimary Activities		Art integration – prepare a PPT on	
(8 Cla	sses)		causes and consequences of migration	
	ng and gathering. Pastoralism: nomadic		<ul> <li>https://www.youtube.com/watch</li> </ul>	
	g, commercial livestock rearing.  Ilture: Subsistence, plantation,		?v=Vv9NAHnJoBo	MCQS,
	sive commercial, mixed farming, dairy	Each child will be able to:	Wakelet Link for the flipped and	wogo,
farmin	g, Mediterranean, market gardening	Explain hunting and gathering.	independent learning	Question and answers,
and ho	orticulture, co-operative farming,		https://wke.lt/w/s/vcVgHU	

collective farming. Mining: factors and methods.	List types of pastoralism activities.		Assignments
motious.	Elaborate on different types of agriculture in the world.	Concept Mapping on types of primary activities	Database question
Book 1 lesson-6 Secondary Activities (7 classes)	Explain factors affecting mining activities.	Analyzing the characteristics of agriculture	Picture based question
Characteristics of the modern large-scale manufacturing industry.		Map Activity on agricultural regions of the world	
Uneven geographic distribution of industries. Classification of manufacturing industries on the basis of size, ownership, capital, and raw		Buzz Activity on factors determining mining method	
material.  Traditional large-scale industrial regions: coalfield, high tech, iron and steel, and cotton		Maps of regions where hunting, gathering, and pastoralism are practiced.	
industry.		Link of flipped class: <a href="https://www.youtube.com/watch?v=Vv9N">https://www.youtube.com/watch?v=Vv9N</a> <a href="https://www.youtube.com/watch?v=Vv9N">AHnJoBo</a>	
	Each child will be able to:	https://youtu.be/SbwXE3pqm-Y	MCQS,
	Explain the meaning of the importance of manufacturing (5 importance)	https://www.youtube.com/watch?v=Vv9N AHnJoBo	Question and answers Assignments
	List and explain 5 factors affecting the location of an industry.	Wakelet Link for flipped classes and Independent learning	Picture and database question
	Elaborate on the classification of industries on a different basis.  Explain small scale, large scale, and household industries.	https://wke.lt/w/s/V2D2W	
	Define the footloose industry. Give examples of public, private, and joint sector industries.	Through presentation, diagrams, maps, pictures importance, factors, and location of industries will be explained.	
		Cooperative Learning- Why there is an uneven distribution of industries?	

			Concept Mapping- Design a mind map for problems and solutions for the manufacturing sector.  Group discussion Map work: Locate large scale industries and cotton textile industries of the world on the world map  Wakelet Link for the flipped and independent learning https://wke.lt/w/s/kem3BF	
JULY (20 WD) (32	Book 1 Ch-7 Tertiary and Quaternary Activities	Each child will be able to:	Co-operative learning	WEEKLY TEST -II (15.7.22)
CLASSES)	(7 classes) Types of tertiary activities.	Explain the meaning of tertiary activities.	Flow chart	MCQS,
	Trade and Commerce. Retail trading services. Wholesale trading services.	Distinguish between types of trading services.	Images of types of trading and analysing	Question and answers, Assignments
	Transport and communication. Communication services.	Understand transport and communication services.	Link for flipped classroom- https://www.youtube.com/watch?v=Hn18 X4-PSPc	Picture and database question
	Services. People engaged in tertiary activities: Tourism. Quaternary activities and quinary activities.	Write about people engaged in tertiary activities.	https://youtu.be/1Q4DFLVXi-0	Assignments
	The digital divide	Distinguish between quaternary and quinary activities.	Wakelet Link for the flipped and independent learning	
	Book 1 L-8. Transportation and Communication	List major factors which affect the growth of tourism.	https://wke.lt/w/s/SPQp_j	
	(9 Days)			
	Meaning and modes of transport. Land: Roads, railways. Water: ocean routes, sea routes and inland waterways. Air transport. Pipelines. Communications: Satellite and	Each child will be able to:		

				T
internet		List the modes of transportation.		world map:
(9 Classes) Means of tra	ansport: land, water and air. asport, communication network:	Locate and identify various trans- continental railway routes.  Understand the importance of airways and waterways.  Elaborate on how communication has converted the world into a global village.	Through presentation, the topic will be discussed and explained  • Students will share the importance of railways over roadways • Students will do a `map activity of Trans-continent roads with the terminal station.  Students will have a brainstorming session on sea routes and trade.  .  Locate and label the terminal stations of trans-Canadian railways, Trans-Siberian railway, Trans- Australian railway <a href="https://youtu.be/Tcgb_Ez-GB8">https://youtu.be/Tcgb_Ez-GB8</a> <a href="https://youtu.be/HC_RAhz6duA">https://youtu.be/Tcgb_Ez-GB8</a> <a href="https://youtu.be/HC_RAhz6duA">https://youtu.be/HC_RAhz6duA</a>	MCQS Hot questions, Questions based on data Assignments Quiz - https://online.seterra.co m/en/vgp/3114?c=DGN VF
Book 2 L- 10 Human Sett	tlomont	Each child will be able to:  Explain the advantages of roadways.	https://youtu.be/qb5pkVadvqA https://youtu.be/1Nl88rfMrE4	
(4 Classes)		Classify types of roads and railways.	https://youtu.be/hoQ7RHyG-EA	MCQS
settlement, t settlement. U	ermining the type of rural type, and subtype of rural Urban settlement and its type. classification of towns and cities.	Explain the importance of railways.  Understand the inland waterways.  Explain the merits and demerits of pipeline	Wakelet Link for the flipped and independent learning <a href="https://wke.lt/w/s/y10ULq">https://wke.lt/w/s/y10ULq</a>	Hot questions, Picture-based Questions.
		transport.	Concept mapping	Assignments
		Each child will be able to: Distinguish between rural and urban settlements. Compare compact and	Importance Of different roads,	Map work
			Map Activity	

ALICUST		dispersed settlements. List functions of rural settlements. Divide towns according to their functions. Classify the towns and cities on the basis of their function  Draw different patterns of settlement found in India	Map of national highways, waterways, and airports of India.  Newspaper clippings  Images of means of transportation  Audio-visual of communication network  https://youtu.be/b0-5sM-C96M  https://youtu.be/v8NkFnlfbh4  Quiz  Concept Mapping Map Activity Audio visual on types of settlements in India. https://youtu.be/rmzaulbBB2M https://youtu.be/ZXRvUICftFU  Graphic Novel https://diksha.gov.in/play/collection/do 3 132247024243998721589 Wakelet Link for the flipped and independent learning https://wke.lt/w/s/3hmWI1  BHUVAN portal, Google Earth 1. Settlement pattern land use pattern in India 2. Megacities in India Images of rural settlement	MCQS Hot questions, Picture-based Questions. Assignments Map work
AUGUST (19 WD) (28 CLASSES)	Book 2 International Trade (6 classes) Trade and its types. Domestic trade. Favorable and unfavorable balance of trade. Changes in Indian foreign trade.	Each child will be able to explain: Meaning of international trade, the balance of trade  Assess major changes in India's export	<ul> <li>Group Discussion on the role of seaports</li> <li>Concept mapping on types of trade</li> <li>Square share on components of</li> </ul>	MCQS  Hot questions,  Picture-based

	<del>,</del>		
India's major trading partners.	trade since independence.	trade	Questions.
Seaports as gateways of international trade,		<ul> <li>Buzz Activity on India's trading</li> </ul>	
major seaports of India.	Explain the role of seaports in foreign	partners	Assignments
	trade.	<ul> <li>Map Activity on major seaports</li> </ul>	
		of India	Map work
	Discuss India's major trading partners.	<ul> <li>Graphs of international trade</li> </ul>	·
Book 1 International Trade	,	Newspaper clippings	
(6 classes)	Locate and label the major seaport of India	<ul> <li>Map of seaports of India.</li> </ul>	
,	on a map		
Introduction and definition of Barter system.	- T	Audiovisual of changes in  Indian feeting trade	
Basis of international trade.		Indian foreign trade.	
Important aspect of international trade.			
important dopost of international adde.	Each child will be able to:		
Balance of Trade.	Eddit dring will be able to.		
World Trade Organisation	Explain international trade, need for		
World Trade Organisation	balance of trade.		
	balance of trade.		
Book 2	List types of international trade.	<ul> <li>Square Share on the history of</li> </ul>	MCQS
Chapter-5	List types of international trade.	trade	MICQS
•	Elaborate on origin and functions of WTO		Hot guartians
Land Resources and Agriculture	Elaborate on origin and functions of WTO	<ul> <li>Peer Tutoring on basis of</li> </ul>	Hot questions,
(8 Days)		international trade	Diatura based
Land use categories in India. Various land		<ul> <li>Newspaper clippings</li> </ul>	Picture-based
use changes over time. Common property		2 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Questions.
resources. Agricultural land use in India:		Audiovisual on the barter	A!
Cropping season, types of farming. Cropping		system.	Assignments
pattern: various food grains, oilseeds, fiber	Each child will be able to:	System.	
crops, other crops. Agricultural development	Define land use categories as maintained	<ul> <li>Graphs of the balance of trade.</li> </ul>	Map work
in India: strategy, growth and technology.	inland revenue records.	• Graphs of the balance of trade.	
Problems of Indian agriculture		Duelle Otennelle versie des des des	
	List land-use changes in India over time.	Brain Storming on advantages	
Book 2		of regional blocs	
Ch-6 Water Resources	Explain common property resources.		
(8 classes)			
	Elaborate on agricultural land use in India.		
Different types of water resources of India:		Flow map on land use categories	MCQS
surface, groundwater, lagoons and	Distinguish between different types of		
backwaters. Demand and utilization of water.	farming	PowerPoint Presentation on types of	Hot questions,
Deterioration of water quality. Water		PowerPoint Presentation on types of	
conservation and management: watershed		crops grown in India.	Picture-based
management and rainwater harvesting.		Mane of various group grown in India	Questions.
National water policy, 2002.		Maps of various crops grown in India.	
		Logate states with the highest and	Assignments
		Locate states with the highest producing	

		Each child will be able to:     Explain the different types of water resources of India. Elaborate on demand and utilization of water.     Explain the reasons behind the deterioration of water quality.     Suggest measures for water conservation and management.     List the key features of national water policy, 2002	crops. Explain agricultural development in India. Analyse the problems of Indian agriculture.  Brain Storming Group discussion mind map Images of various water resources Flow chart Link for flipped classroom- https://www.youtube.com/watch?v=f63p	MCQS Hot questions, Picture-based Questions. Assignments
			wrMXkV4 Link for Flipped classroom- https://www.youtube.com/watch?v=UTB Q50YDz7k  ART INTEGRATION- Make a PPT on water conservation projects in India	Map work
SEPTEMBE R	Planning and Sustainable Development in the Indian context	Each child will be able to:	Brain Storming on the need for regional balance	MID-TERM EXAMINATIONS

(22 WD) (8 classes)	(8 Classes) Planning perspective in India. Target area planning: HADP, DPAP. Case study of Bharmaur. Sustainable development, case study: Indira Gandhi canal Revision for the midterm exams	Describe the meaning and importance of five-year plans.  Distinguish between sectoral and regional planning.  Explain sustainable development with the case study	Group Discussion on the pros and cons of the Indira Gandhi canal     Link     https://youtu.be/DMpHyLdLXZ0  https://youtu.be/eeU6P5QsfGE  GOOGLE EARTH  Wednesday, 21 September 2022 to Friday, 30 September 2022  Friday, 30 September 2022
OCTOBER (13 WD) (18 classes)	Mineral and Energy Resources (9 Classes) Mineral and its types- Metallic and non metallic. Distribution of minerals (iron, copper, mica, bauxite). Energy resources: conventional and nonconventional. Conservation of mineral.  BOOK-2 L-12. Geographical Perspective on Selected Issues and Problems (9 Days)	Each child will be able to: Distinguish between ferrous and nonferrous minerals. Major producers of iron, copper, and bauxite. Merits of solar, wind, bio, and tidal energy. Compare conventional and nonconventional sources of energy. Steps to conserve minerals	<ul> <li>Pair and share on mineral surveying agencies</li> <li>Concept mapping on types of minerals and energy sources</li> <li>Map Activity on minerals</li> <li>Brainstorming on sustainable energy sources</li> </ul> MCQS Hot questions, Picture based Questions. Assignments
	Environment degradation. Pollution: types and effects. Urbanisation, problems of slums. Prevention and controlling measures of types of pollution.	Each child will be able to:  Explain the meaning of environmental degradation, and its causes.  List types of pollution with its causes and effects.  Explain the factors responsible for the problems of the slum.  Suggest measures for reduction and prevention of pollution.	<ul> <li>Through presentation, the topic will be discussed and explained</li> <li>Students will do concept mapping of causes and effects of types of pollution.</li> <li>Students will discuss the case study of Dharavi as Asia's largest slum.</li> <li>Students will discuss the controlling measures of various pollution.</li> </ul> MCQS Hot questions, Picture-based Questions. Assignments

		Audiovisual links <a href="https://youtu.be/s-3J0m9wsP0">https://youtu.be/s-3J0m9wsP0</a> <a href="https://youtu.be/vaGP_Lk3B6Y">https://youtu.be/vaGP_Lk3B6Y</a> <a href="https://youtu.be/STnKAI5kWQ0">https://youtu.be/STnKAI5kWQ0</a>	
November	Revision and Revision tests		Revision tests Mon 21 Nov'22 TO Wed 30 Nov'22
December	Revision Pre-Board Examination		Pre-Board Examination Wed 28 Dec'22 TO Wed 18 Jan'23
January 2023	Pre-Board Examination		Pre-Board Examination